

# North America Workplace Stress Management Market (2019-2025)

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### **Abstracts**

The North America Workplace Stress Management Market would witness market growth of 7.1% CAGR during the forecast period (2019-2025).

Small, medium and large-sized companies need to be prepared to identify work-related stress and incorporate the strategies for managing stress. According to the Health & Safety Executive (HSE), in 2016, more than 40 percent of work-related diseases were caused by stress, anxiety, and depression. This resulted in a productivity loss of about 12 million working days. Additionally, stress will lead to a reduction in the employees' morale and efficiency, affecting the quality of their overall lifestyle.

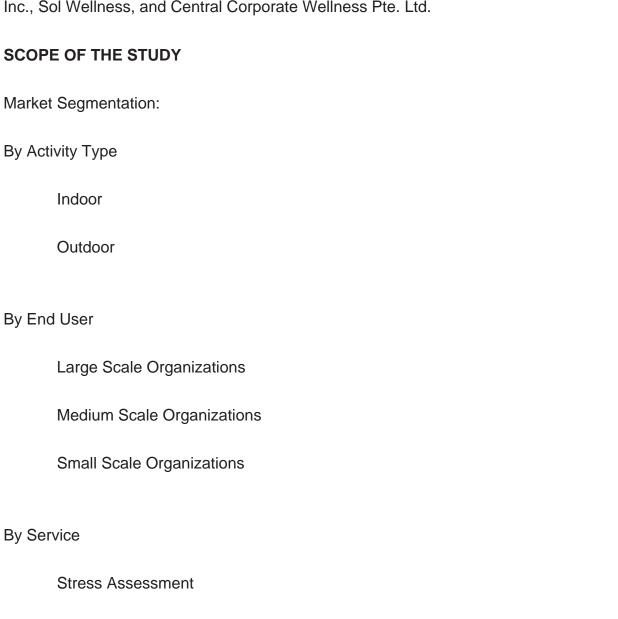
Factors like growing awareness of stress management, increased competition in the workplace, global economic slowdown, continuous job losses, and efforts by employers to raise awareness of workplace stress management will act as key drivers for the growth of the global market for stress management in the workplace. A growing emphasis on health and safety regulations and increasing the popularity of yoga and other health-related practices would serve as an opportunity for market players in the stress management sector in the workplace. However, a lack of awareness in developing regions and a lack of skilled counselors will limit the growth of the global market for stress management in the workplace.

Based on Activity Type, the market is segmented into Indoor and Outdoor. Based on End User, the market is segmented into Large Scale Organizations, Medium Scale Organizations and Small Scale Organizations. Based on Service, the market is segmented into Stress Assessment, Yoga & Meditation, Resilience Training, Progress Tracking Metrics and Other Services. Based on Delivery Mode, the market is segmented into Personal Fitness Trainers, Meditation Specialists, Individual Counselors



and Other Delivery Mode. Based on countries, the market is segmented into U.S., Mexico, Canada, and Rest of North America.

The market research report covers the analysis of key stake holders of the market. Key companies profiled in the report include CVS Health Corporation (ActiveHealth Management, Inc.), Fitbit, Inc., Asset Health Inc., ComPsych CorporationCuraLinc Healthcare LLC, Marino Wellness LLC, Wellness Corporate Solutions LLC, Wellsource, Inc., Sol Wellness, and Central Corporate Wellness Pte. Ltd.



Yoga & Meditation

Resilience Training

**Progress Tracking Metrics** 



### Other Services

By Delivery Mode
Personal Fitness Trainers
Meditation Specialists
Individual Counselors
Other Delivery Mode
By Country
US
Canada
Mexico
Rest of North America
Companies Profiled
CVS Health Corporation (ActiveHealth Management, Inc.)
Fitbit, Inc.
Asset Health Inc.
ComPsych Corporation
CuraLinc Healthcare LLC
M : W    110

Marino Wellness LLC



Wellness Corporate Solutions LLC
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Wellsource, Inc.

Sol Wellness

Central Corporate Wellness Pte. Ltd.

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