

Global Personal Meal Delivery Market Growth (Status and Outlook) 2026-2032

<https://marketpublishers.com/r/G87353B855B8EN.html>

Date: July 2026

Pages: 154

Price: US\$ 3,660.00 (Single User License)

ID: G87353B855B8EN

Abstracts

The global Personal Meal Delivery market size is predicted to grow from US\$ 3527 million in 2025 to US\$ 7483 million in 2032; it is expected to grow at a CAGR of 11.3% from 2026 to 2032.

Personal Meal Delivery refers to a service that delivers single-portion meals to individual consumers, typically designed for one person. It includes ready-to-eat meals, meal kits, and healthy food options, focusing on convenience, balanced nutrition, and personalization, and is widely used by single households and busy urban consumers.

Personal Meal Delivery is evolving toward greater personalization and intelligence, offering customized meals based on individual taste preferences and nutritional needs such as weight loss, muscle gain, and glucose control. Demand for healthy and functional foods, including low-calorie, low-fat, and high-protein options, continues to grow. The industry is increasingly integrating with prepared and semi-prepared food solutions to improve efficiency and reduce costs, while leveraging AI and data analytics for precise recommendations and demand forecasting. On the supply chain side, cold chain logistics and last-mile delivery are being optimized to ensure food quality, alongside a shift toward eco-friendly packaging to reduce plastic waste. Meanwhile, application scenarios are expanding beyond home use to offices, fitness, and healthcare settings.

LPI (LP Information)' newest research report, the "Personal Meal Delivery Industry Forecast" looks at past sales and reviews total world Personal Meal Delivery sales in 2025, providing a comprehensive analysis by region and market sector of projected Personal Meal Delivery sales for 2026 through 2032. With Personal Meal Delivery sales broken down by region, market sector and sub-sector, this report provides a detailed

analysis in US\$ millions of the world Personal Meal Delivery industry.

This Insight Report provides a comprehensive analysis of the global Personal Meal Delivery landscape and highlights key trends related to product segmentation, company formation, revenue, and market share, latest development, and M&A activity. This report also analyses the strategies of leading global companies with a focus on Personal Meal Delivery portfolios and capabilities, market entry strategies, market positions, and geographic footprints, to better understand these firms' unique position in an accelerating global Personal Meal Delivery market.

This Insight Report evaluates the key market trends, drivers, and affecting factors shaping the global outlook for Personal Meal Delivery and breaks down the forecast by Type, by Application, geography, and market size to highlight emerging pockets of opportunity. With a transparent methodology based on hundreds of bottom-up qualitative and quantitative market inputs, this study forecast offers a highly nuanced view of the current state and future trajectory in the global Personal Meal Delivery.

This report presents a comprehensive overview, market shares, and growth opportunities of Personal Meal Delivery market by product type, application, key players and key regions and countries.

Segmentation by Type:

Individual serving

Multi-serving

Segmentation by Time:

On-demand Delivery

Scheduled Delivery

Subscription-based Delivery

Segmentation by Application:

Dining at Home

Dining at the Workplace

Others

This report also splits the market by region:

Americas

United States

Canada

Mexico

Brazil

APAC

China

Japan

Korea

Southeast Asia

India

Australia

Europe

Germany

France

UK

Italy

Russia

Middle East & Africa

Egypt

South Africa

Israel

Turkey

GCC Countries

The below companies that are profiled have been selected based on inputs gathered from primary experts and analyzing the company's coverage, product portfolio, its market penetration.

HelloFresh

Blue Apron

Home Chef

Freshly

Factor

CookUnity

Purple Carrot

Hungryroot

Daily Harvest

Sakara Life

Gousto

Mindful Chef

Marley Spoon

Dinnerly

EveryPlate

Sun Basket

Muscle Deli

CJ Freshway Meal

Samsung Welstory

7-Eleven Japan Meal Service

Hema Fresh

Dingdong Maicai

Meituan Maicai

Ele.me

Missfresh

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