

Middle East & Africa Vegetarian Capsules Market Forecast to 2031 - Regional Analysis - by Product [Hydroxypropyl Methylcellulose (HPMC), Pullulan, and Others], Application (Antibiotic and Antibacterial Drug, Vitamin and Dietary Supplement, Anti Inflammatory Drugs, Cardiovascular Therapy Drugs, Antacid and Antiflatulent Preparation, and Others), Functionality (Immediate Release Capsules, Sustained Release Capsules, and Delayed Release Capsules), and End User (Pharmaceutical Companies, Nutraceutical Companies, Contract Manufacturing Organizations (CMOs), and Cosmeceutical Companies)

https://marketpublishers.com/r/M0475DADE5B7EN.html

Date: October 2024 Pages: 94 Price: US\$ 3,550.00 (Single User License) ID: M0475DADE5B7EN

# **Abstracts**

The Middle East & Africa vegetarian capsules market was valued at US\$ 42.88 million in 2023 and is expected to reach US\$ 67.54 million by 2031; it is estimated to register a CAGR of 5.8% from 2023 to 2031.

Personalization of Supplements Bolsters Middle East & Africa Vegetarian Capsules Market

The personalization of supplements is a growing trend driven by the increasing awareness of individual health needs and preferences. Consumers are seeking tailored nutritional solutions that cater to their specific lifestyles, dietary habits, and health goals.



This shift is facilitated by advancements in technology, such as DNA testing and health assessments, which allow for a more precise understanding of personal nutritional requirements.

Vegetarian capsules play a pivotal role in this trend, as they offer versatility in formulation. Brands can create customized blends that incorporate a variety of ingredients, including vitamins, minerals, herbal extracts, and superfoods, all within a plant-based capsule. This not only appeals to consumers looking for vegan options but also ensures that the supplements align with their ethical values.

Moreover, personalized supplements enhance user engagement, as consumers feel more connected to products designed specifically for them. This trend is likely to continue growing, reshaping the dietary supplement landscape.

Middle East & Africa Vegetarian Capsules Market Overview

The intake of dietary supplements among the population in Saudi Arabia is high due to the high prevalence of micronutrient deficiencies, particularly iron, iodine, zinc, and vitamins A and D. A research study published in The Egyptian Journal of Hospital Medicine report reveals that the overall intake of multivitamins and minerals & supplements among the Saudi population was found to be 22%, among which 16% were males and 24% were females. However, this number is relatively smaller compared to other countries such as the US, where the multivitamin intake is more than 50%. With dietary supplements being heavily consumed to maintain micronutrient levels, the consumption of herbal dietary supplements is also high among the Saudi Arabian population. The International Journal of Applied Sciences-Research and Review report reveals that the intake of dietary or herbal supplements intended for therapeutic purposes among adults in Saudi Arabia is high as they offer enhanced therapeutic efficacy, safety, and affordability. Therefore, more people in Saudi Arabia have a high awareness of dietary herbal supplements, resulting in increased consumption of these products, which contributes to the growing demand for vegetarian capsules.

Middle East & Africa Vegetarian Capsules Market Revenue and Forecast to 2031 (US\$ Million)

Middle East & Africa Vegetarian Capsules Market Segmentation

The Middle East & Africa vegetarian capsules market is categorized into product,



application, functionality, end user, and country.

Based on product, the Middle East & Africa vegetarian capsules market is segmented hydroxypropyl methylcellulose (HPMC), pullulan, and others. The hydroxypropyl methylcellulose (HPMC) segment held the largest market share in 2023.

In terms of application, the Middle East & Africa vegetarian capsules market is categorized into antibiotic and antibacterial drug, vitamin and dietary supplement, antiinflammatory drugs, cardiovascular therapy drugs, antacid and antiflatulent preparation, and others. The antibiotic and antibacterial drug segment held the largest market share in 2023.

By functionality, the Middle East & Africa vegetarian capsules market is segmented into immediate release capsules, sustained release capsules, and delayed release capsules. The immediate release capsules segment held the largest market share in 2023.

By end user, the Middle East & Africa vegetarian capsules market is segmented into pharmaceutical companies, nutraceutical companies, contract manufacturing organizations (CMOS), and cosmeceutical companies. The pharmaceutical companies segment held the largest market share in 2023.

By country, the Middle East & Africa vegetarian capsules market is segmented into Saudi Arabia, South Africa, the UAE, and the Rest of Middle East & Africa. Saudi Arabia dominated the Middle East & Africa vegetarian capsules market share in 2023.

ACG; CapsCanada; Capsugel, Inc (A subsidiary of Lonza Group AG); HealthCaps India; Lefancaps; NATURAL CAPSULES LIMITED; QUALICAPS; Shanxi Guangsheng Medicinal Capsules Co (GS Capsules); Sunil Healthcare Limited; Yasin; Zhejiang Honghui Capsule Co., Ltd; and Zhejiang Huili Capsules Co., Ltd. are some of the leading companies operating in the Middle East & Africa vegetarian capsules market.



