

Portugal Dietary Supplements Market Size, Share & Trends Analysis Report By Ingredient (Vitamin, Botanicals, Minerals), By Form (Tablets, Capsules, Soft gels), By Type (OTC, Prescribed), By Application (Bone & Joint Health), By End-user, And Segment Forecasts, 2026 - 2033

<https://marketpublishers.com/r/P9FAA6D6E826EN.html>

Date: July 2026

Pages: 110

Price: US\$ 3,950.00 (Single User License)

ID: P9FAA6D6E826EN

Abstracts

The Portugal dietary supplements market size was valued at USD 296.1 million in 2025 and projected to grow from USD 313.7 million in 2026 to USD 504.9 million by 2033, at a CAGR of 7.0% from 2026 to 2033. Demand for dietary supplements in Portugal is influenced by increasing consumer attention to daily nutrition and overall well-being. Vitamins, minerals, probiotics, and herbal supplements are becoming a regular part of health-conscious lifestyles. Interest in active living and healthy aging continues to support product consumption across the country.

The Portugal dietary supplements industry is influenced by increasing attention to nutritional well-being and healthy aging, supported by national health initiatives promoting balanced dietary habits. Consumers are showing growing interest in supplements containing vitamins, minerals, probiotics, omega-3s, and botanical ingredients to complement daily nutrition. In response, manufacturers are expanding their product portfolios with targeted formulations, contributing to the development of the dietary supplements market.

The Portugal dietary supplements market is influenced by increasing consumer awareness of nutrition and the role of dietary supplements in supporting overall well-being. Consumers are paying closer attention to daily nutrient intake and are seeking products that complement their regular diets. Vitamins, minerals, probiotics, and

omega-3 supplements remain among the most widely used categories. This trend is evident across various age groups, particularly among adults focused on maintaining long-term health. As a result, dietary supplements have become an established part of many consumers' wellness routines.

Interest in products formulated with natural ingredients and scientifically supported formulations is shaping purchasing behavior in Portugal. Consumers are increasingly reviewing ingredient labels and product claims before making purchasing decisions. This has encouraged manufacturers to develop supplements featuring botanical extracts, clean-label ingredients, and targeted nutritional benefits. Companies are also expanding their portfolios to address specific consumer needs such as immune support, digestive health, and healthy aging. These developments continue to diversify product offerings within the market.

The growing presence of online retail platforms is changing how consumers access and purchase dietary supplements in Portugal. E-commerce channels provide access to a wider range of domestic and international brands, helping consumers compare products more easily. At the same time, pharmacies, supermarkets, and specialty health stores remain important distribution channels. The combination of physical and digital retail networks has improved product availability across the country. This expanding accessibility is contributing to broader consumer engagement with dietary supplements.

Portugal Dietary Supplements Market Report Segmentation

This report forecasts volume & revenue growth at the country level and provides an analysis of the latest industry trends and opportunities in each of the sub-segments from 2021 to 2033. For this study, Grand View Research has segmented the Portugal dietary supplements market report based on ingredient, form, type, application, end-user, and distribution channel:

Ingredient Outlook (Volume, Million Units; Revenue, USD Million, 2021 - 2033)

Vitamin

Multivitamin

Vitamin A

Vitamin B

Vitamin C

Vitamin D

Vitamin K

Vitamin E

Botanicals

Minerals

Calcium

Potassium

Magnesium

Iron

Zinc

Others (selenium, chromium, copper)

Proteins & Amino Acids

Fibers & Specialty Carbohydrates

Omega Fatty Acids

Probiotics

Prebiotics & Postbiotics

Others

Form Outlook (Volume, Million Units; Revenue, USD Million, 2021 - 2033)

Tablets

Capsules

Soft gels

Powders

Gummies

Liquids

Type Outlook (Volume, Million Units; Revenue, USD Million, 2021 - 2033)

OTC

Prescribed

Application Outlook (Volume, Million Units; Revenue, USD Million, 2021 - 2033)

Bone & Joint Health

Gastrointestinal Health

Immunity

Cardiac Health

Diabetes

Anti-cancer

Lungs Detox/Cleanse

Skin/ Hair/ Nails

Sexual Health

Brain/Mental Health

Insomnia

Menopause

Anti-aging

Prenatal H

Others

End-user Outlook (Volume, Million Units; Revenue, USD Million, 2021 - 2033)

Adults

Millennials

Male

Female

Pregnant Women

Non-pregnant Women

Gen X

Male

Female

Pregnant Women

Non-pregnant Women

Gen Z

Male

Female

Pregnant Women

Non-pregnant Women

Boomers

Geriatric

Children

Infants

Distribution Channel Outlook (Volume, Million Units; Revenue, USD Million,
2021 - 2033)

