

Global Weight Training Benches Market Growth 2025-2031

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Abstracts

The global Weight Training Benches market size is predicted to grow from US\$ million in 2025 to US\$ million in 2031; it is expected to grow at a CAGR of % from 2025 to 2031.

The impact of the latest U.S. tariff measures and the corresponding policy responses from countries worldwide on market competitiveness, regional economic performance, and supply chain configurations will be comprehensively evaluated in this report.

Weight training benches are designed to lift weights and provide leverage and balance for an array of exercises. It may be of various designs, which includes fixed horizontal, fixed inclined, fixed in a folded position, with adjustable portion, and with racks to hold bars and weights. These benches facilitate training and exercising at specific angle and aids in reducing the risk of injury.

United States market for Weight Training Benches is estimated to increase from US\$ million in 2024 to US\$ million by 2031, at a CAGR of % from 2025 through 2031.

China market for Weight Training Benches is estimated to increase from US\$ million in 2024 to US\$ million by 2031, at a CAGR of % from 2025 through 2031.

Europe market for Weight Training Benches is estimated to increase from US\$ million in 2024 to US\$ million by 2031, at a CAGR of % from 2025 through 2031.

Global key Weight Training Benches players cover Icon Health & Fitness, Inc., Brunswick Corporation, Johnson Health Tech Co. Ltd., Technogym S.p.A, Keiser Corporation, etc. In terms of revenue, the global two largest companies occupied for a

share nearly % in 2024.

LP Information, Inc. (LPI) ' newest research report, the “Weight Training Benches Industry Forecast” looks at past sales and reviews total world Weight Training Benches sales in 2024, providing a comprehensive analysis by region and market sector of projected Weight Training Benches sales for 2025 through 2031. With Weight Training Benches sales broken down by region, market sector and sub-sector, this report provides a detailed analysis in US\$ millions of the world Weight Training Benches industry.

This Insight Report provides a comprehensive analysis of the global Weight Training Benches landscape and highlights key trends related to product segmentation, company formation, revenue, and market share, latest development, and M&A activity. This report also analyzes the strategies of leading global companies with a focus on Weight Training Benches portfolios and capabilities, market entry strategies, market positions, and geographic footprints, to better understand these firms' unique position in an accelerating global Weight Training Benches market.

This Insight Report evaluates the key market trends, drivers, and affecting factors shaping the global outlook for Weight Training Benches and breaks down the forecast by Type, by Application, geography, and market size to highlight emerging pockets of opportunity. With a transparent methodology based on hundreds of bottom-up qualitative and quantitative market inputs, this study forecast offers a highly nuanced view of the current state and future trajectory in the global Weight Training Benches.

This report presents a comprehensive overview, market shares, and growth opportunities of Weight Training Benches market by product type, application, key manufacturers and key regions and countries.

Segmentation by Type:

Flat Weight Benches

Adjustable Weight Benches

Olympic Weight Benches

Folding Weight Benches

Abdominal Weight Benches

Others

Segmentation by Application:

Residential

Commercial

Public Institutions

Hospitals & Medical Centers

Others

This report also splits the market by region:

Americas

United States

Canada

Mexico

Brazil

APAC

China

Japan

Korea

Southeast Asia

India

Australia

Europe

Germany

France

UK

Italy

Russia

Middle East & Africa

Egypt

South Africa

Israel

Turkey

GCC Countries

The below companies that are profiled have been selected based on inputs gathered from primary experts and analysing the company's coverage, product portfolio, its market penetration.

Icon Health & Fitness, Inc.

Brunswick Corporation

Johnson Health Tech Co. Ltd.

Technogym S.p.A

Keiser Corporation

Amer Sports Corporation

Nautilus, Inc.

Tunturi New Fitness

SALTER

Core Health and Fitness LLC

True Fitness Technology, Inc.

Panatta srl

Impulse (Qingdao) Health Tech Co. Ltd.

Torque Fitness LLC

Telju Fitness

Matrix Fitness

HOIST Fitness

Key Questions Addressed in this Report

What is the 10-year outlook for the global Weight Training Benches market?
What factors are driving Weight Training Benches market growth, globally and by region?
Which technologies are poised for the fastest growth by market and region?
How do Weight Training Benches market opportunities vary by end market size?
How does Weight Training Benches break out by Type, by Application?

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