

Food Fiber Market Size, Share, and Outlook, 2025 Report- By Soluble Fiber (Inulin, Pectin, Polydextrose, Beta-glucan, Others), Insoluble Fiber (Cellulose, Lignin, Hemicellulose, Chitin and Chitosan, Resistant Starch, Others), Source (Cereals and Grains, Fruits and Vegetables), Application (Bakery and Confectionery, Breakfast Cereals and Snacks, Dairy Products, Meat Products, Infant Food, Beverages, Pharmaceuticals, Animal Nutrition, Others), and Companies, 2021-2032

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Abstracts

Food Fiber Market Outlook

The global Food Fiber market is expected to register a growth rate of 9.8% during the forecast period from \$9.2 Billion in 2024 to \$19.4 Billion in 2032. The Food Fiber market is a thriving business that is poised to keep growing and presents potential growth opportunities for companies across the industry value chain.

The comprehensive market research report presents 12-year historic and forecast data on Food Fiber segments across 22 countries from 2021 to 2032. Key segments in the report include By Soluble Fiber (Inulin, Pectin, Polydextrose, Beta-glucan, Others), Insoluble Fiber (Cellulose, Lignin, Hemicellulose, Chitin and Chitosan, Resistant Starch, Others), Source (Cereals and Grains, Fruits and Vegetables), Application (Bakery and Confectionery, Breakfast Cereals and Snacks, Dairy Products, Meat Products, Infant Food, Beverages, Pharmaceuticals, Animal Nutrition, Others). Over 70 tables and

charts showcase findings from our latest survey report on Food Fiber markets.

Food Fiber Market Insights, 2025

The food fiber market is growing as consumer awareness about digestive health, cardiovascular benefits, and weight management drives demand for fiber-enriched foods and supplements. Dietary fibers, sourced from cereals, fruits, vegetables, and novel plant-based ingredients, are incorporated into bakery, beverages, dairy, and snack products to improve nutritional profiles without compromising taste or texture. Functional fibers such as inulin, beta-glucan, and resistant starch are gaining traction due to their prebiotic effects and ability to regulate blood sugar and cholesterol levels. Technological advancements enable fiber fortification in diverse matrices with enhanced solubility and minimal sensory impact. The market benefits from rising incidence of lifestyle diseases and an aging population seeking preventive nutrition. Regulatory support through recommended daily fiber intake guidelines further promotes adoption. Regional preferences vary, with developed markets focusing on clean-label fibers and emerging economies expanding production capacity. Supply chain challenges include ensuring consistent fiber quality and managing cost pressures. Sustainability trends promote sourcing fibers from agricultural by-products, reducing waste while enhancing product appeal.

Five Trends that will define global Food Fiber market in 2025 and Beyond

A closer look at the multi-million global market for Food Fiber identifies rapidly shifting consumer preferences across categories. By focusing on growth and resilience, leading Food Fiber companies are prioritizing their investments across categories, markets, and geographies. The report analyses the most important market trends shaping the new landscape to support better decisions for the long and short-term future.

What are the biggest opportunities for growth in the Food Fiber industry?

The Food Fiber sector demonstrated remarkable resilience over the past year across developed and developing economies. Further, the market presents significant opportunities to leverage the existing momentum towards actions by 2030. On the other hand, recent macroeconomic developments including rising inflation and supply chain disruptions are putting pressure on companies. The chapter assists users to identify growth avenues and address business challenges to make informed commercial decisions with unique insights, data forecasts, and in-depth market analyses.

Food Fiber Market Segment Insights

The Food Fiber industry presents strong offers across categories. The analytical report offers forecasts of Food Fiber industry performance across segments and countries. Key segments in the industry include By Soluble Fiber (Inulin, Pectin, Polydextrose, Beta-glucan, Others), Insoluble Fiber (Cellulose, Lignin, Hemicellulose, Chitin and Chitosan, Resistant Starch, Others), Source (Cereals and Grains, Fruits and Vegetables), Application (Bakery and Confectionery, Breakfast Cereals and Snacks, Dairy Products, Meat Products, Infant Food, Beverages, Pharmaceuticals, Animal Nutrition, Others). The largest types, applications, and sales channels, fastest growing segments, and the key factors driving each of the categories are included in the report.

Forecasts of each segment across five regions are provided from 2021 through 2032 for Asia Pacific, North America, Europe, South America, Middle East, and African regions. In addition, Food Fiber market size outlook is provided for 22 countries across these regions.

Market Value Chain

The chapter identifies potential companies and their operations across the global Food Fiber industry ecosystem. It assists decision-makers in evaluating global Food Fiber market fundamentals, market dynamics, and disruptive trends across the value chain segments.

Scenario Analysis and Forecasts

Strategic decision-making in the Food Fiber industry is multi-faceted with the increased need for planning across scenarios. The report provides forecasts across three case scenarios low growth, reference case, and high growth cases.

Asia Pacific Food Fiber Market Analysis A Promising Growth Arena for Business Expansion

As companies increasingly expand across promising Asia Pacific markets with a combined population of over 4.5 billion, the medium-to-long-term future remains robust. The presence of the fastest-growing economies such as China, India, Thailand, Indonesia, and Vietnam coupled with strengthening middle-class populations and rising disposable incomes drive the market. In particular, China and India are witnessing rapid shifts in consumer purchasing behavior. China is recovering steadily with optimistic

forecasts for 2025. Further, Japanese and South Korean markets remain stable with most companies focusing on new product launches and diversification of sales channels.