Pharmacies

Online

Health & Wellness Stores

Hypermarkets & Supermarkets

Convenience Stores

D2C

Others

This report can be delivered to the clients within 5 Business Days

Contents

CHAPTER 1. EXECUTIVE SUMMARY

- 1.1. Market Snapshot
- 1.2. Ingredient Outlook
- 1.3. Form Outlook
- 1.4. Type Outlook
- 1.5. Application Outlook
- 1.6. End User Outlook
- 1.7. Distribution Channel Outlook
- 1.8. Competitive Landscape Snapshot

CHAPTER 2. PORTUGAL DIETARY SUPPLEMENTS MARKET VARIABLES AND TRENDS

- 2.1. Market Introduction
- 2.2. Industry Value Chain Analysis
 - 2.2.1. Raw Material Trends & Outlook
 - 2.2.2. Retail/Sales Channel Analysis
- 2.3. Market Dynamics
 - 2.3.1. Market Driver Analysis
 - 2.3.2. Market Restraint Analysis
 - 2.3.3. Market Opportunities
 - 2.3.4. Market Challenges
- 2.4. Industry Analysis Tools
 - 2.4.1. Porter's Five Forces Analysis
- 2.5. Market Entry Strategies

CHAPTER 3. PORTUGAL DIETARY SUPPLEMENTS MARKET: CONSUMER BEHAVIOR ANALYSIS

- 3.1. Demographic Analysis
- 3.2. Consumer Trends & Preferences
- 3.3. Factors Affecting Buying Decisions
- 3.4. Observations & Recommendations

CHAPTER 4. PORTUGAL DIETARY SUPPLEMENTS MARKET: INGREDIENT ESTIMATES & TREND ANALYSIS

- 4.1. Portugal Dietary Supplements Market Ingredient: Key Takeaways
- 4.2. Ingredient Movement Analysis & Market Share, 2026 & 2033
- 4.3. Portugal Dietary Supplements Market Estimates & Forecast, By Ingredient, 2021 to 2033(USD Million; Million Units)
 - 4.3.1. Vitamin
 - 4.3.1.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)
 - 4.3.1.1.1. Multivitamin
 - 4.3.1.1.1.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)
 - 4.3.1.1.2. Vitamin A
 - 4.3.1.1.2.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)
 - 4.3.1.1.3. Vitamin B
 - 4.3.1.1.3.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)
 - 4.3.1.1.4. Vitamin C
 - 4.3.1.1.4.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)
 - 4.3.1.1.5. Vitamin D
 - 4.3.1.1.5.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)
 - 4.3.1.1.6. Vitamin K
 - 4.3.1.1.6.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)
 - 4.3.1.1.7. Vitamin E
 - 4.3.1.1.7.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)
 - 4.3.2. Botanicals
 - 4.3.2.1.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)
 - 4.3.3. Minerals
 - 4.3.3.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)
 - 4.3.3.1.1. Calcium
 - 4.3.3.1.1.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)
 - 4.3.3.1.2. Potassium
 - 4.3.3.1.2.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)
 - 4.3.3.1.3. Magnesium
 - 4.3.3.1.3.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)
 - 4.3.3.1.4. Zinc
 - 4.3.3.1.4.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)
 - 4.3.3.1.5. Others (selenium, chromium, copper)
 - 4.3.3.1.5.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)
 - 4.3.4. Proteins & Amino Acids
 - 4.3.4.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)
 - 4.3.5. Fibers & Specialty Carbohydrates
 - 4.3.5.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

