

Europe Digital Health Market - Industry Size, Share, Trends, Opportunity, and Forecast, 2018-2028 Segmented By Technology (Tele-healthcare (Telecare, Telehealth), mHealth (Wearables, mHealth Apps, Services), Healthcare Analytics, Digital Health Systems (EHR, E-Prescribing Systems)), By Component (Software, Hardware, Services), By Region, By Competition Forecast & Opportunities, 2018-2028F

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# Abstracts

Europe Digital Health Market has valued at USD 32.07 billion in 2022 and is anticipated to project impressive growth in the forecast period with a CAGR of 7.86% through 2028. The Europe Digital Health Market refers to the rapidly growing sector within the healthcare industry that utilizes digital technologies, such as mobile apps, wearable devices, telemedicine, electronic health records (EHRs), and data analytics, to improve the delivery of healthcare services, enhance patient outcomes, and streamline healthcare operations.

Key Market Drivers

**Rising Healthcare Costs** 

The European healthcare landscape is undergoing a significant transformation, and at the heart of this change is the soaring cost of healthcare. With aging populations and an increasing burden of chronic diseases, healthcare expenditure in Europe has surged in recent years. In response to these escalating costs, digital health technologies have



emerged as a powerful and innovative solution. The ever-increasing healthcare costs are putting pressure on governments, insurers, and healthcare providers to seek more cost-effective solutions. Digital health technologies, including telemedicine, remote monitoring, and health apps, offer a way to deliver healthcare services more efficiently. Patients can access care remotely, reducing the need for expensive in-person visits, which ultimately lowers the overall cost of care. Digital health solutions empower individuals to take a more proactive approach to their health. Wearable devices and health apps allow people to monitor vital signs, track their fitness, and manage chronic conditions. By enabling preventive care and early intervention, these technologies can help avoid costly hospitalizations and emergency treatments, which are a significant contributor to rising healthcare costs. Chronic diseases are a major driver of healthcare costs in Europe. Digital health tools such as remote patient monitoring devices enable healthcare providers to keep tabs on patients' health conditions without frequent inperson visits. This not only reduces the strain on healthcare facilities but also allows for earlier identification of health issues, potentially preventing expensive complications. Non-adherence to prescribed medications is a costly problem in healthcare. Digital health apps can send reminders and track medication adherence, ensuring that patients follow their treatment plans. This reduces the chances of disease progression, hospital readmissions, and the associated costs. The administrative burden on healthcare contributes significantly to the overall cost. Electronic health records (EHRs) and other digital health management systems streamline administrative tasks, reduce paperwork, and minimize errors. This enhanced efficiency can result in significant cost savings for healthcare providers and institutions. Telehealth is a prime example of how digital health can provide cost-effective access to healthcare services. Patients can consult with healthcare professionals remotely, reducing the need for physical infrastructure and staff. It also minimizes the indirect costs associated with in-person visits, such as travel and time off work. Many European governments recognize the potential of digital health in curbing healthcare costs. They are actively supporting the adoption of digital health solutions by offering incentives and subsidies to healthcare providers and organizations that embrace these technologies. Digital health generates vast amounts of patient data, which can be harnessed for better decision-making. Analytics and artificial intelligence can be used to identify cost-saving opportunities, optimize resource allocation, and tailor healthcare interventions to individual patient needs.

### Growing Aging Population

Europe is experiencing a demographic shift of unprecedented proportions – a rapidly aging population. As life expectancy increases and birth rates decline, the proportion of elderly citizens in Europe is expanding. While this demographic change poses



