

North America Ketone Market, By Form (Dry v/s Liquid), By Type (Synthetic v/s Bio), By Supplement Type (Ketone Salts, Ketone Esters, Ketone Oil, Raspberry Ketones), By Application (Food & Beverage, Pharmaceuticals, Cosmetic & Personal Care Products, Building & Construction, Others), By Country and Competition, Forecast & Opportunities, 2018-2028F

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# **Abstracts**

North America Ketone Market has valued at USD 269.71 million in 2022 and is anticipated to project robust growth in the forecast period with a CAGR of 4.91% and is expected to reach USD 363.28 Million by 2028. Ketones belong to a class of organic compounds identified by the presence of a carbonyl group, in which a carbon atom forms a covalent bond with an oxygen atom. The remaining two bonds are connected to either other carbon atoms or hydrocarbon radicals, symbolized as (R). This functional group is characterized by the structural formula R?C=O, with R representing diverse carbon-containing substituents. A straightforward example of a ketone is acetone, a liquid with a mildly sweet odor, and its chemical formula is (CH3)2C=O. Ketone compounds display notable physiological properties and are found in various sugars and compounds employed for medicinal purposes, including both natural and synthetic steroid hormones. These compounds exhibit nucleophilic tendencies at oxygen and electrophilic characteristics at carbon atoms. Additionally, they tend to exhibit higher solubility in water as a distinctive feature.

**Key Market Drivers** 



## Growing Demand of Ketone in Pharmaceuticals Sector

In the dynamic landscape of the pharmaceutical industry, known for its continuous pursuit of innovation in the realm of human health, there is a growing fascination with a somewhat unconventional contender - ketones. Traditionally linked to metabolic processes and dietary trends, ketones have now carved out a significant niche within the pharmaceutical sector, unlocking a multitude of therapeutic potentials. This heightened interest is driven by a deeper comprehension of the biological functions of ketones and their capacity to address a wide array of health conditions, thereby reshaping the landscape of pharmaceutical research and development. Ketones, generated through the breakdown of fatty acids when glucose is insufficient, have long been acknowledged as alternative energy sources for the body. Beyond their role in energy metabolism, this physiological phenomenon has garnered attention for its potential therapeutic advantages, particularly in the realm of neurological disorders. Ketogenic diets, which elevate ketone levels in the body, have exhibited promise in managing conditions such as epilepsy and certain neurodegenerative diseases like Alzheimer's and Parkinson's. Consequently, pharmaceutical research is experiencing a surge in efforts to harness the neuroprotective properties of ketones to create innovative treatments for these debilitating disorders.

Furthermore, one of the prominent domains where ketones are making significant headway is in the management of epilepsy. Epilepsy, characterized by recurrent seizures, frequently proves resistant to conventional treatments. Ketogenic diets, initially designed to replicate the metabolic state of fasting, have demonstrated remarkable efficacy in reducing the frequency and intensity of seizures, especially in cases of drugresistant epilepsy. Pharmaceutical companies are now exploring the development of ketone-based drugs capable of reproducing the therapeutic effects of ketogenic diets without the dietary restrictions. These drugs aim to provide a more convenient and accessible option for patients while broadening the horizons of epilepsy management.

The potential applications of ketones extend beyond epilepsy to encompass various other neurological disorders. In Alzheimer's disease, where the brain's ability to utilize glucose for energy becomes compromised, ketones, as an alternative energy source, offer hope in mitigating cognitive decline. Pharmaceutical researchers are investigating ketone supplementation to enhance cognitive function and potentially slow down the progression of neurodegenerative diseases. Another intriguing facet of ketones is their role as potential anti-inflammatory agents. Chronic inflammation underpins many health conditions, including autoimmune diseases and metabolic disorders. Emerging research suggests that ketones possess anti-inflammatory properties capable of modulating



immune responses and reducing inflammation. This paves the way for the development of ketone-based pharmaceuticals aimed at addressing inflammatory diseases, offering an alternative or complementary approach to existing treatments.

Furthermore, the impact of the ketogenic diet on metabolic disorders, such as type 2 diabetes and obesity, has sparked interest in the development of ketone-focused interventions. Ketones have demonstrated the ability to enhance insulin sensitivity and facilitate weight loss, offering potential solutions for addressing the global epidemic of metabolic diseases. Pharmaceutical companies are exploring strategies to harness these metabolic benefits to create drugs that could revolutionize the management of diabetes and obesity, providing patients with novel and effective therapeutic alternatives.