4.3.6. Omega Fatty Acids

4.3.6.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

4.3.7. Probiotics

4.3.7.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

4.3.8. Prebiotics & Postbiotics

4.3.8.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

4.3.9. Others

4.3.9.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

CHAPTER 5. PORTUGAL DIETARY SUPPLEMENTS MARKET: FORM ESTIMATES & TREND ANALYSIS

5.1. Portugal Dietary Supplements Market, By Form: Key Takeaways

5.2. Form Movement Analysis & Market Share, 2025 & 2033

5.3. Market Estimates & Forecasts by type, 2021 - 2033 (USD Million; Million Units)

5.3.1. Tablets

5.3.1.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

5.3.2. Capsules

5.3.2.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

5.3.3. Soft gels

5.3.3.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

5.3.4. Powders

5.3.4.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

5.3.5. Gummies

5.3.5.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

5.3.6. Liquids

5.3.6.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

5.3.7. Others

5.3.7.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

CHAPTER 6. PORTUGAL DIETARY SUPPLEMENTS MARKET: TYPE ESTIMATES & TREND ANALYSIS

6.1. Portugal Dietary Supplements Market, By Type: Key Takeaways

6.2. Type Movement Analysis & Market Share, 2025 & 2033

6.3. Market Estimates & Forecasts by form, 2021 - 2033 (USD Million; Million Units)

6.3.1. OTC

6.3.1.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

6.3.2. Prescribed

6.3.2.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

CHAPTER 7. PORTUGAL DIETARY SUPPLEMENTS MARKET: APPLICATION ESTIMATES & TREND ANALYSIS

7.1. Portugal Dietary Supplements Market, By Application: Key Takeaways

7.2. Application Movement Analysis & Market Share, 2025 & 2033

7.3. Market Estimates & Forecasts by nature, 2021 - 2033 (USD Million; Million Units; Million Units)

7.3.1. Bone & Joint Health

7.3.1.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

7.3.2. Gastrointestinal Health

7.3.2.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

7.3.3. Immunity

7.3.3.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

7.3.4. Cardiac Health

7.3.4.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

7.3.5. Diabetes

7.3.5.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

7.3.6. Anti-cancer

7.3.6.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

7.3.7. Lungs Detox/Cleanse

7.3.7.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

7.3.8. Skin/Hair/Nails

7.3.8.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

7.3.9. Sexual Health

7.3.9.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

7.3.10. Brain/Mental Health

7.3.10.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

7.3.11. Insomnia

7.3.11.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

7.3.12. Menopause

7.3.12.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

7.3.13. Anti-aging

7.3.13.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

7.3.14. Insomnia

7.3.14.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

7.3.15. Prenatal H

7.3.15.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

7.3.16. Others

7.3.16.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

CHAPTER 8. PORTUGAL DIETARY SUPPLEMENTS MARKET: END USER ESTIMATES & TREND ANALYSIS

8.1. Portugal Dietary Supplements Market End User: Key Takeaways

8.2. End User Movement Analysis & Market Share, 2026 & 2033

8.3. Portugal Dietary Supplements Market Estimates & Forecast, By End User, 2021 to 2033(USD Million; Million Units)

8.4. Adults

8.4.1.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.4.1.1.1. Millennials

8.4.1.1.1.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.4.1.1.2. Male

8.4.1.1.2.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.4.1.1.3. Female

8.4.1.1.3.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.4.1.1.4. Pregnant Women

8.4.1.1.4.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.4.1.1.5. Non-pregnant Women

8.4.1.1.5.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.5. Gen X

8.5.1.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.5.1.1.1. Male

8.5.1.1.1.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.5.1.2. Female

8.5.1.2.1.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.5.1.3. Pregnant Women

8.5.1.3.1.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.5.1.3.2. Non-pregnant Women

8.5.1.3.2.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.6. Gen Z

8.6.1.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.6.1.1.1. Male

8.6.1.1.1.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.6.1.1.2. Female

8.6.1.1.2.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.6.1.1.3. Pregnant Women

8.6.1.1.3.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.6.1.1.4. Non-pregnant Women

