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Global Diet and Nutrition Consulting Services Market Growth (Status and Outlook) 2026-2032

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Abstracts

The global Diet and Nutrition Consulting Services market size is predicted to grow from US$ 820 million in 2025 to US$ 1259 million in 2032; it is expected to grow at a CAGR of 6.4% from 2026 to 2032.

Diet and nutrition consulting services refer to the provision of personalized diet advice and plans based on individual nutritional needs and dietary problems through professional nutrition knowledge and skills, in order to achieve the purpose of improving health status and promoting a healthy lifestyle.

United States market for Diet and Nutrition Consulting Services is estimated to increase from US$ million in 2025 to US$ million by 2032, at a CAGR of % from 2026 through 2032.

China market for Diet and Nutrition Consulting Services is estimated to increase from US$ million in 2025 to US$ million by 2032, at a CAGR of % from 2026 through 2032.

Europe market for Diet and Nutrition Consulting Services is estimated to increase from US$ million in 2025 to US$ million by 2032, at a CAGR of % from 2026 through 2032.

Global key Diet and Nutrition Consulting Services players cover BIOHM Health Inc, CJL Consulting Services LLC, Exponent, Gut Logic, Jenny Craig, etc. In terms of revenue, the global two largest companies occupied for a share nearly % in 2025.

LPI (LP Information)' newest research report, the ?Diet and Nutrition Consulting Services Industry Forecast? looks at past sales and reviews total world Diet and Nutrition Consulting Services sales in 2025, providing a comprehensive analysis by

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region and market sector of projected Diet and Nutrition Consulting Services sales for 2026 through 2032. With Diet and Nutrition Consulting Services sales broken down by region, market sector and sub-sector, this report provides a detailed analysis in US$ millions of the world Diet and Nutrition Consulting Services industry.

This Insight Report provides a comprehensive analysis of the global Diet and Nutrition Consulting Services landscape and highlights key trends related to product segmentation, company formation, revenue, and market share, latest development, and M&A activity. This report also analyses the strategies of leading global companies with a focus on Diet and Nutrition Consulting Services portfolios and capabilities, market entry strategies, market positions, and geographic footprints, to better understand these firms? unique position in an accelerating global Diet and Nutrition Consulting Services market.

This Insight Report evaluates the key market trends, drivers, and affecting factors shaping the global outlook for Diet and Nutrition Consulting Services and breaks down the forecast by Type, by Application, geography, and market size to highlight emerging pockets of opportunity. With a transparent methodology based on hundreds of bottom-up qualitative and quantitative market inputs, this study forecast offers a highly nuanced view of the current state and future trajectory in the global Diet and Nutrition Consulting Services.

This report presents a comprehensive overview, market shares, and growth opportunities of Diet and Nutrition Consulting Services market by product type, application, key players and key regions and countries.

Segmentation by Type:

Dietary Guidance Services

Nutrition Consulting Services

Nutrition Management Services

Others

Segmentation by Application:

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Vegetarian Nutrition

Infant Nutrition

Antenatal, Pregnancy and Postpartum Nutrition

Geriatric Nutrition

Clinical Nutrition

Others

This report also splits the market by region:

Americas

United States

Canada

Mexico

Brazil

APAC

China

Japan

Korea

Southeast Asia

India

Australia

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Europe

Germany

France

UK

Italy

Russia

Middle East & Africa

Egypt

South Africa

Israel

Turkey

GCC Countries

The below companies that are profiled have been selected based on inputs gathered from primary experts and analyzing the company's coverage, product portfolio, its market penetration.

BIOHM Health Inc

CJL Consulting Services LLC

Exponent

Gut Logic

Jenny Craig

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JM Nutrition

Kline + Company

Mighty Health

MSL

Nutricious Lifestyles

Nutrisystem, Inc

Nutrition Ink

Nutritional Concepts

RD Nutrition Consultants

Spora Health

Valentina DR

Weight Watchers

WelFore Health

Nutrioria

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