Rising Demand of Ketone in Cosmetic & Personal Care Sector

In the ever-evolving landscape of the cosmetic and personal care industry, a novel entrant has emerged – ketones. These organic compounds, often associated with ketogenic diets and the body's energy production, have found their way into the realm of beauty and self-care products. The escalating demand for natural and innovative ingredients has facilitated the incorporation of ketones into cosmetics, skincare, and personal care formulations. This trend not only mirrors a shift in consumer preferences but also underscores the potential benefits that ketones can bring to augment beauty and well-being. Ketones, whether derived from sources like coconut oil or synthesized through advanced manufacturing processes, are gaining prominence for their versatile applications. Within the cosmetic and personal care sector, ketones are principally acknowledged for their moisturizing and anti-aging attributes. These compounds possess the capability to penetrate the skin's surface and deliver profound hydration, rendering them ideal components for creams, lotions, and serums. By enhancing the retention of skin moisture, ketones contribute to a more luminous and youthful complexion, addressing a common concern among consumers.

Moreover, the antioxidant properties of ketones add another layer of appeal to their integration into cosmetic and personal care products. Environmental factors can induce oxidative stress, hastening the aging process and causing skin damage. Ketones, with their ability to combat oxidative stress and neutralize free radicals, offer a natural solution to shield the skin from premature aging and preserve its vitality. As consumers increasingly seek products that not only enhance their appearance but also prioritize skin health, the inclusion of ketones aligns seamlessly with this evolving demand. The clean and natural beauty trend is another pivotal driver behind the demand for ketones



in the cosmetic and personal care sector. Consumers are growing more discerning about the ingredients they apply to their skin and hair, opting for formulations that are devoid of harmful chemicals and additives. Ketones, renowned for their natural origins and skin-friendly characteristics, resonate with this consumer sentiment. Brands are responding by formulating products that prominently feature ketones as a primary ingredient, instilling confidence in consumers regarding the safety and effectiveness of their skincare and beauty routines.

Furthermore, ketones are making inroads into the realm of hair care within the cosmetic and personal care sector. The moisturizing and nourishing properties of ketones extend to hair strands, making them invaluable constituents in shampoos, conditioners, and hair masks. Ketones effectively address common hair concerns such as dryness, frizz, and damage, resulting in smoother, shinier, and more manageable hair. As consumers seek comprehensive solutions for their hair care needs, products infused with ketones offer an auspicious avenue for brands to set themselves apart in the market.

## Growing Demand of Ketone in Food & Beverage Sector

In current years, the food and beverage industry has experienced a notable upsurge in interest and demand for products based on ketones. Ketones, previously associated primarily with specific diets like the ketogenic diet, have now entered the mainstream and have found their way into a diverse array of food and beverage offerings. This burgeoning trend is not only reshaping consumer preferences but also fueling innovation and research within the industry. Ketones, a class of organic compounds, are generated when the body breaks down fat for energy in the absence of carbohydrates. Initially popularized by the ketogenic diet, characterized by its high-fat and lowcarbohydrate content, the use of ketones was primarily associated with weight loss and improved metabolic health. However, the potential advantages of ketones have transcended dietary plans, permeating the food and beverage landscape with a wide range of products catering to various consumer needs. One of the initial driving forces behind the demand for ketones in the food and beverage sector is their association with heightened energy levels and mental clarity. Ketones, particularly medium-chain triglyceride (MCT) oil, are known to provide a swift and sustained source of energy. This attribute has led to the inclusion of MCT oil and other ketone sources in energy drinks, coffee blends, and snack bars. Consumers are increasingly seeking alternatives to conventional energy boosters laden with sugar and artificial additives, shifting their focus to ketone-infused options that offer a more sustained and naturally sourced vitality. Furthermore, weight management is another significant factor contributing to the demand for ketones in the food and beverage industry. With global obesity rates on the



rise, consumers are actively searching for products that can support their weight loss goals. Ketones, with their capacity to induce a state of ketosis where the body utilizes fat for fuel, have become appealing choices for individuals striving to shed extra pounds. This has prompted the development of ketone supplements and meal replacements, addressing the needs of those seeking effective and convenient methods to manage their weight.

