

Asia Pacific Menstrual Cups Market Forecast to 2030 - Regional Analysis - by Type (Reusable and Disposable), Material (Medical Grade Silicon, Rubber, and Thermoplastic Elastomer), and Distribution Channel (Supermarkets and Hypermarkets, Specialty Stores, Online Retail, and Others)

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# **Abstracts**

The Asia Pacific menstrual cups market was valued at US\$ 274.77 million in 2022 and is expected to reach US\$ 455.73 million by 2030; it is estimated to register a CAGR of 6.5% from 2022 to 2030.

Government Initiatives Drive Asia Pacific Menstrual Cups Market

Government initiatives are crucial in creating opportunities for the menstrual cup market by fostering awareness, promoting sustainable practices, and addressing menstrual hygiene challenges. In many regions, governments recognize the importance of menstrual health and have implemented programs to educate and empower individuals about alternative and sustainable menstrual hygiene products like menstrual cups. For example, the Indian government's "Menstrual Hygiene Scheme" under the Swachh Bharat Abhiyan aims to provide subsidized menstrual hygiene products, including menstrual cups, to women in rural areas, enhancing accessibility and affordability. In Europe, several governments have taken steps to address the environmental impact of menstrual products. The Scottish government, for instance, provides free menstrual products in schools and colleges, including menstrual cups, as part of their commitment to reducing single-use plastic waste. These initiatives not only promote the adoption of menstrual cups but also contribute to normalizing conversations around menstruation and reducing the stigma associated with it. Governments increasingly recognize the economic benefits of promoting reusable and sustainable menstrual products. Overall, government initiatives worldwide are creating a conducive environment for the Asia



Pacific menstrual cups market by addressing affordability and sustainability concerns, opening up new opportunities for manufacturers, and fostering positive changes in menstrual hygiene practices.

Asia Pacific Menstrual Cups Market Overview

The surge in demand for menstrual cups in Asia Pacific can be attributed to various factors, including rising cultural shifts, increasing awareness, and the growing importance of women's health. There has been a rising movement toward breaking taboos surrounding menstruation in many Asian countries. As societies become more open to discussing menstrual health, individuals are exploring alternative and more sustainable options such as menstrual cups, which offer comfort and convenience while challenging traditional norms associated with menstrual hygiene. For instance, in September 2023, a pilot program with an aim to provide menstrual cups to women was launched in Chennai, India. In September 2023, under the "Thinkal" project, ~1,500 women in the reproductive age group from economically poor households in 12 localities under the Greater Chennai Corporation's wards in South Chennai will receive menstrual cups in the next three months. Hence, the rise in such initiatives increases the awareness and demand for menstrual cups across the region. Moreover, Asia Pacific has witnessed rapid urbanization and changing lifestyles, with more women joining the workforce and leading busy lives. Menstrual cups, being long-lasting and reliable, are gaining popularity as a practical solution for those seeking a convenient, low-maintenance menstrual hygiene option. The adaptability of menstrual cups to different lifestyles, including travel and outdoor activities, contributes to their increasing acceptance among women in Asia. Additionally, the economic factor plays a significant role in the growing demand for menstrual cups in Asia Pacific. In many countries across the region, disposable menstrual products can be expensive and contribute to a significant monthly expense. The cost-effectiveness of menstrual cups, considering their reusable nature, makes them attractive for individuals seeking an affordable and sustainable solution. As economic conditions improve and disposable incomes rise, more people in Asia are likely to use menstrual cups as a practical and cost-saving choice for menstrual hygiene.

Asia Pacific Menstrual Cups Market Revenue and Forecast to 2030 (US\$ Million) Asia Pacific Menstrual Cups Market Segmentation

The Asia Pacific menstrual cups market is categorized into type, material, distribution channel, and country.

Based on type, the Asia Pacific menstrual cups market is bifurcated into reusable and disposable. The reusable segment held a larger market share in 2022.

In terms of material, the Asia Pacific menstrual cups market is categorized into medical grade silicon, rubber, and thermoplastic elastomer. The medical grade silicon segment held a larger market share in 2022.



By distribution channel, the Asia Pacific menstrual cups market is segmented into supermarkets and hypermarkets, specialty stores, online retail, and others. The specialty stores segment held the largest market share in 2022.

By country, the Asia Pacific menstrual cups market is segmented into Australia, China, India, Japan, South Korea, and the Rest of Asia Pacific. The Rest of Asia Pacific dominated the Asia Pacific menstrual cups market share in 2022.

