

# Global Health and Fitness Club Market Growth (Status and Outlook) 2024-2030

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## Abstracts

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A Health and Fitness Club is a facility dedicated to promoting physical wellness and overall health through various fitness and recreational activities. Typically, such a club offers a range of services including gym equipment, group exercise classes, personal training, and wellness programs. Members can engage in activities like weight training, cardio workouts, yoga, and swimming, all aimed at improving cardiovascular health, strength, flexibility, and overall fitness. Beyond exercise, these clubs often provide additional amenities such as nutritional counseling, wellness workshops, and relaxation areas to support a holistic approach to health. The goal of a Health and Fitness Club is to foster a supportive environment where individuals can pursue their fitness goals, enhance their well-being, and maintain a balanced lifestyle.

The global Health and Fitness Club market size is projected to grow from US\$ million in 2024 to US\$ million in 2030; it is expected to grow at a CAGR of % from 2024 to 2030.

LPI (LP Information)' newest research report, the "Health and Fitness Club Industry Forecast" looks at past sales and reviews total world Health and Fitness Club sales in 2022, providing a comprehensive analysis by region and market sector of projected Health and Fitness Club sales for 2023 through 2029. With Health and Fitness Club sales broken down by region, market sector and sub-sector, this report provides a detailed analysis in US\$ millions of the world Health and Fitness Club industry.

This Insight Report provides a comprehensive analysis of the global Health and Fitness Club landscape and highlights key trends related to product segmentation, company formation, revenue, and market share, latest development, and M&A activity. This report

also analyses the strategies of leading global companies with a focus on Health and Fitness Club portfolios and capabilities, market entry strategies, market positions, and geographic footprints, to better understand these firms' unique position in an accelerating global Health and Fitness Club market.

This Insight Report evaluates the key market trends, drivers, and affecting factors shaping the global outlook for Health and Fitness Club and breaks down the forecast by Type, by Application, geography, and market size to highlight emerging pockets of opportunity. With a transparent methodology based on hundreds of bottom-up qualitative and quantitative market inputs, this study forecast offers a highly nuanced view of the current state and future trajectory in the global Health and Fitness Club.

United States market for Health and Fitness Club is estimated to increase from US\$ million in 2023 to US\$ million by 2030, at a CAGR of % from 2024 through 2030.

China market for Health and Fitness Club is estimated to increase from US\$ million in 2023 to US\$ million by 2030, at a CAGR of % from 2024 through 2030.

Europe market for Health and Fitness Club is estimated to increase from US\$ million in 2023 to US\$ million by 2030, at a CAGR of % from 2024 through 2030.

Global key Health and Fitness Club players cover 24 Hour Fitness, Anytime Fitness, Equinox, LA Fitness, Gold's Gym International, Inc, etc. In terms of revenue, the global two largest companies occupied for a share nearly % in 2023.

This report presents a comprehensive overview, market shares, and growth opportunities of Health and Fitness Club market by product type, application, key players and key regions and countries.

Segmentation by Type:

Personal Training

Group Training

Self-Training

Segmentation by Application:

Short-term Courses

Long-term Courses

This report also splits the market by region:

Americas

United States

Canada

Mexico

Brazil

APAC

China

Japan

Korea

Southeast Asia

India

Australia

Europe

Germany

France

UK

Italy

Russia

Middle East & Africa

Egypt

South Africa

Israel

Turkey

GCC Countries

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Japan

Korea

Southeast Asia

India

Australia

## Europe

Germany

France

UK

Italy

Russia

## Middle East & Africa

Egypt

South Africa

Israel

Turkey

GCC Countries

The below companies that are profiled have been selected based on inputs gathered from primary experts and analyzing the company's coverage, product portfolio, its market penetration.

24 Hour Fitness

Anytime Fitness

Equinox

LA Fitness

Gold's Gym International, Inc

Life Time, Inc.

Planet Fitness Franchising

The Bay Club Company

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