Moreover, the demand for natural and clean-label products has prompted the food and beverage industry to explore innovative ingredient alternatives. Ketones, often sourced from natural origins like coconut oil or produced through clean and transparent processes, align seamlessly with this trend. Consumers are drawn to products featuring recognizable ingredients and minimal additives, prompting manufacturers to incorporate ketones into their formulations to meet these preferences. The versatility of ketones allows for their integration into a wide range of products, from beverages to baked goods, without compromising the clean and natural image consumer's desire. Additionally, consumer education plays a pivotal role in the widespread adoption of ketone-based products. The concept of ketosis and its associated benefits may be unfamiliar to some consumers, necessitating clear and concise communication regarding the advantages of incorporating ketones into their diets. Brands that effectively convey the science behind ketones and their potential impact on health are more likely to gain consumer trust and drive demand for their products, resulting in sustained market growth in the forecast period.

## Key Market Challenges

Presence of Cost-Effective Substitutes Poses a Significant Obstacle to Market Expansion

The potential obstacles to market growth in the forecasted period may arise from the presence of substitutes that offer a more cost-effective option. For example, the availability and consumption of fresh fruits and vegetables, which provide ample carbohydrates and essential nutrients to individuals, could pose a challenge to the ketone market. Additionally, adopting controlled and balanced eating habits along with a well-rounded diet can adequately fulfill the body's nutritional requirements. This may reduce the demand for keto foods and beverages, serving as a constraint that could negatively impact the ketone market, particularly affecting the keto foods and supplements segment.

Moreover, certain products such as methyl ethyl ketone entail inherent risks when



exposed to workers. This compound presents potential hazards to the eyes, skin, and respiratory system if inhaled or ingested. Consequently, safety concerns of this nature can act as a deterrent to the growth of the ketone market, potentially influencing its trajectory.

Technical Difficulty During Production and Huge Cost for Research & Development

Ongoing research and studies are providing insights into the incompatibility of ketone products, such as keto drinks, with individuals facing health conditions such as type 1 and type 2 diabetes, PCOD, and kidney diseases. This factor has the potential to limit the appeal of the keto-product market to these specific consumer groups, thereby casting a shadow on the industry's growth prospects.

Furthermore, the higher cost and, in many cases, the unappealing taste associated with exogenous ketones, such as ketone esters, could act as deterrents to the demand for ketone products. This situation might hinder the market's expansion during the projected period.

Additionally, specific research studies that focus on the toxicological testing of ketones have revealed their potential carcinogenic properties. This discovery could exert a negative influence on the ketone market. For instance, investigations have highlighted the toxicology and carcinogenic effects associated with methyl isobutyl ketone.

#### Harmful Effects related to Keto Products

The market is being driven by the favorable characteristics of ketone products, which serve as both nutritional and health supplements. These advantages include improved metabolism, reduced appetite, decreased susceptibility to skin conditions, and support for weight management. However, despite their potential to provide increased energy levels and enhanced endurance, these products often trigger allergic reactions in consumers. Furthermore, excessive reliance on and consumption of keto foods and supplements can lead to unfavorable outcomes for the body. This may include the potential onset of nausea and the formation of toxic ketone bodies, collectively exerting a negative impact on the overall demand for ketone products in the global market.

Moreover, certain products like ketone salts have been linked to adverse health effects in various instances. These effects encompass an elevation in blood pressure, which can have detrimental implications for heart function. This health-related concern introduces a series of challenges that, in turn, impede the market's growth trajectory.



## **Key Market Trends**

### Rising Demand for Ketone-based Medicines

A noteworthy trend observed in the North America Ketone market is the growing demand for ketone compounds within the pharmaceutical sector. Ketones have exhibited potential therapeutic effects, prompting their incorporation into drug development processes. Compounds such as acetoacetate and beta-hydroxybutyrate (BHB) have garnered attention due to their association with ketogenic diets and their potential benefits for conditions such as epilepsy, neurodegenerative diseases, and metabolic disorders. As ongoing research continues to delve into the medicinal properties of ketones, the pharmaceutical industry is experiencing a surge in the request for these compounds.

Furthermore, ketogenic diets, characterized by their low carbohydrate and high-fat consumption, have gained immense popularity in North America. These diets induce a state of ketosis, wherein the body relies on ketones for energy instead of glucose. This trend has led to an increased uptake of ketone supplements and products among health-conscious individuals. In response, the Ketone market has diversified its offerings to meet this demand, including the introduction of exogenous ketone supplements and ketone-enriched food choices. These factors are anticipated to drive the growth of the North America Ketone market during the forecast period.