# Contents

### **1. INTRODUCTION**

- 1.1 The Insight Partners Research Report Guidance
- 1.2 Market Segmentation

#### 2. EXECUTIVE SUMMARY

2.1 Key Insights

### 3. RESEARCH METHODOLOGY

- 3.1 Secondary Research
- 3.2 Primary Research
  - 3.2.1 Hypothesis formulation:
  - 3.2.2 Macro-economic factor analysis:
  - 3.2.3 Developing base number:
  - 3.2.4 Data Triangulation:
  - 3.2.5 Country level data:

## 4. MIDDLE EAST & AFRICA VEGETARIAN CAPSULES MARKET - KEY MARKET DYNAMICS

- 4.1 Market Drivers
- 4.1.1 Rising Preference for Vegan Capsules Over Gelatin-Based Capsules
- 4.1.2 Growing Demand for Vegetable Capsules Despite Their High Cost
- 4.2 Market Restraints
- 4.2.1 Risks of Product Recalls
- 4.3 Market Opportunities
- 4.3.1 Innovative Product Launches of Vegetarian Capsules
- 4.4 Future Trends
- 4.4.1 Outsourcing of Vegetarian Capsules
- 4.5 Impact of Drivers and Restraints:

#### 5. VEGETARIAN CAPSULES MARKET - MIDDLE EAST & AFRICA ANALYSIS

- 5.1 Middle East & Africa Vegetarian Capsules Market Overview
- 5.2 Middle East & Africa Vegetarian Capsules Market Revenue (US\$ Million),



2021-2031

# 6. MIDDLE EAST & AFRICA VEGETARIAN CAPSULES MARKET ANALYSIS - BY PRODUCT

6.1 Overview

6.2 Middle East & Africa: Middle East & Africa Vegetarian Capsules Market - Volume and Forecast Analysis - by Product

6.3 Hydroxypropyl Methylcellulose (HPMC)

6.3.1 Overview

6.3.2 Hydroxypropyl Methylcellulose (HPMC): Middle East & Africa Vegetarian Capsules Market - Revenue and Forecast to 2031 (US\$ Million)

6.4 Pullulan

6.4.1 Overview

6.4.2 Pullulan: Middle East & Africa Vegetarian Capsules Market - Revenue and Forecast to 2031 (US\$ Million)

6.5 Others

6.5.1 Overview

6.5.2 Others: Middle East & Africa Vegetarian Capsules Market - Revenue and Forecast to 2031 (US\$ Million)

# 7. MIDDLE EAST & AFRICA VEGETARIAN CAPSULES MARKET ANALYSIS - BY APPLICATION

7.1 Overview

7.2 Antibiotic and Antibacterial Drug

7.2.1 Overview

7.2.2 Antibiotic and Antibacterial Drug: Middle East & Africa Vegetarian Capsules Market - Revenue and Forecast to 2031 (US\$ Million)

7.3 Vitamin and Dietary Supplement

7.3.1 Overview

7.3.2 Vitamin and Dietary Supplement: Middle East & Africa Vegetarian Capsules Market - Revenue and Forecast to 2031(US\$ Million)

7.4 Anti Inflammatory Drugs

7.4.1 Overview

7.4.2 Anti Inflammatory Drugs: Middle East & Africa Vegetarian Capsules Market -Revenue and Forecast to 2031 (US\$ Million)

7.5 Cardiovascular Therapy Drugs

7.5.1 Overview



7.5.2 Cardiovascular Therapy Drugs: Middle East & Africa Vegetarian Capsules Market - Revenue and Forecast to 2031 (US\$ Million)

7.6 Antacid and Antiflatulent Preparation

7.6.1 Overview

7.6.2 Antacid and Antiflatulent Preparation: Middle East & Africa Vegetarian Capsules Market - Revenue and Forecast to 2031 (US\$ Million)

7.7 Others

7.7.1 Overview

7.7.2 Others: Middle East & Africa Vegetarian Capsules Market - Revenue and Forecast to 2031 (US\$ Million)

# 8. MIDDLE EAST & AFRICA VEGETARIAN CAPSULES MARKET ANALYSIS - BY FUNCTIONALITY

8.1 Overview

- 8.2 Immediate Release Capsules
  - 8.2.1 Overview

8.2.2 Immediate Release Capsules: Middle East & Africa Vegetarian Capsules Market

- Revenue and Forecast to 2031 (US\$ Million)
- 8.3 Sustained Release Capsules
  - 8.3.1 Overview

8.3.2 Sustained Release Capsules: Middle East & Africa Vegetarian Capsules Market -Revenue and Forecast to 2031 (US\$ Million)

