

Global Meal Plan Generator Market Growth (Status and Outlook) 2026-2032

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Abstracts

The global Meal Plan Generator market size is predicted to grow from US\$ 340 million in 2025 to US\$ 624 million in 2032; it is expected to grow at a CAGR of 9.2% from 2026 to 2032.

A Meal Plan Generator is a tool or software application that is designed to create customized meal plans for individuals or groups. It takes into account various factors such as dietary preferences (e.g., vegetarian, vegan, pescatarian, omnivore), nutritional requirements (such as specific calorie intake, macronutrient ratios like carbohydrates, proteins, and fats, and micronutrient needs like vitamins and minerals), food allergies and intolerances (e.g., gluten - free, dairy - free, nut - free), and lifestyle considerations (such as an active lifestyle requiring more energy or a sedentary one needing fewer calories). The generator typically has a database of a wide range of food items and their nutritional profiles. It uses algorithms to combine different foods in appropriate quantities and varieties to form daily or weekly meal plans.

United States market for Meal Plan Generator is estimated to increase from US\$ million in 2025 to US\$ million by 2032, at a CAGR of % from 2026 through 2032.

China market for Meal Plan Generator is estimated to increase from US\$ million in 2025 to US\$ million by 2032, at a CAGR of % from 2026 through 2032.

Europe market for Meal Plan Generator is estimated to increase from US\$ million in 2025 to US\$ million by 2032, at a CAGR of % from 2026 through 2032.

Global key Meal Plan Generator players cover Noom, MyFitnessPal, Yazio, Evolution Nutrition, Lasta, etc. In terms of revenue, the global two largest companies occupied for

a share nearly % in 2025.

LPI (LP Information)' newest research report, the 'Meal Plan Generator Industry Forecast' looks at past sales and reviews total world Meal Plan Generator sales in 2025, providing a comprehensive analysis by region and market sector of projected Meal Plan Generator sales for 2026 through 2032. With Meal Plan Generator sales broken down by region, market sector and sub-sector, this report provides a detailed analysis in US\$ millions of the world Meal Plan Generator industry.

This Insight Report provides a comprehensive analysis of the global Meal Plan Generator landscape and highlights key trends related to product segmentation, company formation, revenue, and market share, latest development, and M&A activity. This report also analyses the strategies of leading global companies with a focus on Meal Plan Generator portfolios and capabilities, market entry strategies, market positions, and geographic footprints, to better understand these firms' unique position in an accelerating global Meal Plan Generator market.

This Insight Report evaluates the key market trends, drivers, and affecting factors shaping the global outlook for Meal Plan Generator and breaks down the forecast by Type, by Application, geography, and market size to highlight emerging pockets of opportunity. With a transparent methodology based on hundreds of bottom-up qualitative and quantitative market inputs, this study forecast offers a highly nuanced view of the current state and future trajectory in the global Meal Plan Generator.

This report presents a comprehensive overview, market shares, and growth opportunities of Meal Plan Generator market by product type, application, key players and key regions and countries.

Segmentation by Type:

Android

iOS

Segmentation by Application:

Personal Use

Professional Use

This report also splits the market by region:

Americas

United States

Canada

Mexico

Brazil

APAC

China

Japan

Korea

Southeast Asia

India

Australia

Europe

Germany

France

UK

Italy

Russia

Middle East & Africa

Egypt

South Africa

Israel

Turkey

GCC Countries

The below companies that are profiled have been selected based on inputs gathered from primary experts and analyzing the company's coverage, product portfolio, its market penetration.

Noom

MyFitnessPal

Yazio

Evolution Nutrition

Lasta

Eat This Much

My Diet Meal Plan

DietPlanner

Strongr Fastr

Prospre

That Clean Life

AutoMealPlanner

Jordo's World

Plan to Eat

Mealime

Meta Nutrition

Foodzilla

Swole.me

MealBoard

NutritIO

Ultimate Meal Plans

Real Plans

Mealvana

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