The Flex Co, Pixie Cup LLC, Saalt LLC, Diva International Inc, Lena Cup LLC, and Lune Group Oy Ltd are among the leading companies operating in the Asia Pacific menstrual cups market.



# **Contents**

#### 1. INTRODUCTION

- 1.1 The Insight Partners Research Report Guidance
- 1.2 Market Segmentation

## 2. EXECUTIVE SUMMARY

- 2.1 Key Market Insights
- 2.2 Market Attractiveness

# 3. RESEARCH METHODOLOGY

- 3.1 Coverage
- 3.2 Secondary Research
- 3.3 Primary Research
- 3.4 Limitations and Assumptions

## 4. ASIA PACIFIC MENSTRUAL CUPS MARKET LANDSCAPE

- 4.1 Overview
- 4.2 Porter's Five Forces Analysis
  - 4.2.1 Bargaining Power of Suppliers
  - 4.2.2 Bargaining Power of Buyers
  - 4.2.3 Threat of New Entrants
  - 4.2.4 Competitive Rivalry
  - 4.2.5 Threat of Substitutes
- 4.3 Ecosystem Analysis
  - 4.3.1 List of Vendors

## 5. ASIA PACIFIC MENSTRUAL CUPS MARKET - KEY INDUSTRY DYNAMICS

- 5.1 Market Drivers
  - 5.1.1 Increasing Demand for Sustainable Menstrual Products
  - 5.1.1 Convenience and Cost Effectiveness Provided by Menstrual Cups
- 5.2 Market Restraints
  - 5.2.1 Product Availability
  - 5.2.2 Consumer Perception and Unawareness



- 5.3 Market Opportunities
  - 5.3.1 Government Initiatives
- 5.4 Future Trends
  - 5.4.1 Thermoplastic Elastomers Menstrual Cups
- 5.5 Impact of Drivers and Restraints:

## 6. MENSTRUAL CUPS MARKET - ASIA PACIFIC MARKET ANALYSIS

- 6.1 Asia Pacific Menstrual Cups Market Revenue (US\$ Million), 2020 2030
- 6.2 Asia Pacific Menstrual Cups Market Forecast and Analysis

#### 7. ASIA PACIFIC MENSTRUAL CUPS MARKET ANALYSIS - TYPE

- 7.1 Reusable
  - 7.1.1 Overview
  - 7.1.2 Reusable Market Revenue and Forecast to 2030 (US\$ Million)
- 7.2 Disposable
  - 7.2.1 Overview
  - 7.2.2 Disposable Market Revenue and Forecast to 2030 (US\$ Million)

## 8. ASIA PACIFIC MENSTRUAL CUPS MARKET ANALYSIS - MATERIAL

- 8.1 Medical Grade Silicon
  - 8.1.1 Overview
- 8.1.2 Medical Grade Silicon Market Revenue and Forecast to 2030 (US\$ Million)
- 8.2 Rubber
  - 8.2.1 Overview
  - 8.2.2 Rubber Market Revenue and Forecast to 2030 (US\$ Million)
- 8.3 Thermoplastic Elastomer
  - 8.3.1 Overview
  - 8.3.2 Thermoplastic Elastomer Market Revenue and Forecast to 2030 (US\$ Million)

# 9. ASIA PACIFIC MENSTRUAL CUPS MARKET ANALYSIS - DISTRIBUTION CHANNEL

- 9.1 Supermarkets and Hypermarkets
  - 9.1.1 Overview
- 9.1.2 Supermarkets and Hypermarkets Market Revenue and Forecast to 2030 (US\$ Million)



- 9.2 Specialty Stores
  - 9.2.1 Overview
  - 9.2.2 Specialty Stores Market Revenue and Forecast to 2030 (US\$ Million)
- 9.3 Online Retail
  - 9.3.1 Overview
  - 9.3.2 Online Retail Market Revenue and Forecast to 2030 (US\$ Million)
- 9.4 Others
  - 9.4.1 Overview
  - 9.4.2 Others Market Revenue and Forecast to 2030 (US\$ Million)