8.4 Delayed Release Capsules

8.4.1 Overview

8.4.2 Delayed Release Capsules: Middle East & Africa Vegetarian Capsules Market -Revenue and Forecast to 2031 (US\$ Million)

# 9. MIDDLE EAST & AFRICA VEGETARIAN CAPSULES MARKET ANALYSIS - BY END USER

9.1 Overview

9.2 Pharmaceutical Companies

9.2.1 Overview

9.2.2 Pharmaceutical Companies: Middle East & Africa Vegetarian Capsules Market -Revenue and Forecast to 2031 (US\$ Million)

9.3 Nutraceutical Companies

9.3.1 Overview

9.3.2 Nutraceutical Companies: Middle East & Africa Vegetarian Capsules Market -



Revenue and Forecast to 2031 (US\$ Million)

9.4 Contract Manufacturing Organizations (CMOs)

9.4.1 Overview

9.4.2 Contract Manufacturing Organizations (CMOs): Middle East & Africa Vegetarian Capsules Market - Revenue and Forecast to 2031 (US\$ Million)

9.5 Cosmeceutical Companies

9.5.1 Overview

9.5.2 Cosmeceutical Companies: Middle East & Africa Vegetarian Capsules Market -Revenue and Forecast to 2031 (US\$ Million)

## 10. MIDDLE EAST & AFRICA VEGETARIAN CAPSULES MARKET - COUNTRY ANALYSIS

10.1 Middle East & Africa

10.1.1 Middle East & Africa Vegetarian Capsules Market Breakdown, by Key Countries, 2023 and 2031 (%)

10.1.1.1 Saudi Arabia: Middle East & Africa Vegetarian Capsules Market - Revenue and Forecast to 2031 (US\$ Million)

10.1.1.1.1 Overview

10.1.1.2 Saudi Arabia: Middle East & Africa Vegetarian Capsules Market - Revenue and Forecast to 2031 (US\$ Million)

10.1.1.2.1 Saudi Arabia: Middle East & Africa Vegetarian Capsules Market Breakdown, by Product

10.1.1.2.2 Saudi Arabia: Middle East & Africa Vegetarian Capsules Market - Volume and Forecast Analysis - by Product

10.1.1.2.3 Saudi Arabia: Middle East & Africa Vegetarian Capsules Market Breakdown, by Application

10.1.1.2.4 Saudi Arabia: Middle East & Africa Vegetarian Capsules Market Breakdown, by Functionality

10.1.1.2.5 Saudi Arabia: Middle East & Africa Vegetarian Capsules Market Breakdown, by End User

10.1.1.3 South Africa: Middle East & Africa Vegetarian Capsules Market - Revenue and Forecast to 2031 (US\$ Million)

10.1.1.3.1 Overview

10.1.1.4 South Africa: Middle East & Africa Vegetarian Capsules Market - Revenue and Forecast to 2031 (US\$ Million)

10.1.1.4.1 South Africa: Middle East & Africa Vegetarian Capsules Market Breakdown, by Product

10.1.1.4.2 South Africa: Middle East & Africa Vegetarian Capsules Market - Volume



and Forecast Analysis - by Product

10.1.1.4.3 South Africa: Middle East & Africa Vegetarian Capsules Market Breakdown, by Application

10.1.1.4.4 South Africa: Middle East & Africa Vegetarian Capsules Market Breakdown, by Functionality

10.1.1.4.5 South Africa: Middle East & Africa Vegetarian Capsules Market Breakdown, by End User

10.1.1.5 United Arab Emirates: Middle East & Africa Vegetarian Capsules Market -Revenue and Forecast to 2031 (US\$ Million)

10.1.1.5.1 Overview

10.1.1.6 United Arab Emirates: Middle East & Africa Vegetarian Capsules Market -Revenue and Forecast to 2031 (US\$ Million)

10.1.1.6.1 United Arab Emirates: Middle East & Africa Vegetarian Capsules Market Breakdown, by Product

10.1.1.6.2 United Arab Emirates: Middle East & Africa Vegetarian Capsules Market - Volume and Forecast Analysis - by Product

10.1.1.6.3 United Arab Emirates: Middle East & Africa Vegetarian Capsules Market Breakdown, by Application

10.1.1.6.4 United Arab Emirates: Middle East & Africa Vegetarian Capsules Market Breakdown, by Functionality

10.1.1.6.5 United Arab Emirates: Middle East & Africa Vegetarian Capsules Market Breakdown, by End User

10.1.1.7 Rest of Middle East & Africa Vegetarian Capsules Market - Revenue and Forecast to 2031 (US\$ Million)

10.1.1.7.1 Overview

10.1.1.8 Rest of Middle East & Africa Vegetarian Capsules Market - Revenue and Forecast to 2031 (US\$ Million)

10.1.1.8.1 Rest of Middle East & Africa Vegetarian Capsules Market Breakdown, by Product

10.1.1.8.2 Rest of Middle East & Africa Vegetarian Capsules Market - Volume and Forecast Analysis - by Product

10.1.1.8.3 Rest of Middle East & Africa Vegetarian Capsules Market Breakdown, by Application

10.1.1.8.4 Rest of Middle East & Africa Vegetarian Capsules Market Breakdown, by Functionality

10.1.1.8.5 Rest of Middle East & Africa Vegetarian Capsules Market Breakdown, by End User

#### **11. COMPANY PROFILES**

Middle East & Africa Vegetarian Capsules Market Forecast to 2031 - Regional Analysis - by Product [Hydroxyprop..