#### **Growing Industrial Applications**

Ketones, versatile compounds with applications that reach beyond the realms of pharmaceuticals and dietary sectors, are finding utility in various industries such as chemicals, plastics, and cosmetics. These industries are leveraging the distinctive properties of ketones in multiple ways, employing them as solvents, intermediates in chemical synthesis, and constituents in fragrances and flavorings. As these sectors persist in their pursuit of innovation and the search for environmentally responsible alternatives, ketones are emerging as viable choices due to their multifaceted functionality.

Moreover, in the North American region, the production of ketones is undergoing advancements in methodologies. Traditional approaches to ketone synthesis are being augmented by novel techniques designed to enhance efficiency, reduce environmental impacts, and yield higher outputs. In an era where sustainability holds significant



importance, manufacturers are delving into green chemistry methods for ketone production, thereby contributing to both cost-effectiveness and eco-friendliness.

### Research and Development Proposals

Research and development initiatives play a pivotal role in steering the trends within the Ketone market. Ongoing investigations are uncovering fresh applications for ketones, delving into their potential in areas such as cognitive enhancement, athletic performance, and metabolic health. The collaboration between academic institutions, research entities, and industry stakeholders is molding the landscape of products and solutions based on ketones.

Furthermore, ketones have made their foray into the food and beverage sector, not solely as constituents of ketogenic diets but also as enhancers of flavor and functional ingredients. Ketone esters and ketone salts are being integrated into a spectrum of products that encompass energy drinks, sports supplements, and even alcoholic beverages. The market is witnessing a surge of innovative offerings designed to cater to consumers seeking both enhanced flavor and potential performance advantages.

## Segmental Insights

### Form Insights

Based on the category of form insights, the liquid segment is expected to register the highest growth of 5.01% during the forecast period 2024-2028. Ketones are renowned for their association with ketogenic diets, which have garnered popularity due to their potential advantages in weight management, enhanced cognitive function, and sustained energy levels. Liquid ketone supplements provide a convenient and effective means for individuals to incorporate ketones into their dietary regimen, potentially aiding in achieving and sustaining a state of ketosis. Athletes and fitness enthusiasts are increasingly embracing exogenous ketone supplements in liquid form to potentially elevate their performance levels. Some research suggests that exogenous ketones may serve as an alternative fuel source during endurance activities, leading to improved stamina and reduced fatigue. The ease of using liquid formulations allows athletes to conveniently consume these supplements before or during their workout sessions.

Another burgeoning area that propels the demand for liquid ketones is cognitive enhancement. Some studies propose that ketones, particularly beta-hydroxybutyrate (BHB), may possess neuroprotective properties and enhance cognitive function. As



individuals seek methods to support brain health and optimize cognitive performance, liquid ketone supplements emerge as an attractive choice.

Beyond the realm of health and wellness, the appeal of liquid ketones extends to various industrial applications. Ketones, notably acetone and methyl ethyl ketone (MEK), serve as valuable solvents and intermediates in industries such as chemicals, plastics, pharmaceuticals, and more. The liquid form of ketones offers convenience in handling and integration within industrial processes.

## Type Insights

Based on the type, the bio-ketones are expected to register the highest growth of 5.32% during the forecast period, 2024-2028. Bio-ketones play a crucial role as valuable raw materials for the manufacture of renewable chemicals and materials. They find application in the production of bioplastics, eco-friendly solvents, and other products derived from bio sources. This demand aligns harmoniously with the burgeoning trend towards sustainable materials that aim to diminish reliance on fossil fuels and reduce the overall carbon footprint.

Furthermore, bio-ketones hold potential in the realm of clean energy technologies. They can serve as intermediates in the manufacturing of biofuels, contributing to the advancement of cleaner and more sustainable alternatives to conventional fossil fuels. Bio-ketones can undergo various chemical processes to be converted into advanced biofuels.

## Supplement Type Insights

Based on the supplement type, the ketone esters are expected to register the highest growth of 5.42% during the forecast period, 2024-2028. In recent years, there has been a notable surge in the popularity of ketogenic diets, which prioritize low-carbohydrate and high-fat intake to induce a state of ketosis. Ketone ester supplements have emerged as an efficient method to raise blood ketone levels, thereby expediting and deepening the ketosis process. Many individuals adhering to a ketogenic diet opts for ketone ester supplements to augment their capacity for burning fat and enhance the overall effectiveness of their dietary regimen.