## 10. ASIA PACIFIC MENSTRUAL CUPS MARKET - COUNTRY ANALYSIS

- 10.1 Asia Pacific
- 10.1.1 Asia Pacific Menstrual Cups Market Breakdown by Country
  - 10.1.1.1 Asia Pacific Menstrual Cups Market Breakdown by Country
- 10.1.1.2 China: Asia Pacific Menstrual Cups Market Revenue and Forecasts to 2030 (US\$ Million)
  - 10.1.1.2.1 China: Asia Pacific Menstrual Cups Market Breakdown by Type
  - 10.1.1.2.2 China: Asia Pacific Menstrual Cups Market Breakdown by Material
- 10.1.1.2.3 China: Asia Pacific Menstrual Cups Market Breakdown by Distribution Channel
- 10.1.1.3 Japan: Asia Pacific Menstrual Cups Market Revenue and Forecasts to 2030 (US\$ Million)
  - 10.1.1.3.1 Japan: Asia Pacific Menstrual Cups Market Breakdown by Type
  - 10.1.1.3.2 Japan: Asia Pacific Menstrual Cups Market Breakdown by Material
- 10.1.1.3.3 Japan: Asia Pacific Menstrual Cups Market Breakdown by Distribution Channel
- 10.1.1.4 India: Asia Pacific Menstrual Cups Market Revenue and Forecasts to 2030 (US\$ Million)
  - 10.1.1.4.1 India: Asia Pacific Menstrual Cups Market Breakdown by Type
  - 10.1.1.4.2 India: Asia Pacific Menstrual Cups Market Breakdown by Material
- 10.1.1.4.3 India: Asia Pacific Menstrual Cups Market Breakdown by Distribution Channel
- 10.1.1.5 Australia: Asia Pacific Menstrual Cups Market Revenue and Forecasts to 2030 (US\$ Million)
  - 10.1.1.5.1 Australia: Asia Pacific Menstrual Cups Market Breakdown by Type
  - 10.1.1.5.2 Australia: Asia Pacific Menstrual Cups Market Breakdown by Material
- 10.1.1.5.3 Australia: Asia Pacific Menstrual Cups Market Breakdown by Distribution Channel



- 10.1.1.6 South Korea: Asia Pacific Menstrual Cups Market Revenue and Forecasts to 2030 (US\$ Million)
  - 10.1.1.6.1 South Korea: Asia Pacific Menstrual Cups Market Breakdown by Type
  - 10.1.1.6.2 South Korea: Asia Pacific Menstrual Cups Market Breakdown by Material
- 10.1.1.6.3 South Korea: Asia Pacific Menstrual Cups Market Breakdown by Distribution Channel
- 10.1.1.7 Rest of Asia Pacific: Asia Pacific Menstrual Cups Market Revenue and Forecasts to 2030 (US\$ Million)
- 10.1.1.7.1 Rest of Asia Pacific: Asia Pacific Menstrual Cups Market Breakdown by Type
- 10.1.1.7.2 Rest of Asia Pacific: Asia Pacific Menstrual Cups Market Breakdown by Material
- 10.1.1.7.3 Rest of Asia Pacific: Asia Pacific Menstrual Cups Market Breakdown by Distribution Channel

#### 11. COMPETITIVE LANDSCAPE

- 11.1 Heat Map Analysis By Key Players
- 11.2 Company Positioning & Concentration

#### 12. COMPANY PROFILES

- 12.1 The Flex Co
  - 12.1.1 Key Facts
  - 12.1.2 Business Description
  - 12.1.3 Products and Services
  - 12.1.4 Financial Overview
  - 12.1.5 SWOT Analysis
  - 12.1.6 Key Developments
- 12.2 Pixie Cup LLC
  - 12.2.1 Key Facts
  - 12.2.2 Business Description
  - 12.2.3 Products and Services
  - 12.2.4 Financial Overview
  - 12.2.5 SWOT Analysis
  - 12.2.6 Key Developments
- 12.3 Saalt LLC
- 12.3.1 Key Facts
- 12.3.2 Business Description



- 12.3.3 Products and Services
- 12.3.4 Financial Overview
- 12.3.5 SWOT Analysis
- 12.3.6 Key Developments
- 12.4 Diva International Inc
  - 12.4.1 Key Facts
  - 12.4.2 Business Description
  - 12.4.3 Products and Services
  - 12.4.4 Financial Overview
  - 12.4.5 SWOT Analysis
  - 12.4.6 Key Developments
- 12.5 Lena Cup LLC
  - 12.5.1 Key Facts
  - 12.5.2 Business Description
  - 12.5.3 Products and Services
  - 12.5.4 Financial Overview
  - 12.5.5 SWOT Analysis
  - 12.5.6 Key Developments
- 12.6 Lune Group Oy Ltd
  - 12.6.1 Key Facts
  - 12.6.2 Business Description
  - 12.6.3 Products and Services
  - 12.6.4 Financial Overview
  - 12.6.5 SWOT Analysis
  - 12.6.6 Key Developments

#### 13. APPENDIX



## I would like to order

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