challenges to healthcare systems, it also presents opportunities for growth in the digital health sector. Aging is often accompanied by a higher prevalence of chronic diseases and complex health issues. The growing aging population results in a higher demand for healthcare services. Digital health technologies offer innovative solutions to cater to the unique needs of elderly individuals, including remote monitoring, telemedicine, and health management apps. Telehealth and telemedicine have gained significant traction, particularly during the COVID-19 pandemic. These technologies enable elderly patients to consult with healthcare providers from the comfort of their homes, reducing the need for frequent visits to medical facilities. This convenience is particularly valuable for seniors with mobility issues. Digital health solutions, such as wearable devices and remote monitoring systems, allow healthcare professionals to remotely track vital signs, medication adherence, and overall health status. For seniors living independently or in assisted living facilities, this provides peace of mind and allows for timely intervention when health issues arise. Many seniors prefer to age in place, remaining in their homes rather than moving to nursing homes or assisted living facilities. Digital health technologies support this preference by enabling remote care coordination, medication management, and fall detection systems, all of which contribute to safe and independent living. The elderly population often accounts for a significant portion of healthcare expenditures due to their complex healthcare needs. Digital health solutions can help reduce these costs by preventing hospital readmissions, complications, and unnecessary emergency room visits through timely interventions and improved care management. Digital health is not limited to physical health. It also addresses cognitive health and mental wellness. Apps and platforms for brain training, memory enhancement, and mental health support are gaining popularity among seniors, promoting overall well-being. Digital health tools can facilitate communication and coordination between family members and caregivers. Caregivers can remotely monitor the health and safety of their elderly loved ones, receive alerts in case of emergencies, and access resources for caregiving support. Many European governments recognize the potential benefits of digital health for seniors and are investing in initiatives that support its adoption. These initiatives include funding for digital health programs and research to ensure that the aging population benefits from these technologies.

### **Technological Advancements**

In today's rapidly evolving digital landscape, technological advancements are driving innovation across various industries. In healthcare, Europe's digital health market is experiencing unprecedented growth, thanks to a confluence of breakthrough technologies. The ubiquity of smartphones and smart devices has revolutionized healthcare access and delivery. Patients can now use their smartphones to access



health information, monitor vital signs, and even consult with healthcare professionals through telehealth applications. These devices have become an integral part of modern healthcare, providing convenience and real-time data. Wearable health devices, including smartwatches, fitness trackers, and medical-grade wearables, have gained widespread popularity. These devices can continuously monitor various health metrics, such as heart rate, sleep patterns, and physical activity, providing users with valuable insights into their well-being. This real-time data collection empowers individuals to take proactive steps towards better health and enables healthcare professionals to track patient progress remotely. The Internet of Things (IoT) has paved the way for remote patient monitoring systems. These interconnected devices can transmit critical health data securely to healthcare providers, allowing for early intervention and reducing the need for in-person visits. IoT-enabled medical devices, such as blood glucose monitors and blood pressure cuffs, have become essential tools for managing chronic conditions. Al and machine learning algorithms are revolutionizing diagnostics, treatment, and healthcare operations. These technologies can analyze vast amounts of medical data quickly and accurately, aiding in disease detection, treatment planning, and predictive analytics. Al-powered chatbots and virtual health assistants also enhance patient engagement and support. Data security and privacy are paramount in healthcare. Blockchain technology provides a secure and immutable ledger for health records, ensuring the integrity and confidentiality of patient information. European healthcare systems are increasingly adopting blockchain to protect patient data and streamline data sharing between providers. Telemedicine platforms have witnessed tremendous growth, especially during the COVID-19 pandemic. These platforms leverage video conferencing technology to facilitate remote consultations with healthcare providers, making healthcare more accessible and reducing the need for physical visits to healthcare facilities. Technological advancements in 3D printing are revolutionizing healthcare by enabling the production of customized prosthetics, implants, and medical devices. This technology has the potential to reduce costs, improve patient outcomes, and accelerate the development of patient-specific treatments. Health apps and electronic health records (EHRs) are becoming increasingly sophisticated. Patients can use apps to track their health, medication adherence, and manage chronic conditions. EHRs streamline healthcare administration, enabling secure and efficient access to patient data across different healthcare providers.

### Wearable Health Devices

Wearable health devices have emerged as game-changers in the healthcare industry, significantly impacting the way individuals monitor and manage their health. In Europe, these innovative technologies are not only transforming personal wellness but are also