Moreover, athletes and fitness enthusiasts are increasingly venturing into the realm of ketone ester supplements to potentially enhance their exercise performance. Ketones offer an alternative energy source to glucose, and utilizing ketones as a fuel source may



postpone the onset of fatigue during prolonged physical exertion. This heightened interest in ketone esters stems from their potential to improve endurance, stamina, and post-exercise recovery.

## Application Insights

Based on the application, the pharmaceuticals are expected to register the highest growth of 5.61% during the forecast period, 2024-2028. Ketones have attracted considerable attention due to their potential role in the treatment of neurological disorders, particularly epilepsy and neurodegenerative conditions such as Alzheimer's and Parkinson's disease. The ketogenic diet, designed to induce a state of ketosis, has been examined as an adjunct therapy for epilepsy and has displayed promising results in reducing the frequency of seizures. Ongoing research endeavors aim to unravel the mechanisms by which ketones might offer neuroprotective effects and promote overall brain health.

Furthermore, specific ketones, notably medium-chain fatty acids like caprylic acid and decanoic acid, have exhibited antimicrobial properties. These ketones are currently under investigation for their potential to combat various infections caused by bacteria, fungi, and viruses. Within the pharmaceutical industry, there is a concerted effort to formulate products containing ketones, with the objective of developing innovative antimicrobial agents capable of addressing antibiotic-resistant pathogens.

## Regional Insights

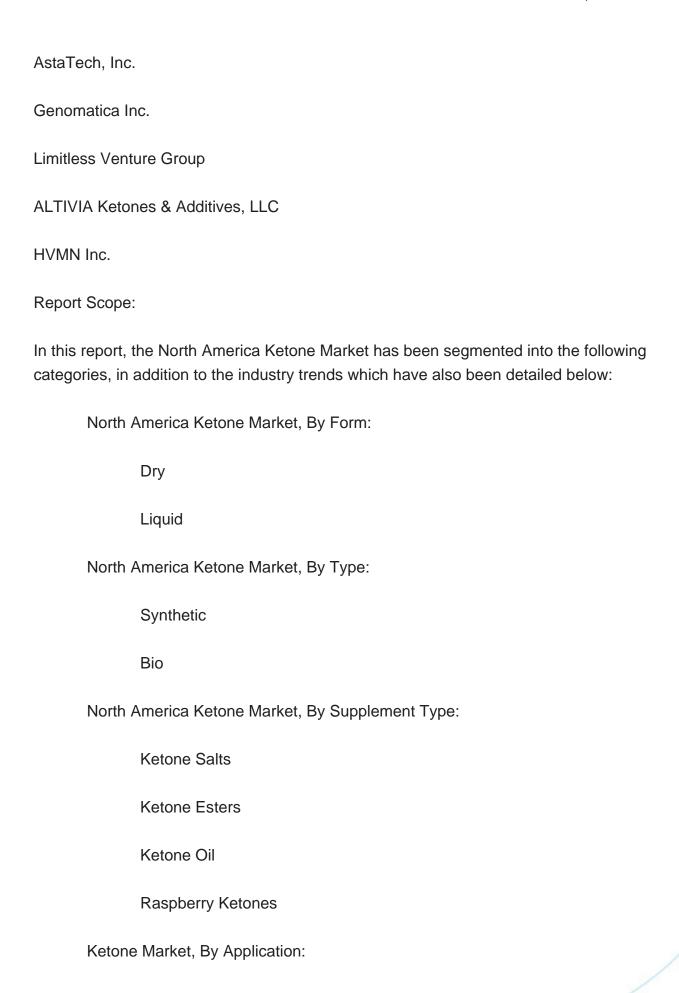
United States will witness fastest growth during the forecast period, 2024-2028. This can be attributed to the extensive adoption of a natural ketone diet in the area, propelled by a combination of regulatory measures and market dynamics. Additionally, the utilization of ketone supplements is on the upswing in the region, notably in the pharmaceutical sector and the cosmetics and personal care industry. Moreover, there is a growing prevalence of ketone ester usage, especially within the cosmetic and food sectors.

**Key Market Players** 

Eastman Chemicals Co.

Celanese Corporation







Food & Beverage
Pharmaceuticals
Cosmetic & Personal Care Products
Building & Construction
Others
North America Ketone Market, By Country:
United States
Mexico
Canada
Competitive Landscape
Company Profiles: Detailed analysis of the major companies present in the North America Ketone Market.
Available Customizations:
North America Ketone Market report with the given market data, Tech Sci Research offers customizations according to a company's specific needs. The following customization options are available for the report:
Company Information
Detailed analysis and profiling of additional market players (up to five).



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