- 11.1 Shanxi Guangsheng Medicinal Capsules Co (GS Capsules)
  - 11.1.1 Key Facts
  - 11.1.2 Business Description
  - 11.1.3 Products and Services
  - 11.1.4 Financial Overview
  - 11.1.5 SWOT Analysis
  - 11.1.6 Key Developments
- 11.2 Lefancaps
- 11.2.1 Key Facts
- 11.2.2 Business Description
- 11.2.3 Products and Services
- 11.2.4 Financial Overview
- 11.2.5 SWOT Analysis
- 11.2.6 Key Developments
- 11.3 ACG
  - 11.3.1 Key Facts
  - 11.3.2 Business Description
  - 11.3.3 Products and Services
  - 11.3.4 Financial Overview
  - 11.3.5 SWOT Analysis
- 11.3.6 Key Developments
- 11.4 Capsugel, Inc (A subsidiary of Lonza Group AG)
  - 11.4.1 Key Facts
  - 11.4.2 Business Description
  - 11.4.3 Products and Services
  - 11.4.4 Financial Overview
  - 11.4.5 SWOT Analysis
- 11.4.6 Key Developments
- 11.5 HealthCaps India
  - 11.5.1 Key Facts
  - 11.5.2 Business Description
  - 11.5.3 Products and Services
  - 11.5.4 Financial Overview
  - 11.5.5 SWOT Analysis
  - 11.5.6 Key Developments
- 11.6 NATURAL CAPSULES LIMITED
  - 11.6.1 Key Facts
  - 11.6.2 Business Description





- 11.6.3 Products and Services
- 11.6.4 Financial Overview
- 11.6.5 SWOT Analysis
- 11.6.6 Key Developments
- 11.7 Sunil Healthcare Limited
- 11.7.1 Key Facts
- 11.7.2 Business Description
- 11.7.3 Products and Services
- 11.7.4 Financial Overview
- 11.7.5 SWOT Analysis
- 11.7.6 Key Developments
- **11.8 QUALICAPS** 
  - 11.8.1 Key Facts
  - 11.8.2 Business Description
  - 11.8.3 Products and Services
  - 11.8.4 Financial Overview
  - 11.8.5 SWOT Analysis
  - 11.8.6 Key Developments
- 11.9 CapsCanada
- 11.9.1 Key Facts
- 11.9.2 Business Description
- 11.9.3 Products and Services
- 11.9.4 Financial Overview
- 11.9.5 SWOT Analysis
- 11.9.6 Key Developments
- 11.10 Zhejiang Huili Capsules Co., Ltd.
  - 11.10.1 Key Facts
  - 11.10.2 Business Description
  - 11.10.3 Products and Services
  - 11.10.4 Financial Overview
  - 11.10.5 SWOT Analysis
- 11.10.6 Key Developments
- 11.11 Yasin
- 11.11.1 Key Facts
- 11.11.2 Business Description
- 11.11.3 Products and Services
- 11.11.4 Financial Overview
- 11.11.5 SWOT Analysis
- 11.11.6 Key Developments



- 11.12 Zhejiang Honghui Capsule Co., Ltd.
  - 11.11.1 Key Facts
  - 11.11.2 Business Description
  - 11.11.3 Products and Services
  - 11.11.4 Financial Overview
  - 11.11.5 SWOT Analysis
  - 11.11.6 Key Developments

### 12. APPENDIX

- 12.1 About The Insight Partners
- 12.2 Glossary of Terms



### I would like to order

Product name: Middle East & Africa Vegetarian Capsules Market Forecast to 2031 - Regional Analysis by Product [Hydroxypropyl Methylcellulose (HPMC), Pullulan, and Others], Application (Antibiotic and Antibacterial Drug, Vitamin and Dietary Supplement, Anti Inflammatory Drugs, Cardiovascular Therapy Drugs, Antacid and Antiflatulent Preparation, and Others), Functionality (Immediate Release Capsules, Sustained Release Capsules, and Delayed Release Capsules), and End User (Pharmaceutical Companies, Nutraceutical Companies, Contract Manufacturing Organizations (CMOs), and Cosmeceutical Companies)

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