playing a pivotal role in expanding the digital health market. Wearable health devices, such as smartwatches, fitness trackers, and health-specific wearables, empower individuals to take control of their health. These devices enable users to track vital health metrics like heart rate, sleep patterns, steps taken, and even ECG data, fostering a proactive approach to health management. As individuals become more healthconscious, there is a growing demand for wearable devices that seamlessly integrate into their daily lives. One of the key advantages of wearable health devices is their ability to provide continuous, real-time health data. This constant monitoring offers a comprehensive view of an individual's health trends, allowing for early detection of anomalies or changes that may indicate potential health issues. This aspect of continuous monitoring is particularly beneficial for managing chronic conditions, ensuring timely interventions. The rise in chronic diseases, such as diabetes, hypertension, and obesity, presents a significant healthcare challenge in Europe. Wearable health devices play a crucial role in managing these conditions. They allow patients and healthcare providers to track important parameters, facilitating better disease management and reducing the risk of complications. Wearable health devices have the potential to revolutionize remote patient monitoring. Healthcare providers can remotely monitor patients' vital signs, medication adherence, and overall health status. This not only reduces the burden on healthcare facilities but also enables early intervention in case of deteriorating health, potentially preventing costly hospitalizations. Preventive care is a cornerstone of modern healthcare, and wearable devices support this concept by promoting healthy behaviors. These devices encourage users to stay active, maintain a healthy lifestyle, and adhere to wellness goals. Many wearables offer features like guided workouts, nutrition tracking, and stress management, contributing to overall health and well-being. The data generated by wearable health devices is a valuable resource for healthcare professionals and researchers. Advanced analytics and artificial intelligence can process this data to identify trends, risk factors, and personalized treatment options. These insights lead to more effective, tailored healthcare interventions. Wearable health devices facilitate better communication between patients and healthcare providers. Patients can share their device-generated health data with their doctors, allowing for more informed discussions during appointments and enhancing the quality of care. The growing demand for wearable health devices is driving innovation and competition in the market. Companies are continually developing new features and improving existing devices to meet consumers' evolving needs. This market growth fosters an ecosystem of innovation, benefiting both consumers and healthcare providers.

### Key Market Challenges



#### Data Privacy and Security Concerns

Data privacy and security are paramount in healthcare, given the sensitive nature of patient information. Europe's stringent data protection laws, including the General Data Protection Regulation (GDPR), set high standards for safeguarding personal health data. Digital health companies must navigate complex regulatory requirements and invest in robust cybersecurity measures to ensure compliance and maintain public trust.

#### Interoperability Issues

The digital health landscape is a fragmented ecosystem, with numerous platforms, devices, and applications. Ensuring seamless data exchange and interoperability between these systems remains a significant challenge. Lack of standardized data formats and protocols can hinder the sharing of crucial patient information across different healthcare providers and institutions.

### Healthcare Provider Adoption

While digital health solutions offer significant benefits, their adoption by healthcare providers can be slow. Resistance to change, concerns about the impact on traditional healthcare models, and the need for staff training all contribute to the reluctance of some healthcare institutions to fully embrace digital health technologies.

### **Digital Divide**

Despite the growth of digital health, not all segments of the population have equal access to technology or the digital literacy necessary to use these tools effectively. The digital divide can exacerbate health inequalities, as those without access may miss out on the benefits of digital health solutions.

### Key Market Trends

### **Telemedicine Evolution**

Telemedicine is no longer a novelty but an integral part of healthcare delivery. As technology improves, telemedicine is evolving to provide more sophisticated and specialized care. We can expect to see expanded telehealth services in various medical specialties, including mental health, dermatology, and cardiology. Moreover, the integration of telemedicine platforms with electronic health records (EHRs) will



streamline patient care and improve data management.

AI and Machine Learning in Diagnostics

Artificial intelligence (AI) and machine learning are revolutionizing diagnostics. Advanced algorithms can analyze medical images, detect anomalies, and even predict disease progression. In Europe, AI-driven diagnostic tools will become more prevalent, improving accuracy and efficiency in healthcare settings. AI-powered chatbots and virtual assistants will also play a role in patient engagement and support.

### Remote Patient Monitoring Expansion

Remote patient monitoring (RPM) will continue to grow, especially for managing chronic conditions. Wearable devices will become more sophisticated, offering real-time data on vital signs and enabling proactive interventions. RPM will not only enhance patient care but also alleviate the burden on healthcare systems by reducing hospitalizations and emergency room visits.

#### Digital Therapeutics Adoption

Digital therapeutics (DTx) are evidence-based interventions delivered through software to treat, manage, or prevent medical conditions. Europe's digital health market will witness increased adoption of DTx solutions for conditions like diabetes, substance abuse, and mental health disorders. These interventions will be prescribed by healthcare providers and integrated into treatment plans.

