

Global Dietary Supplements in Mental Health Care Market Growth (Status and Outlook) 2026-2032

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Abstracts

The global Dietary Supplements in Mental Health Care market size is predicted to grow from US\$ million in 2025 to US\$ million in 2032; it is expected to grow at a CAGR of % from 2026 to 2032.

Dietary supplements in mental health care refer to the use of vitamins, minerals, amino acids, fatty acids, herbs, and other substances to improve mental health or alleviate symptoms of mental health disorders. These supplements are not intended to replace traditional mental health treatments, such as psychotherapy or psychiatric medication, but rather may be used as adjuncts to support overall mental well-being and address specific nutritional deficits that could be linked to mental health issues.

United States market for Dietary Supplements in Mental Health Care is estimated to increase from US\$ million in 2025 to US\$ million by 2032, at a CAGR of % from 2026 through 2032.

China market for Dietary Supplements in Mental Health Care is estimated to increase from US\$ million in 2025 to US\$ million by 2032, at a CAGR of % from 2026 through 2032.

Europe market for Dietary Supplements in Mental Health Care is estimated to increase from US\$ million in 2025 to US\$ million by 2032, at a CAGR of % from 2026 through 2032.

Global key Dietary Supplements in Mental Health Care players cover Nature's Bounty, Now Foods, Garden of Life, Jarrow Formulas, Nordic Naturals, etc. In terms of revenue, the global two largest companies occupied for a share nearly % in 2025.

LPI (LP Information)' newest research report, the 'Dietary Supplements in Mental Health Care Industry Forecast' looks at past sales and reviews total world Dietary Supplements in Mental Health Care sales in 2025, providing a comprehensive analysis by region and market sector of projected Dietary Supplements in Mental Health Care sales for 2026 through 2032. With Dietary Supplements in Mental Health Care sales broken down by region, market sector and sub-sector, this report provides a detailed analysis in US\$ millions of the world Dietary Supplements in Mental Health Care industry.

This Insight Report provides a comprehensive analysis of the global Dietary Supplements in Mental Health Care landscape and highlights key trends related to product segmentation, company formation, revenue, and market share, latest development, and M&A activity. This report also analyses the strategies of leading global companies with a focus on Dietary Supplements in Mental Health Care portfolios and capabilities, market entry strategies, market positions, and geographic footprints, to better understand these firms' unique position in an accelerating global Dietary Supplements in Mental Health Care market.

This Insight Report evaluates the key market trends, drivers, and affecting factors shaping the global outlook for Dietary Supplements in Mental Health Care and breaks down the forecast by Type, by Application, geography, and market size to highlight emerging pockets of opportunity. With a transparent methodology based on hundreds of bottom-up qualitative and quantitative market inputs, this study forecast offers a highly nuanced view of the current state and future trajectory in the global Dietary Supplements in Mental Health Care.

This report presents a comprehensive overview, market shares, and growth opportunities of Dietary Supplements in Mental Health Care market by product type, application, key players and key regions and countries.

Segmentation by Type:

Vitamins and Minerals

Amino Acids

Herbal Supplements

Others

Segmentation by Application:

Healthcare and Clinical Practice

Consumer Health and Wellness

Fitness Industry

Nutritional and Dietetic Services

Others

This report also splits the market by region:

Americas

United States

Canada

Mexico

Brazil

APAC

China

Japan

Korea

Southeast Asia

India

Australia

Europe

Germany

France

UK

Italy

Russia

Middle East & Africa

Egypt

South Africa

Israel

Turkey

GCC Countries

The below companies that are profiled have been selected based on inputs gathered from primary experts and analyzing the company's coverage, product portfolio, its market penetration.

Nature's Bounty

Now Foods

Garden of Life

Jarrow Formulas

Nordic Naturals

Swanson Health Products

Gaia Herbs

Life Extension

Pure Encapsulations

Metagenics

BrainMD Health

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