8.6.1.1.4.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.6.1.1.5. Boomers

8.6.1.1.5.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.7. Geriatric

8.7.1.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.8. Children

8.8.1.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

8.9. Infants

8.9.1.1. Market Estimates & Forecasts, 2021 to 2033(USD Million; Million Units)

CHAPTER 9. PORTUGAL DIETARY SUPPLEMENTS MARKET: DISTRIBUTION CHANNEL ESTIMATES & TREND ANALYSIS

9.1. Portugal Dietary Supplements Market, By Distribution Channel: Key Takeaways

9.2. Distribution Channel Movement Analysis & Market Share, 2025 & 2033

9.3. Market Estimates & Forecasts by Distribution Channel, 2021 - 2033 (USD Million; Million Units)

9.3.1. Pharmacies

9.3.1.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

9.3.2. Online

9.3.2.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

9.3.3. Health & Wellness Stores

9.3.3.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

9.3.4. Hypermarkets & Supermarkets

9.3.4.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

9.3.5. Convenience Stores

9.3.5.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

9.3.6. D2C

9.3.6.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

9.3.7. Others

9.3.7.1. Market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

CHAPTER 10. PORTUGAL DIETARY SUPPLEMENTS MARKET: COMPETITIVE ANALYSIS

10.1. Recent Developments & Impact Analysis by Key Market Participants

10.2. Company Categorization

- 10.3. Participant's Overview
- 10.4. Financial Performance
- 10.5. Product Benchmarking
- 10.6. Company Market Share Analysis, 2025 (%)
- 10.7. Company Heat Map Analysis, 2025
- 10.8. Strategy Mapping
- 10.9. Company Profiles
 - 10.9.1. Prozis
 - 10.9.1.1. Company Overview
 - 10.9.1.2. Financial Performance
 - 10.9.1.3. Product Portfolios
 - 10.9.1.4. Strategic Initiatives
 - 10.9.2. GoldNutrition
 - 10.9.2.1. Company Overview
 - 10.9.2.2. Financial Performance
 - 10.9.2.3. Product Portfolios
 - 10.9.2.4. Strategic Initiatives
 - 10.9.3. Celerio
 - 10.9.3.1. Company Overview
 - 10.9.3.2. Financial Performance
 - 10.9.3.3. Product Portfolios
 - 10.9.3.4. Strategic Initiatives
 - 10.9.4. Wells
 - 10.9.4.1. Company Overview
 - 10.9.4.2. Financial Performance
 - 10.9.4.3. Product Portfolios
 - 10.9.4.4. Strategic Initiatives
 - 10.9.5. Fharmonat
 - 10.9.5.1. Company Overview
 - 10.9.5.2. Financial Performance
 - 10.9.5.3. Product Portfolios
 - 10.9.5.4. Strategic Initiatives
 - 10.9.5.5.
 - 10.9.6. DietMed
 - 10.9.6.1. Company Overview
 - 10.9.6.2. Financial Performance
 - 10.9.6.3. Product Portfolios
 - 10.9.6.4. Strategic Initiatives
 - 10.9.7. Bial

- 10.9.7.1. Company Overview
- 10.9.7.2. Financial Performance
- 10.9.7.3. Product Portfolios
- 10.9.7.4. Strategic Initiatives
- 10.9.8. Medinfar
 - 10.9.8.1. Company Overview
 - 10.9.8.2. Financial Performance
 - 10.9.8.3. Product Portfolios
 - 10.9.8.4. Strategic Initiatives
- 10.9.9. Tecnimed Group
 - 10.9.9.1. Company Overview
 - 10.9.9.2. Financial Performance
 - 10.9.9.3. Product Portfolios
 - 10.9.9.4. Strategic Initiatives
- 10.9.10. Bluepharma
 - 10.9.10.1. Company Overview
 - 10.9.10.2. Financial Performance
 - 10.9.10.3. Product Portfolios
 - 10.9.10.4. Strategic Initiatives

List Of Tables

LIST OF TABLES

Table 1 Portugal dietary supplements market - Key market driver analysis

Table 2 Portugal dietary supplements market - Key market restraint analysis

Table 3 Portugal dietary supplements market estimates and forecast, 2021 - 2033 (USD Million; Million Units)

Table 4 Portugal dietary supplements market estimates and forecast, by ingredient, 2021 - 2033 (USD Million; Million Units)

Table 5 Portugal dietary supplements market estimates and forecast, by form, 2021 - 2033 (USD Million; Million Units)

Table 6 Portugal dietary supplements market estimates and forecast, by type, 2021 - 2033 (USD Million; Million Units)

Table 7 Portugal dietary supplements market estimates and forecast, by application, 2021 - 2033 (USD Million; Million Units)

Table 8 Portugal dietary supplements market estimates and forecast, by end user, 2021 - 2033 (USD Million; Million Units)

Table 9 Portugal dietary supplements market estimates and forecast, by distribution channel, 2021 - 2033 (USD Million; Million Units)

