

Global Post-workout Supplements Market Growth 2024-2030

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Abstracts

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While pre-workouts are an energy boost and help with endurance to make workouts last longer, many post-workouts aid in muscular recovery and muscle building. Some post-workout supplements include glutamine, BCAAs, and casein protein. They help muscles recover and can increase muscle synthesis.

The global Post-workout Supplements market size is projected to grow from US\$ 70 million in 2023 to US\$ 110.5 million in 2030; it is expected to grow at a CAGR of 6.6% from 2024 to 2030.

LP Information, Inc. (LPI) ' newest research report, the "Post-workout Supplements Industry Forecast" looks at past sales and reviews total world Post-workout Supplements sales in 2023, providing a comprehensive analysis by region and market sector of projected Post-workout Supplements sales for 2024 through 2030. With Post-workout Supplements sales broken down by region, market sector and sub-sector, this report provides a detailed analysis in US\$ millions of the world Post-workout Supplements industry.

This Insight Report provides a comprehensive analysis of the global Post-workout Supplements landscape and highlights key trends related to product segmentation, company formation, revenue, and market share, latest development, and M&A activity. This report also analyzes the strategies of leading global companies with a focus on Post-workout Supplements portfolios and capabilities, market entry strategies, market positions, and geographic footprints, to better understand these firms' unique position in an accelerating global Post-workout Supplements market.

This Insight Report evaluates the key market trends, drivers, and affecting factors shaping the global outlook for Post-workout Supplements and breaks down the forecast by Type, by Application, geography, and market size to highlight emerging pockets of opportunity. With a transparent methodology based on hundreds of bottom-up qualitative and quantitative market inputs, this study forecast offers a highly nuanced view of the current state and future trajectory in the global Post-workout Supplements.

According to public information, in 2022, there were about 1.2 billion obesity cases worldwide, among them, the number of obesity cases in China reached 230 million. Wellness & Health Research Center, the global sports economy was valued at 750 billion in 2022, 92% of global spending on physical activity occurs in Asia Pacific, North America and Europe. And China and the United States accounted for 44% of total sports spending.

This report presents a comprehensive overview, market shares, and growth opportunities of Post-workout Supplements market by product type, application, key manufacturers and key regions and countries.

Segmentation by type

Protein Supplement

Creatine Supplements

Electrolyte Supplement

Other

Segmentation by application

Online Sales

Offline Sales

This report also splits the market by region:

Americas

United States

Canada

Mexico

Brazil

APAC

China

Japan

Korea

Southeast Asia

India

Australia

Europe

Germany

France

UK

Italy

Russia

Middle East & Africa

Egypt

South Africa

Israel

Turkey

GCC Countries

The below companies that are profiled have been selected based on inputs gathered from primary experts and analyzing the company's coverage, product portfolio, its market penetration.

Aegle Nutrition

Anway

Boom

By-Health

Clif Bar

Clinova

Coca Cola Company

EN-R-G

GU Energy Labs

HIGH5

KODA Nutrition

MET-rx

Nutrition Works

Nuun

Powerbar?Nestl??

Science In Sport

SuperDosing

Key Questions Addressed in this Report

What is the 10-year outlook for the global Post-workout Supplements market?

What factors are driving Post-workout Supplements market growth, globally and by region?

Which technologies are poised for the fastest growth by market and region?

How do Post-workout Supplements market opportunities vary by end market size?

How does Post-workout Supplements break out type, application?

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