

U.S. Outpatient Psychiatry Market Size, Share & Trends Analysis Report By Service (Routine Outpatient Visits, Structured Programs, Neurostimulation Services), By Care Setting, By Clinical Condition, By Region, And Segment Forecasts, 2025 - 2033

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Abstracts

The U.S. outpatient psychiatry market size was estimated at USD 15.88 billion in 2024 and is expected to reach USD 39.22 billion by 2033, growing at a CAGR of 10.63% from 2025 to 2033. This growth is driven by the increasing mental health (MH) treatment in the U.S. According to the Substance Abuse and Mental Health Services Administration (SAMHSA), an estimated 60.1 million adults in the U.S. received some form of MH treatment in 2024. This highlights the increasing demand for psychiatry services, which offer critical care, including diagnostic assessments, psychotherapy, and medication management, outside of hospital settings.

While providing flexible, accessible treatment, psychiatry allows patients to maintain their daily routines while receiving continuous MH support. The high patient volume reflects both increasing awareness of MH conditions and a shift toward community-based care, boosting the market as a rapidly expanding segment within the country's healthcare landscape.

Increasing Behavioral Health Workforce Shortage:

A persistent shortage of MH professionals, especially psychiatrists, continues to constrain capacity in outpatient psychiatry. According to the "State of the Behavioral Health Workforce" article published in 2024, a report by the Health Resources &

Services Administration (HRSA), more than a third of the U.S. population (approximately 122 million people as of August 2024) resides in a designated “MH Professional Shortage Area.” This shortage makes outpatient psychiatry more essential and scalable because it necessitates a greater reliance on telepsychiatry, collaborative care models, and other outpatient strategies to meet the widespread demand.

U.S. Outpatient Psychiatry Market Report Segmentation

This report forecasts revenue growth at the country level and provides an analysis of the latest industry trends in each of the sub-segments from 2021 to 2033. For this study, Grand View Research has segmented the U.S. Outpatient Psychiatry market report based on service type, care setting, clinical condition, and region:

Service Outlook (Revenue, USD Billion, 2021 - 2033)

Routine Outpatient Visits

Structured Programs

Neurostimulation Services

Others

Care Setting Outlook (Revenue, USD Billion, 2021 - 2033)

Hospital-Affiliated Outpatient Clinics

Private Psychiatry Practices

Public Mental Health Facilities

Telepsychiatry

Others

Clinical Condition Outlook (Revenue, USD Billion, 2021 - 2033)

Mood Disorders

Anxiety and Related Disorders

Psychotic Disorders

Substance Use Disorders

Others

Region Outlook (Revenue, USD Billion, 2021 - 2033)

West

Southeast

Southwest

Midwest

Northeast

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