Table 10 Company market share, 2025

Table 11 Company heat map analysis

Table 12 Companies undergoing key strategies

List Of Figures

LIST OF FIGURES

- Fig. 1 Portugal Dietary Supplements Market Segmentation
- Fig. 2 Information procurement
- Fig. 3 Primary research pattern
- Fig. 4 Primary research approaches
- Fig. 5 Primary research process
- Fig. 6 Market snapshot
- Fig. 7 Ingredient snapshot
- Fig. 8 Form outlook
- Fig. 9 Type outlook
- Fig. 10 Application outlook
- Fig. 11 End User outlook
- Fig. 12 Distribution channel outlook
- Fig. 13 Competitive landscape snapshot
- Fig. 14 Portugal dietary supplements market size (USD Million; Million Units)
- Fig. 15 Portugal dietary supplements market size, 2021 to 2033 (USD Million; Million Units)
- Fig. 16 Portugal dietary supplements market: Penetration & growth prospect mapping
- Fig. 17 Portugal dietary supplements market: Value chain analysis
- Fig. 18 Portugal dietary supplements market: Profit margin analysis
- Fig. 19 Portugal dietary supplements market: Market dynamics
- Fig. 20 Portugal dietary supplements market: Porter's five forces analysis
- Fig. 21 Factors influencing buying decisions for Portugal dietary supplements market
- Fig. 22 Portugal dietary supplements market, by ingredient: Key takeaways
- Fig. 23 Vitamin market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)
- Fig. 24 Multivitamin market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)
- Fig. 25 Vitamin A market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)
- Fig. 26 Vitamin B market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)
- Fig. 27 Vitamin C market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)
- Fig. 28 Vitamin D market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)
- Fig. 29 Vitamin K market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)
- Fig. 30 Vitamin E market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)
- Fig. 31 Botanicals market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)
- Fig. 32 Minerals market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 33 Calcium market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 34 Potassium market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 35 Magnesium market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 36 Iron market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 37 Zinc market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 38 Others (selenium, chromium, copper) market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 39 Proteins & amino acids market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 40 Fibers & Specialty Carbohydrates market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 41 Omega fatty acids market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 42 Probiotics market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 43 Prebiotics & postbiotics market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 44 Others market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 45 Portugal dietary supplements market, by form: Key takeaways

Fig. 46 Portugal dietary supplements market, by form: Market share, 2026 & 2033

Fig. 47 Tablets market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 48 Capsules market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 49 Soft Gels market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 50 Powders market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 51 Gummies market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 52 Liquid market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 53 Others market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 54 Portugal dietary supplements market, by type: Key takeaways

Fig. 55 Portugal dietary supplements market, by type: Market share, 2026 & 2033

Fig. 56 OTC market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 57 Prescribed market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 58 Portugal dietary supplements market, by application: Key takeaways

Fig. 59 Portugal dietary supplements market, by application: Market share, 2026 & 2033

Fig. 60 Bone & joint health market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 61 Gastrointestinal health market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 62 Immunity market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 63 Cardiac health market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 64 Diabetes market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 65 Anti-cancer market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 66 Lungs detox/cleanse market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 67 Skin/ hair/ nails market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 68 Sexual health market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 69 Brain/mental health market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 70 Insomnia market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 71 Menopause market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 72 Anti-aging market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 73 Prenatal health market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 74 Others market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 75 Portugal dietary supplements market, by end user: Key takeaways

Fig. 76 Portugal dietary supplements market, by end user: Market share, 2026 & 2033

Fig. 77 Adults market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 78 Millennials market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 79 Male market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 80 Female market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 81 Pregnant women market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 82 Non-pregnant women market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 83 Gen X market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 84 Male market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 85 Female market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 86 Pregnant women market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 87 Non-pregnant women market estimates & forecasts, 2021 - 2033 (USD Million;

Million Units)

Fig. 88 Gen Z market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 89 Male market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 90 Female market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 91 Pregnant women market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 92 Non-pregnant women market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 93 Boomers market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 94 Geriatric market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 95 Children market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 96 Infants market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 97 Portugal dietary supplements market, by distribution channel: Key takeaways

Fig. 98 Portugal dietary supplements market, by distribution channel: Market share, 2026 & 2033

Fig. 99 Pharmacies market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 100 Online market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 101 Health & wellness stores market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 102 Hypermarkets & Supermarkets estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 103 Convenience stores market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 104 D2C market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 105 Others market estimates & forecasts, 2021 - 2033 (USD Million; Million Units)

Fig. 106 Key company categorization

Fig. 107 Company market share analysis, 2025

Fig. 108 Strategic framework of the Portugal dietary supplements market

I would like to order

Product name: Portugal Dietary Supplements Market Size, Share & Trends Analysis Report By Ingredient (Vitamin, Botanicals, Minerals), By Form (Tablets, Capsules, Soft gels), By Type (OTC, Prescribed), By Application (Bone & Joint Health), By End-user, And Segment Forecasts, 2026 - 2033

Product link: <https://marketpublishers.com/r/P9FAA6D6E826EN.html>

Price: US\$ 3,950.00 (Single User License / Electronic Delivery)

If you want to order Corporate License or Hard Copy, please, contact our Customer Service:

info@marketpublishers.com

Payment

To pay by Credit Card (Visa, MasterCard, American Express, PayPal), please, click button on product page <https://marketpublishers.com/r/P9FAA6D6E826EN.html>