

Global Individual Relationship Counselling Market Growth (Status and Outlook) 2025-2031

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Abstracts

According to this study, the global Individual Relationship Counselling market size will reach US\$ 26515 million by 2031.

Individual relationship counseling is a form of psychological counseling that focuses on helping individuals explore, understand, and improve their relationship dynamics with other people, such as their partners, family members, friends, or colleagues. Despite the name, the counseling process is centered on the individual, rather than a joint effort between two or more parties.

United States market for Individual Relationship Counselling is estimated to increase from US\$ million in 2024 to US\$ million by 2031, at a CAGR of % from 2025 through 2031.

China market for Individual Relationship Counselling is estimated to increase from US\$ million in 2024 to US\$ million by 2031, at a CAGR of % from 2025 through 2031.

Europe market for Individual Relationship Counselling is estimated to increase from US\$ million in 2024 to US\$ million by 2031, at a CAGR of % from 2025 through 2031.

Global key Individual Relationship Counselling players cover Talkspace, betterhelp, ReSource Counselling Service, Kena Health, Fettle, etc. In terms of revenue, the global two largest companies occupied for a share nearly % in 2024.

LPI (LP Information)' newest research report, the "Individual Relationship Counselling Industry Forecast" looks at past sales and reviews total world Individual Relationship Counselling sales in 2024, providing a comprehensive analysis by region and market

sector of projected Individual Relationship Counselling sales for 2025 through 2031. With Individual Relationship Counselling sales broken down by region, market sector and sub-sector, this report provides a detailed analysis in US\$ millions of the world Individual Relationship Counselling industry.

This Insight Report provides a comprehensive analysis of the global Individual Relationship Counselling landscape and highlights key trends related to product segmentation, company formation, revenue, and market share, latest development, and M&A activity. This report also analyses the strategies of leading global companies with a focus on Individual Relationship Counselling portfolios and capabilities, market entry strategies, market positions, and geographic footprints, to better understand these firms' unique position in an accelerating global Individual Relationship Counselling market.

This Insight Report evaluates the key market trends, drivers, and affecting factors shaping the global outlook for Individual Relationship Counselling and breaks down the forecast by Type, by Application, geography, and market size to highlight emerging pockets of opportunity. With a transparent methodology based on hundreds of bottom-up qualitative and quantitative market inputs, this study forecast offers a highly nuanced view of the current state and future trajectory in the global Individual Relationship Counselling.

This report presents a comprehensive overview, market shares, and growth opportunities of Individual Relationship Counselling market by product type, application, key players and key regions and countries.

Segmentation by Type:

Pay Per Visit

Pay Per Time

Segmentation by Application:

Marriage and Intimate Relationships

Family Relationships

Workplace and Social Relationships

Others

This report also splits the market by region:

Americas

United States

Canada

Mexico

Brazil

APAC

China

Japan

Korea

Southeast Asia

India

Australia

Europe

Germany

France

UK

Italy

Russia

Middle East & Africa

Egypt

South Africa

Israel

Turkey

GCC Countries

The below companies that are profiled have been selected based on inputs gathered from primary experts and analyzing the company's coverage, product portfolio, its market penetration.

Talkspace

betterhelp

ReSource Counselling Service

Kena Health

Fettle

Makin Wellness

TalktoAngel

Thriveworks

Synergy eTherapy

7 Cups

Renewing Life Center

Cigna

Rula

Guangzhou Heart Network Technology

Simple Psychology (Beijing) Technology

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Figure 80. GCC Countries Individual Relationship Counselling Market Size 2026-2031 (\$ millions)

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