

Cooking Fat Market Size, Share, and Outlook, 2025 Report- By Type (Vegetable Fat, Animal Fat, Mixed Fat, Fatty Acid, Saturated, Monounsaturated, Polyunsaturated), Application (Bakery, Confectionery, Frying, Others), Distribution Channel (Retail Stores, Specialty Stores, Online), and Companies, 2021-2032

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Abstracts

Cooking Fat Market Outlook

The global Cooking Fat market is expected to register a growth rate of 2.1% during the forecast period from \$15.6 Billion in 2024 to \$18.4 Billion in 2032. The Cooking Fat market is a thriving business that is poised to keep growing and presents potential growth opportunities for companies across the industry value chain.

The comprehensive market research report presents 12-year historic and forecast data on Cooking Fat segments across 22 countries from 2021 to 2032. Key segments in the report include By Type (Vegetable Fat, Animal Fat, Mixed Fat, Fatty Acid, Saturated, Monounsaturated, Polyunsaturated), Application (Bakery, Confectionery, Frying, Others), Distribution Channel (Retail Stores, Specialty Stores, Online). Over 70 tables and charts showcase findings from our latest survey report on Cooking Fat markets.

Cooking Fat Market Insights, 2025

The cooking fat market encompasses a wide range of fats and oils utilized in home cooking, food processing, and commercial kitchens, including vegetable oils, animal fats, and blended fats. These products serve multiple functions such as frying, baking, and flavor enhancement, playing a crucial role in food texture and palatability. Health

trends increasingly influence the market, with consumers seeking fats that balance functionality and nutritional benefits, such as those high in unsaturated fatty acids or enriched with omega-3. Technological innovations include interesterification and fractionation processes to improve melting profiles and stability while reducing trans fats. The market experiences growth from the expanding foodservice industry and urbanization driving demand for convenience cooking. Sustainability concerns around palm oil sourcing and environmental impacts of animal fats drive shifts towards sustainable and plant-based alternatives. Regional production and consumption patterns vary widely, influenced by dietary habits, regulatory frameworks on fat labeling, and cultural preferences. Additionally, rising awareness about cardiovascular health impacts formulates demand for low-cholesterol cooking fats and interest in novel sources like algae oil.

Five Trends that will define global Cooking Fat market in 2025 and Beyond

A closer look at the multi-million global market for Cooking Fat identifies rapidly shifting consumer preferences across categories. By focusing on growth and resilience, leading Cooking Fat companies are prioritizing their investments across categories, markets, and geographies. The report analyses the most important market trends shaping the new landscape to support better decisions for the long and short-term future.

What are the biggest opportunities for growth in the Cooking Fat industry?

The Cooking Fat sector demonstrated remarkable resilience over the past year across developed and developing economies. Further, the market presents significant opportunities to leverage the existing momentum towards actions by 2030. On the other hand, recent macroeconomic developments including rising inflation and supply chain disruptions are putting pressure on companies. The chapter assists users to identify growth avenues and address business challenges to make informed commercial decisions with unique insights, data forecasts, and in-depth market analyses.

Cooking Fat Market Segment Insights

The Cooking Fat industry presents strong offers across categories. The analytical report offers forecasts of Cooking Fat industry performance across segments and countries. Key segments in the industry include By Type (Vegetable Fat, Animal Fat, Mixed Fat, Fatty Acid, Saturated, Monounsaturated, Polyunsaturated), Application (Bakery, Confectionery, Frying, Others), Distribution Channel (Retail Stores, Specialty Stores, Online). The largest types, applications, and sales channels, fastest growing segments,

and the key factors driving each of the categories are included in the report.

Forecasts of each segment across five regions are provided from 2021 through 2032 for Asia Pacific, North America, Europe, South America, Middle East, and African regions. In addition, Cooking Fat market size outlook is provided for 22 countries across these regions.

Market Value Chain

The chapter identifies potential companies and their operations across the global Cooking Fat industry ecosystem. It assists decision-makers in evaluating global Cooking Fat market fundamentals, market dynamics, and disruptive trends across the value chain segments.

Scenario Analysis and Forecasts

Strategic decision-making in the Cooking Fat industry is multi-faceted with the increased need for planning across scenarios. The report provides forecasts across three case scenarios: low growth, reference case, and high growth cases.

Asia Pacific Cooking Fat Market Analysis: A Promising Growth Arena for Business Expansion

As companies increasingly expand across promising Asia Pacific markets with a combined population of over 4.5 billion, the medium-to-long-term future remains robust. The presence of the fastest-growing economies such as China, India, Thailand, Indonesia, and Vietnam coupled with strengthening middle-class populations and rising disposable incomes drive the market. In particular, China and India are witnessing rapid shifts in consumer purchasing behavior. China is recovering steadily with optimistic forecasts for 2025. Further, Japanese and South Korean markets remain stable with most companies focusing on new product launches and diversification of sales channels.

