

# Europe Ketogenic Diet Market: Market Size, Forecast, Insights, and Competitive Landscape

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## Abstracts

The Europe ketogenic diet market is expected to grow at a CAGR of around 5.4% during 2023-2030. This report on Europe ketogenic diet market report provides holistic understanding of the market along with market sizing, forecast, drivers, challenges, and competitive landscape. The report presents a clear picture of the Europe ketogenic diet market by segmenting the market based on product product type, distribution channel and region. Also, detailed profiles of companies operating in the Ketogenic diet market are provided in this report. We believe that this report will aid the professionals and industry stakeholders in making informed decision.

### Market Drivers

Rising Prevalence of Overweight

Obesity Problems

### Market Challenges

Rising Incidence of Side Effects of the Ketogenic Diet

### Historical & Forecast Period

Base Year: 2022

Historical Period: 2018-2022

Forecast Period: 2023-2030

### Market by Product Type

Supplements

Beverages

Snacks

Other Product Types

### Market by Distribution Channel

Supermarkets/Hypermarkets

Pharmacy/Drug Stores

Specialty Stores

Online Retail Stores

Other Distribution Channels

### Market by Region

Germany

UK

France

Italy

Spain

Russia

Netherlands

Poland

Others

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