

Garlic Market Size, Share, Trends, Analysis, and Forecast 2025-2034 | Global Industry Growth, Competitive Landscape, Opportunities, and Challenges

<https://marketpublishers.com/r/GB1DB55887F1EN.html>

Date: May 2025

Pages: 150

Price: US\$ 3,850.00 (Single User License)

ID: GB1DB55887F1EN

Abstracts

Global Garlic Market is valued at USD 21.4 billion in 2025. Further, the market is expected to grow at a CAGR of 5.2% to reach USD 33.8 billion by 2034.

Garlic Market Overview

The Garlic Market has been growing steadily, driven by increasing consumer awareness of its health benefits and its widespread use in culinary applications. Garlic is a staple ingredient in various cuisines worldwide, valued for its strong flavor and medicinal properties. It is rich in antioxidants and has antimicrobial, anti-inflammatory, and immune-boosting properties, making it a popular choice in traditional and functional foods. The growing demand for organic and fresh produce has also contributed to market expansion, with many consumers preferring naturally grown garlic over processed alternatives. Additionally, garlic is widely used in the pharmaceutical and nutraceutical industries due to its potential health benefits, including lowering blood pressure, improving heart health, and boosting immunity. The increasing popularity of plant-based diets has further fueled demand, as garlic serves as a key ingredient in vegan and vegetarian meals. The market is also benefiting from advancements in agricultural techniques that have improved yield, quality, and storage capabilities, allowing for a more stable supply chain and extended shelf life.

In 2024, the Garlic Market has witnessed significant developments, particularly in production and trade. The expansion of garlic farming in key producing countries such as China, India, and the United States has improved global supply, stabilizing prices in

many regions. However, geopolitical trade restrictions and fluctuating export policies have affected garlic imports and exports, creating regional price disparities. Additionally, consumer preferences are shifting towards organic and pesticide-free garlic, prompting farmers to adopt sustainable farming practices and invest in organic certification. The food processing industry has also seen an uptick in demand for dehydrated and powdered garlic, which is widely used in convenience foods, seasoning blends, and fast-food chains. Furthermore, the increasing interest in home cooking and gourmet cuisines has boosted demand for specialty garlic varieties, such as black garlic, which has a milder, sweeter taste and enhanced health benefits. Despite these positive trends, extreme weather conditions and climate change-related disruptions in major garlic-producing regions have posed challenges to stable production and supply.

Looking ahead to 2025 and beyond, the Garlic Market is expected to experience continued growth, driven by increasing global consumption, innovation in garlic-based products, and the expansion of sustainable agricultural practices. Technological advancements in storage and preservation will help reduce post-harvest losses and improve the year-round availability of fresh garlic. Additionally, as consumers become more health-conscious, garlic supplements and extracts will gain popularity, expanding the market beyond the food industry. The rising demand for organic garlic will encourage farmers to shift toward chemical-free cultivation methods, while governments and agricultural bodies will likely introduce policies to support sustainable garlic farming. The continued development of specialty and value-added garlic products, such as fermented garlic, garlic-infused oils, and health supplements, will create new revenue streams for producers and suppliers. Moreover, with the rapid expansion of e-commerce and direct-to-consumer sales channels, garlic farmers and suppliers will have greater access to global markets, further boosting demand. Despite these opportunities, potential challenges such as unpredictable climate conditions and supply chain disruptions will require strategic investments in resilient agricultural infrastructure and logistics.

Key Trends in the Garlic Market

Rising Demand for Organic Garlic: Consumers are increasingly choosing organic, pesticide-free garlic due to growing health concerns, driving demand for chemical-free and sustainable agricultural practices.

Growth of Value-Added Garlic Products: The market is witnessing a rise in specialty garlic products, such as black garlic, garlic-infused oils, and garlic supplements, catering to health-conscious and gourmet consumers.

Expansion of E-Commerce Sales Channels: Online grocery platforms and direct-to-consumer sales are making fresh and processed garlic more accessible, boosting market reach and increasing competition among suppliers.

Increased Use in Functional Foods and Supplements: The rising awareness of garlic's medicinal benefits has led to its incorporation in nutraceuticals, herbal medicines, and fortified food products.

Technological Advancements in Storage and Preservation: Improved post-harvest storage methods and preservation technologies are helping extend garlic's shelf life and ensure year-round availability.

Key Market Drivers

Growing Consumer Awareness of Health Benefits: The increasing recognition of garlic's health benefits, including its immune-boosting and heart-protective properties, is driving demand in both food and pharmaceutical applications.

Expansion of Sustainable Farming Practices: The shift toward organic and eco-friendly garlic cultivation methods is encouraged by consumer demand and government support for sustainable agriculture.