The State of Europe Food Fiber Industry 2025 Focus on Accelerating Competitiveness

As companies opt for an integrated agenda for competitiveness, the year 2025 presents optimistic scenarios for companies across the ecosystem. With signs of economic recovery across markets, companies are increasing their investments. Europe is one of the largest markets for Food Fiber with demand from both Western Europe and Eastern European regions increasing over the medium to long-term future. Increasing omnichannel shopping amidst robust consumer demand for value purchases shapes the market outlook. The report analyses the key Food Fiber market drivers and opportunities across Germany, France, the United Kingdom, Spain, Italy, Russia, and other Europe.

The US Food Fiber market Insights Executives are most excited about opportunities for the US Food Fiber industry.

Easing inflation coupled with strengthening consumer sentiment is encouraging aggressive actions from the US Food Fiber companies. Market players consistently focusing on innovation and pursuing new ways to create value are set to excel in 2025. In addition, the Canadian and Mexican markets offer lucrative growth pockets for manufacturers and vendors. Focus on private-brand offerings and promotions, diversified sales channels, expansion into niche segments, adoption of advanced technologies, and sustainability are widely observed across the North American Food Fiber market.

Latin American Food Fiber market outlook rebounds in line with economic growth.

Underlying demand remains higher among urban consumers with an optimistic economic outlook across Brazil, Argentina, Chile, and other South and Central American countries. Increased consumer spending has been reported since H2-2024 and the prospects remain strong for 2025. Aggressive ecosystem moves to create new sources of income are widely observed across markets in the region. Marketing activities focused on customer insights, operations, and support functions are quickly gaining business growth in the region.

Middle East and Africa Food Fiber Markets New Opportunities for Companies

Harnessing Diversity

Rapid growth in burgeoning urban locations coupled with a young and fast-growing population base is attracting new investments in the Middle East and African Food Fiber markets. Designing expansion and marketing strategies to cater to the local consumer base supports the market prospects. In addition to Nigeria, Algeria, South Africa, and other markets, steady growth markets in Ethiopia, Rwanda, Ghana, Tanzania, the Democratic Republic of Congo, and others present significant prospects for companies. On the other hand, Middle Eastern Food Fiber markets including the UAE, Saudi Arabia, Qatar, and Oman continue to offer lucrative pockets of growth.

Competitive Landscape How Food Fiber companies outcompete in 2025?

The ability to respond quickly to evolving consumer preferences and adapt businesses to niche consumer segments remains a key growth factor. The report identifies the leading companies in the industry and provides their revenue for 2024. The market shares of each company are also included in the report. Further, business profiles, SWOT analysis, and financial analysis of each company are provided in detail. Key companies analyzed in the report include Cargill, Incorporated, Tate and Lyle PLC, Archer Daniels Midland Company, Ingredion Incorporated, Roquette Freres, SunOpta Inc., Nexira SAS, Kerry Group plc, Grain Processing Corporation, JRS RETTENMAIER and S?HNE GmbH + Co KG.

Food Fiber Market Scope

Leading Segments

By Soluble Fiber

Inulin

Pectin

Polydextrose

Beta-glucan

Others

By Insoluble Fiber

Cellulose

Lignin

Hemicellulose

Chitin and Chitosan

Resistant Starch

Others

By Source

Cereals and Grains

Fruits and Vegetables

By Application

Bakery and Confectionery

Breakfast Cereals and Snacks

Dairy Products

Meat Products

Infant Food

Beverages

Pharmaceuticals

Animal Nutrition

Others

Leading Companies

Cargill, Incorporated

Tate and Lyle PLC

Archer Daniels Midland Company

Ingredion Incorporated

Roquette Frères

SunOpta Inc.

Nexira SAS

Kerry Group plc

Grain Processing Corporation

JRS RETTENMAIER and S?HNE GmbH + Co KG

Geographies

North America US, Canada, Mexico

Europe Germany, France, UK, Spain, Italy, Nordics, BeNeLux, Others

Asia Pacific China, India, Japan, South Korea, Australia, South East Asia, Others

Latin America Brazil, Argentina, Others

Middle East and Africa Saudi Arabia, UAE, Other Middle East, South Africa, Other Africa

Reasons to Buy the report

Make informed decisions through long and short-term forecasts across 22 countries and segments.

Evaluate market fundamentals, dynamics, and disrupting trends set to shape 2025 and beyond.

Gain a clear understanding of the competitive landscape, with product portfolio and growth strategies.

Get an integrated understanding of the entire market ecosystem and companies.

Stay ahead of the competition through plans for growth in a changing environment for your geographic expansion.

Assess the impact of advanced technologies and identify growth opportunities based on actionable data and insights.

Get free Excel spreadsheet and PPT versions along with the report PDF.

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 - Resistant Starch
 - Others
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 - Cereals and Grains
 - Fruits and Vegetables
- By Application
 - Bakery and Confectionery
 - Breakfast Cereals and Snacks
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 - Meat Products
 - Infant Food
 - Beverages

Pharmaceuticals

Animal Nutrition

Others

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Archer Daniels Midland Company

Ingredion Incorporated

Roquette Frères

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Nexira SAS

Kerry Group plc

Grain Processing Corporation

JRS RETTENMAIER and S?HNE GmbH + Co KG

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