

# **US Physical Therapy Market Size and Forecast (2021 - 2031), Regional Share, Trend, and Growth Opportunity Analysis Report Coverage: By Therapy (Laser Therapy, Electrotherapy, Cryotherapy, Ultrasound, Heat Therapy, and Other Therapies), Application (Orthopedic, Neurological, Cardiovascular and Pulmonary, and Other), Age Group (Pediatrics, Adult, and Geriatric), End User (Hospitals and Clinics, Rehabilitation Centers, Sports and Fitness Facilities, and Other End Users), and Country**

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## **Abstracts**

The US physical therapy market size is expected to grow from US\$ 46.75 billion in 2023 to US\$ 87.83 billion by 2031; it is projected to register a CAGR of 8.2% during 2023-2031.

Physical therapy is a component of rehabilitation that involves exercises of parts such as the back, upper arms, and legs to modulate their physiology for the betterment of health. This type of therapy aids in improving joint and muscle function, helping people stand, balance, walk, and climb stairs with confidence. Physical therapy includes exercises aiding active body movements, and the treatments are based on physical stimuli such as heat, cold, electrical currents, and ultrasound. These therapies can be used to treat short-term disabilities associated with accidental injuries and acute orthopedic conditions that become chronic conditions. The growing importance of physical therapists and increasing direct access to therapy are noteworthy factors contributing to the expansion of the US physical therapy market size. However, burnout

among physical therapists hinders the US physical therapy market growth as physical therapists these days are highly stressed as they need to deliver excellent patient care with limited time and resources.

### End User-Based Insights

Based on end user, the US physical therapy market is segmented into hospitals and clinics, rehabilitation centers, sports and fitness facilities, and other end users. The rehabilitation centers segment held the largest US physical therapy market share in 2023 and is expected to register the highest CAGR in the market during 2023–2031. Rehabilitation centers for physical therapy are specifically associated with physical treatment and do not refer to criminal rehabilitation or substance abuse. They play a vital role in enabling speedy recovery and help decrease the chance of re-injury among patients. These healthcare facilities offer unique and individual programs for the betterment of patients with chronic conditions. The rehabilitation centers for physical therapy are inpatient facilities where patients can receive acute care therapies such as physical therapy, occupational therapy, and vestibular rehabilitation that help a person reinstate function after injury, illness, or post-surgical conditions. Rehabilitation centers offer therapy for patients suffering from injuries and nervous system disorders and for those who have undergone hip replacement surgeries. They assist in improving their function and help reduce the symptoms of immobility. These centers appoint highly skilled professionals and their teams that provide support to patients during their treatment. Thus, the ultimate purpose of rehabilitation centers for physical therapy is to provide assistance to patients in recovering and resuming as much independence as possible in their homes.

Parkinson's Foundation, Centers for Disease Control and Prevention, National Spinal Cord Injury Data Sheet, and Back Pain Statistics & Facts are among the primary and secondary sources referred to while preparing the US physical therapy market report.

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