The State of Europe Cooking Fat Industry 2025: Focus on Accelerating Competitiveness

As companies opt for an integrated agenda for competitiveness, the year 2025 presents optimistic scenarios for companies across the ecosystem. With signs of economic recovery across markets, companies are increasing their investments. Europe is one of the largest markets for Cooking Fat with demand from both Western Europe and

Eastern European regions increasing over the medium to long-term future. Increasing omnichannel shopping amidst robust consumer demand for value purchases shapes the market outlook. The report analyses the key Cooking Fat market drivers and opportunities across Germany, France, the United Kingdom, Spain, Italy, Russia, and other Europe.

The US Cooking Fat market Insights Executives are most excited about opportunities for the US Cooking Fat industry.

Easing inflation coupled with strengthening consumer sentiment is encouraging aggressive actions from the US Cooking Fat companies. Market players consistently focusing on innovation and pursuing new ways to create value are set to excel in 2025. In addition, the Canadian and Mexican markets offer lucrative growth pockets for manufacturers and vendors. Focus on private-brand offerings and promotions, diversified sales channels, expansion into niche segments, adoption of advanced technologies, and sustainability are widely observed across the North American Cooking Fat market.

Latin American Cooking Fat market outlook rebounds in line with economic growth.

Underlying demand remains higher among urban consumers with an optimistic economic outlook across Brazil, Argentina, Chile, and other South and Central American countries. Increased consumer spending has been reported since H2-2024 and the prospects remain strong for 2025. Aggressive ecosystem moves to create new sources of income are widely observed across markets in the region. Marketing activities focused on customer insights, operations, and support functions are quickly gaining business growth in the region.

Middle East and Africa Cooking Fat Markets New Opportunities for Companies
Harnessing Diversity

Rapid growth in burgeoning urban locations coupled with a young and fast-growing population base is attracting new investments in the Middle East and African Cooking Fat markets. Designing expansion and marketing strategies to cater to the local consumer base supports the market prospects. In addition to Nigeria, Algeria, South Africa, and other markets, steady growth markets in Ethiopia, Rwanda, Ghana, Tanzania, the Democratic Republic of Congo, and others present significant prospects for companies. On the other hand, Middle Eastern Cooking Fat markets including the UAE, Saudi Arabia, Qatar, and Oman continue to offer lucrative pockets of growth.

Competitive Landscape How Cooking Fat companies outcompete in 2025?

The ability to respond quickly to evolving consumer preferences and adapt businesses to niche consumer segments remains a key growth factor. The report identifies the leading companies in the industry and provides their revenue for 2024. The market shares of each company are also included in the report. Further, business profiles, SWOT analysis, and financial analysis of each company are provided in detail. Key companies analyzed in the report include The J.M. Smucker Company (Crisco), Bunge Limited, Archer Daniels Midland Company, Cargill, Incorporated, Olenex (ADM and Wilmar International Limited), Koninklijke Zeelandia Groep B.V., Puratos Group NV, Princes Limited (Mitsubishi Corporation), Cai Lan Oils and Fats Industries Company Limited, Golden Hope Nha Be Edible Oils Sdn. Bhd., Tan Binh Vegetable Oil Joint Stock Company.

Cooking Fat Market Scope

Leading Segments

By Type

Vegetable Fat

Animal Fat

Mixed Fat

By Fatty Acid

Saturated

Monounsaturated

Polyunsaturated

By Application

Bakery

Confectionery

Frying

Others

By Distribution Channel

Retail Stores

Specialty Stores

Online

Leading Companies

The J.M. Smucker Company (Crisco)

Bunge Limited

Archer Daniels Midland Company

Cargill, Incorporated

Olenex (ADM and Wilmar International Limited)

Koninklijke Zeelandia Groep B.V.

Puratos Group NV

Princes Limited (Mitsubishi Corporation)

Cai Lan Oils and Fats Industries Company Limited

Golden Hope Nha Be Edible Oils Sdn. Bhd.

Tan Binh Vegetable Oil Joint Stock Company

Geographies

North AmericaUS, Canada, Mexico

EuropeGermany, France, UK, Spain, Italy, Nordics, BeNeLux, Others

Asia PacificChina, India, Japan, South Korea, Australia, South East Asia, Others

Latin AmericaBrazil, Argentina, Others

Middle East and AfricaSaudi Arabia, UAE, Other Middle East, South Africa, Other Africa

Reasons to Buy the report

Make informed decisions through long and short-term forecasts across 22 countries and segments.

Evaluate market fundamentals, dynamics, and disrupting trends set to shape 2025 and beyond.

Gain a clear understanding of the competitive landscape, with product portfolio and growth strategies.

Get an integrated understanding of the entire market ecosystem and companies.

Stay ahead of the competition through plans for growth in a changing environment for your geographic expansion.

Assess the impact of advanced technologies and identify growth opportunities based on actionable data and insights.

Get free Excel spreadsheet and PPT versions along with the report PDF.

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Bunge Limited

Archer Daniels Midland Company

Cargill, Incorporated

Olenex (ADM and Wilmar International Limited)

Koninklijke Zeelandia Groep B.V.

Puratos Group NV

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