

# Global Thioctic Acid (Alpha Lipoic Acid) (ALA) Market Growth 2025-2031

<https://marketpublishers.com/r/G97ABB6387AEN.html>

Date: March 2025

Pages: 102

Price: US\$ 3,660.00 (Single User License)

ID: G97ABB6387AEN

## Abstracts

The report requires updating with new data and is sent in 48 hours after order is placed.

The global Thioctic Acid (Alpha Lipoic Acid) (ALA) market size is predicted to grow from US\$ 181 million in 2025 to US\$ 233 million in 2031; it is expected to grow at a CAGR of 4.3% from 2025 to 2031.

Lipoic acid is a vitamin-like compound found in a slightly yellow crystalline powder form. It can be synthetically produced in laboratories for medical use, but is found naturally in abundance in foods such as yeast, liver, kidney, broccoli, spinach and potatoes. Lipoic Acid can be divided into ?- Lipoic Acid (Alpha Lipoic Acid), R- Lipoic Acid and S- Lipoic Acid. Common commercially available lipoic acid are alpha lipoic acid, so in the report, the volume of lipoic acid is calculated by alpha lipoic acid.

Global Thioctic Acid (Alpha Lipoic Acid) (ALA) main players are Tonghe, Shyndec, Fushilai Pharmaceutical, Maidesen, Taike Biological, etc. Global top five manufacturers hold a share over 85%. China is the largest market, with a share over 90%.

### Market drivers of lipoic acid

The growth of the lipoic acid market is driven by multiple factors:

**Increasing health awareness:** As people's health awareness continues to improve, more and more people are beginning to pay attention to health products and nutritional supplements. As a substance with multiple health benefits, lipoic acid has received widespread attention.

Rising incidence of diabetes: Rapid changes in lifestyle, race, high-energy diet, lack of exercise, obesity, etc. are the main reasons for the rising incidence of diabetes. As one of the best health products for the treatment of type 2 diabetes, lipoic acid can improve insulin resistance and nerve damage caused by diabetes treatment, so the market demand continues to increase.

Increased demand for anti-aging: Lipoic acid has significant antioxidant properties, can eliminate free radicals, protect cells from oxidative stress, and thus has an anti-aging effect. As people's demand for beauty and anti-aging continues to increase, the market demand for lipoic acid is also growing.

Fitness and sports supplement market: The increasing demand for additional food supplements based on lipoic acid among young people and fitness enthusiasts has driven the growth of the lipoic acid market. Lipoic acid can improve the body's ability to increase muscle and reduce fat, and increase energy metabolism rate, so it is favored by fitness people.

In summary, the growth of the lipoic acid market is mainly driven by increased health awareness, rising incidence of diabetes, increased demand for anti-aging, and demand in the fitness and sports supplement market.

LP Information, Inc. (LPI) ' newest research report, the "Thioctic Acid (Alpha Lipoic Acid) (ALA) Industry Forecast" looks at past sales and reviews total world Thioctic Acid (Alpha Lipoic Acid) (ALA) sales in 2024, providing a comprehensive analysis by region and market sector of projected Thioctic Acid (Alpha Lipoic Acid) (ALA) sales for 2025 through 2031. With Thioctic Acid (Alpha Lipoic Acid) (ALA) sales broken down by region, market sector and sub-sector, this report provides a detailed analysis in US\$ millions of the world Thioctic Acid (Alpha Lipoic Acid) (ALA) industry.

This Insight Report provides a comprehensive analysis of the global Thioctic Acid (Alpha Lipoic Acid) (ALA) landscape and highlights key trends related to product segmentation, company formation, revenue, and market share, latest development, and M&A activity. This report also analyzes the strategies of leading global companies with a focus on Thioctic Acid (Alpha Lipoic Acid) (ALA) portfolios and capabilities, market entry strategies, market positions, and geographic footprints, to better understand these firms' unique position in an accelerating global Thioctic Acid (Alpha Lipoic Acid) (ALA) market.

This Insight Report evaluates the key market trends, drivers, and affecting factors

shaping the global outlook for Thioctic Acid (Alpha Lipoic Acid) (ALA) and breaks down the forecast by Type, by Application, geography, and market size to highlight emerging pockets of opportunity. With a transparent methodology based on hundreds of bottom-up qualitative and quantitative market inputs, this study forecast offers a highly nuanced view of the current state and future trajectory in the global Thioctic Acid (Alpha Lipoic Acid) (ALA).

This report presents a comprehensive overview, market shares, and growth opportunities of Thioctic Acid (Alpha Lipoic Acid) (ALA) market by product type, application, key manufacturers and key regions and countries.

#### Segmentation by Type:

Medical Grade

Food Grade

#### Segmentation by Application:

Health Care

Pharmaceutical

Others

This report also splits the market by region:

Americas

United States

Canada

Mexico

Brazil

## APAC

China

Japan

Korea

Southeast Asia

India

Australia

## Europe

Germany

France

UK

Italy

Russia

## Middle East & Africa

Egypt

South Africa

Israel

Turkey

GCC Countries

The below companies that are profiled have been selected based on inputs gathered from primary experts and analysing the company's coverage, product portfolio, its market penetration.

Tonghe

Shyndec

Suzhou Fushilai Pharmaceutical Co., Ltd.

Maidesen

Taike Biological

DKY Technology

Haoxiang Bio

Infra Group

### Key Questions Addressed in this Report

What is the 10-year outlook for the global Thioctic Acid (Alpha Lipoic Acid) (ALA) market?

What factors are driving Thioctic Acid (Alpha Lipoic Acid) (ALA) market growth, globally and by region?

Which technologies are poised for the fastest growth by market and region?

How do Thioctic Acid (Alpha Lipoic Acid) (ALA) market opportunities vary by end market size?

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