### Segmental Insights

### **Technology Insights**

Based on the category of Technology, the mHealth sector captured the largest portion of revenue in 2022, primarily due to the surge in the availability of mobile health applications related to medical, health, and wellness, as well as the expanding user base of smartphones. Furthermore, the widespread adoption of mobile healthcare apps and continuous enhancements in their functionality by manufacturers are significant contributors to this growth. Additionally, the increasing adoption of mobile healthcare apps for various purposes such as disease management, remote patient monitoring, medication tracking, patient follow-up, women's health, fitness, wellness, and personal health records is expected to fuel further expansion in this sector.



On the other hand, the healthcare analytics segment is projected to experience the highest CAGR throughout the forecast period. This growth is driven by the increasing advantages of telehealthcare technology, particularly in non-emergency situations where face-to-face interactions between patients and providers are unnecessary. The rising preference for telehealthcare services among both medical professionals and patients, aimed at enhancing healthcare access in remote areas and reducing the risk of transmitting infectious pathogens through direct contact, is also expected to contribute significantly to the segment's growth.

### **Component Insights**

Based on the category of Component, the services sector secured the largest portion of revenue, primarily due to the increasing demand for various telehealthcare-related services such as maintenance, training, staffing, and resource allocation & optimization. Market players are increasingly emphasizing the provision of these services to maintain their strong market positions, which is expected to stimulate the growth of this segment. Furthermore, the development of electronic health platforms and rising consumer expectations for improved services are also projected to enhance the market share of this segment. The wide range of services offered by key players before and after the installation of telehealthcare components is also expected to expedite the growth of this segment.

On the other hand, the software sector is expected to register the highest CAGR in the coming years. This growth can be attributed to the rapid adoption of software and applications among healthcare institutions, patients, providers, and insurance payers. The increasing availability of software for health management is also expected to contribute to the growth of this segment. The surge in healthcare digitalization, driven by the pandemic, is also anticipated to fuel the growth of this segment. Additionally, improved healthcare IT infrastructure and the rising number of smartphone and internet users in Europe are expected to provide strong support for the rapid expansion of this segment.

### **Regional Insights**

In 2022, Germany led with the highest revenue share at 17.5%, primarily due to the expanding reach of the internet and smartphones, along with a rising number of consumers embracing remote digital health services. Furthermore, factors such as a growing elderly population, evolving lifestyles, an increasing prevalence of chronic



diseases, and the widespread adoption of remote healthcare services contribute significantly to the adoption of digital health solutions in the United Kingdom.

Spain, on the other hand, is poised to exhibit the most rapid growth during the forecast period. This growth can be attributed to the increasing number of startups in the digital health sector in Italy and robust government initiatives aimed at promoting remote healthcare services, driving market expansion within the region. Additionally, manufacturers' collaborations with government entities to invest in the development of patient engagement solutions, remote monitoring platforms, and medical video conferencing systems that facilitate patient-provider connectivity to enhance accessibility, convenience, and continuity of care are further bolstering the robust growth of the regional market.

Key Market Players

Apple Inc

AT&T Corp

AirStrip Technologies Inc

Allscripts Healthcare LLC

Google LLC

Orange SA

Qualcomm Technologies Inc

Softserve Technologies

Samsung Electronics Co Ltd

Siemens Healthcare GmbH

Report Scope:

In this report, the Europe Digital Health Market has been segmented into the following categories, in addition to the industry trends which have also been detailed below:



### Europe Digital Health Market, By Technology:

Tele-healthcare

Tele-care

Telehealth

#### mHealth

Wearables

mHealth Apps

Services

Healthcare Analytics

**Digital Health Systems** 

EHR

**E-Prescribing Systems** 

Europe Digital Health Market, By Component:

Software

Hardware

Services

Europe Digital Health Market, By Region:

Germany

Italy

United Kingdom



France Spain Greece Portugal Bulgaria Finland Croatia

Competitive Landscape

Company Profiles: Detailed analysis of the major companies present in the Europe Digital Health Market.

Available Customizations:

Europe Digital Health market report with the given market data, Tech Sci Research offers customizations according to a company's specific needs. The following customization options are available for the report:

Company Information

Detailed analysis and profiling of additional market players (up to five).



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