Rising Demand from the Processed Food Industry: The convenience food sector's growing use of dehydrated, powdered, and flavored garlic products is fueling market expansion.

Increasing Popularity of Ethnic and Gourmet Cuisines: As global culinary preferences diversify, demand for garlic as a core ingredient in Asian, Mediterranean, and Latin American cuisines continues to grow.

Key Market Challenge

Climate Change and Weather-Related Disruptions: Unpredictable weather patterns, droughts, and temperature fluctuations in major garlic-producing regions pose challenges to stable production and global supply.

Market Segmentation

By Type

Hardneck Garlic

Softneck Garlic

By Form

Fresh

Dehydrated

Frozen

Preserved Or Canned

By Application

Culinary

Soups

Sauces

And Dressings

Snacks And Convenience Food

Bakery Products

Fast Food Restaurant Chains

Meat And Poultry Products

Other Applications

By Geography

North America (USA, Canada, Mexico)

Europe (Germany, UK, France, Spain, Italy, Rest of Europe)

Asia-Pacific (China, India, Japan, Australia, Vietnam, Rest of APAC)

The Middle East and Africa (Middle East, Africa)

South and Central America (Brazil, Argentina, Rest of SCA)

What You Receive

Global Garlic market size and growth projections (CAGR), 2024- 2034

Impact of recent changes in geopolitical, economic, and trade policies on the demand and supply chain of Garlic.

Garlic market size, share, and outlook across 5 regions and 27 countries, 2025-2034.

Garlic market size, CAGR, and Market Share of key products, applications, and end-user verticals, 2025- 2034.

Short and long-term Garlic market trends, drivers, restraints, and opportunities.

Porter's Five Forces analysis, Technological developments in the Garlic market, Garlic supply chain analysis.

Garlic trade analysis, Garlic market price analysis, Garlic Value Chain Analysis.

Profiles of 5 leading companies in the industry- overview, key strategies, financials, and products.

Latest Garlic market news and developments.

The Garlic Market international scenario is well established in the report with separate chapters on North America Garlic Market, Europe Garlic Market, Asia-Pacific Garlic Market, Middle East and Africa Garlic Market, and South and Central America Garlic Markets. These sections further fragment the regional Garlic market by type,

application, end-user, and country.

Who can benefit from this research

The research would help top management/strategy formulators/business/product development/sales managers and investors in this market in the following ways

1. The report provides 2024 Garlic market sales data at the global, regional, and key country levels with a detailed outlook to 2034, allowing companies to calculate their market share and analyze prospects, uncover new markets, and plan market entry strategy.
2. The research includes the Garlic market split into different types and applications. This segmentation helps managers plan their products and budgets based on the future growth rates of each segment
3. The Garlic market study helps stakeholders understand the breadth and stance of the market giving them information on key drivers, restraints, challenges, and growth opportunities of the market and mitigating risks
4. This report would help top management understand competition better with a detailed SWOT analysis and key strategies of their competitors, and plan their position in the business
5. The study assists investors in analyzing Garlic business prospects by region, key countries, and top companies' information to channel their investments.

Available Customizations

The standard syndicate report is designed to serve the common interests of Garlic Market players across the value chain and include selective data and analysis from entire research findings as per the scope and price of the publication.

However, to precisely match the specific research requirements of individual clients, we offer several customization options to include the data and analysis of interest in the final deliverable.

Some of the customization requests are as mentioned below –

Segmentation of choice – Our clients can seek customization to modify/add a market division for types/applications/end-uses/processes of their choice.

Garlic Pricing and Margins Across the Supply Chain, Garlic Price Analysis / International Trade Data / Import-Export Analysis

Supply Chain Analysis, Supply–Demand Gap Analysis, PESTLE Analysis, Macro-Economic Analysis, and other Garlic market analytics

Processing and manufacturing requirements, Patent Analysis, Technology Trends, and Product Innovations

Further, the client can seek customization to break down geographies as per their requirements for specific countries/country groups such as South East Asia, Central Asia, Emerging and Developing Asia, Western Europe, Eastern Europe, Benelux, Emerging and Developing Europe, Nordic countries, North Africa, Sub-Saharan Africa, Caribbean, The Middle East and North Africa (MENA), Gulf Cooperation Council (GCC) or any other.

Capital Requirements, Income Projections, Profit Forecasts, and other parameters to prepare a detailed project report to present to Banks/Investment Agencies.

Customization of up to 10% of the content can be done without any additional charges.

Note: Latest developments will be updated in the report and delivered within 2 to 3 working days.

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