

Global Digital Mental Health Platforms Market Growth (Status and Outlook) 2026-2032

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Abstracts

The global Digital Mental Health Platforms market size is predicted to grow from US\$ million in 2025 to US\$ million in 2032; it is expected to grow at a CAGR of % from 2026 to 2032.

Digital Mental Health Platforms are online services and applications designed to support mental health and well-being through digital means. These platforms utilize technology to provide accessible, convenient, and often personalized mental health care.

Digital Mental Health Platforms typically include functions such as psychological assessment and screening, cognitive behavioral therapy (CBT), stress management and relaxation techniques, sleep management, biofeedback and sensor technology, online therapy and support.

United States market for Digital Mental Health Platforms is estimated to increase from US\$ million in 2025 to US\$ million by 2032, at a CAGR of % from 2026 through 2032.

China market for Digital Mental Health Platforms is estimated to increase from US\$ million in 2025 to US\$ million by 2032, at a CAGR of % from 2026 through 2032.

Europe market for Digital Mental Health Platforms is estimated to increase from US\$ million in 2025 to US\$ million by 2032, at a CAGR of % from 2026 through 2032.

Global key Digital Mental Health Platforms players cover Akili Interactive, Teladoc Health, Talkspace, CogniFit, Orexo, etc. In terms of revenue, the global two largest companies occupied for a share nearly % in 2025.

LPI (LP Information)' newest research report, the 'Digital Mental Health Platforms Industry Forecast' looks at past sales and reviews total world Digital Mental Health Platforms sales in 2025, providing a comprehensive analysis by region and market sector of projected Digital Mental Health Platforms sales for 2026 through 2032. With Digital Mental Health Platforms sales broken down by region, market sector and sub-sector, this report provides a detailed analysis in US\$ millions of the world Digital Mental Health Platforms industry.

This Insight Report provides a comprehensive analysis of the global Digital Mental Health Platforms landscape and highlights key trends related to product segmentation, company formation, revenue, and market share, latest development, and M&A activity. This report also analyses the strategies of leading global companies with a focus on Digital Mental Health Platforms portfolios and capabilities, market entry strategies, market positions, and geographic footprints, to better understand these firms' unique position in an accelerating global Digital Mental Health Platforms market.

This Insight Report evaluates the key market trends, drivers, and affecting factors shaping the global outlook for Digital Mental Health Platforms and breaks down the forecast by Type, by Application, geography, and market size to highlight emerging pockets of opportunity. With a transparent methodology based on hundreds of bottom-up qualitative and quantitative market inputs, this study forecast offers a highly nuanced view of the current state and future trajectory in the global Digital Mental Health Platforms.

This report presents a comprehensive overview, market shares, and growth opportunities of Digital Mental Health Platforms market by product type, application, key players and key regions and countries.

Segmentation by Type:

Apps

Online Platforms

Segmentation by Application:

Enterprise

Personal

This report also splits the market by region:

Americas

United States

Canada

Mexico

Brazil

APAC

China

Japan

Korea

Southeast Asia

India

Australia

Europe

Germany

France

UK

Italy

Russia

Middle East & Africa

Egypt

South Africa

Israel

Turkey

GCC Countries

The below companies that are profiled have been selected based on inputs gathered from primary experts and analyzing the company's coverage, product portfolio, its market penetration.

Akili Interactive

Teladoc Health

Talkspace

CogniFit

Orexo

SilverCloud (Amwell)

Noom

Big Health

Cognoa

Headspace Health

Calm Health

Lark Health

Vida Health

Mahana Therapeutics

Blue Note Therapeutics

Lyra Health

Modern Health

Canary Health

Woebot Health

LifeStance Health

Cerebral

MoodMission

Youper

Best Covered

Dami and Xiaomi

WeiMai

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