

# Health and Wellness Market: Global Market Size, Forecast, Insights, and Competitive Landscape

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## Abstracts

The global health and wellness market is expected to grow at a CAGR of around 3.0% during 2023-2030. This report on global health and wellness market provides holistic understanding of the market along with market sizing, forecast, drivers, challenges, and competitive landscape. The report presents a clear picture of the global health and wellness by categorising the market based on various segments including detailed regional segmentation. Also, detailed profiles of companies operating in the global health and wellness market are provided in this report, which includes company description, business overview, product portfolio, and financial details.

This report provides an in-depth analysis of overall market and its segments. The historic numbers and forecasts are provided for each of the segments and for the countries covered in the report. This report also includes a detailed impact of COVID-19 pandemic on the global health and wellness market.

Apart from the quantitative analysis, the report also provides qualitative analysis, including SWOT analysis, porter's five forces, and value chain of the industry. It also includes descriptive market drivers, opportunities, on-going & future trends, and challenges.

We believe that this report will aid the professionals and industry stakeholders in making informed decision.

Historical & Forecast Period

Base Year: 2022

Historical Period: 2018-2022

Forecast Period: 2023-2030

Market by Product Type:

Functional Foods and Beverages

Beauty and Personal Care Products

Preventive and Personalized Medicinal Products

Others

Market by Functionality:

Nutrition & Weight Management

Heart & Gut Health

Immunity

Bone Health

Skin Health

Others

Market by Region:

Europe

Germany

United Kingdom

France

Italy

Spain

Russia

Netherlands

Rest of Europe

North America

United States

Canada

Asia Pacific

China

Japan

India

South Korea

Australia

Indonesia

Rest of Asia Pacific

Latin America

Mexico

Brazil

Argentina

Rest of Latin America

Middle East & Africa

Saudi Arabia

Turkey

Iran

United Arab Emirates

Rest of Middle East & Africa

Companies Profiled in this report:

Amway Corp.

Bayer AG

Danone

David Lloyd Leisure Ltd.

Fitness First

Herbalife Nutrition Ltd.

Holland & Barrett Retail Limited

L'Oréal SA

Nestlé SA

Procter & Gamble

Unilever

Vitabiotics Ltd.

### Research Methodology:

During the course of the research study, we conducted extensive primary and secondary research on the global health and wellness market. The research commenced with extensive exploration through secondary sources followed by primary research. With these research methods, we were able to estimate the market size, to identify the factors that promote the growth in this market as well as the factors that hamper growth in the market.

Comprehensive primary and secondary methods helped us to identify trends in the market and to project the opportunities that the key players may get during the forecast period. Apart from these approaches, various analytical and statistical approaches were also used during data extraction cleaning, and analysis.

Post secondary & primary research, we conducted expert interviews to validate all the information we collected during the course of the study. So, a blend of these three-way approaches helped us in data triangulation and to provide accurate market scenario in our report.

### Key Highlights of Report:

Overview of global health and wellness market

Analysis of market trends, historical data, market estimates for the base year, and projections of compound annual growth rates (CAGRs) through the forecast period

Profiles of the key companies

SWOT analysis, Porter's five forces, and value chain analysis of global health and wellness market

### Key Questions Answered in the Report:

What will be the global health and wellness market size and the growth rate in the coming year?

What are the main key factors driving the market?

What are the key market trends impacting the growth of the market?

What are the market opportunities and threats in the market?

What industrial trends, drivers and challenges are manipulating its growth?

Which are trending factors influencing the market shares of the top companies?

Who are the key market players in the industry?

What is the degree of competition in the industry?

What is the impact of COVID-19 on the current industry?

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