

Middle East Clinical Nutrition Market Size, Share & Trends Analysis Report By Product (Parenteral, Enteral, Oral), By Application (Malabsorption/GI Disorder/Diarrhea, Cancer Care), By Sales Channel (Online, Retail), By Country, And Segment Forecasts, 2025 - 2033

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Abstracts

Middle East Clinical Nutrition Market Summary

The Middle East clinical nutrition market size was estimated at USD 1,235.8 million in 2024 and is projected to reach USD 1,644.1 million by 2033, growing at a CAGR of 3.11% from 2025 to 2033. High prevalence of malnutrition, a rising burden of chronic diseases, expanding healthcare infrastructure, and a growing elderly population are some of the key drivers of this market.

According to the Global Nutrition Report, the UAE faces a major nutrition challenge, with 44.2% of women and 30.9% of men aged 18 and older classified as obese. These rates are not only alarmingly high but also significantly above the regional averages for Western Asia, which are 10.3% for women and 7.5% for men. This gap highlights that obesity has become a widespread public health issue in the UAE. Such a high prevalence points to a form of malnutrition, specifically over nutrition, that requires targeted intervention through structured nutrition strategies. Therefore, there is a growing reliance on clinical nutrition products, such as tailored oral supplements, low-calorie meal replacements, and disease-specific nutrition formulas, to help manage weight, maintain balanced nutrient intake, and support overall nutritional health.

According to the United Arab Emirates' government portal, as of 2021, 11.8% of the

UAE's population aged 20-79 years was affected by diabetes. Reducing the prevalence of this condition is a key performance indicator under the pillar of world-class healthcare in the UAE National Agenda 2021. To address this challenge, the Ministry of Health and Prevention launched several initiatives, including the Diabetes Screening and Professional Healthcare Education program, which focused on screening 10,000 high-risk individuals and training 90 nurses through the Johnson & Johnson Diabetes Institute (JJDI) curriculum. These national efforts highlight the important role of structured care in managing diabetes, thereby increasing the demand for clinical nutrition solutions, such as specialized dietary formulas and oral nutrition supplements that support better glucose control and dietary management. As diabetes remains a major health challenge, the use of clinical nutrition products continues to grow.

Middle Clinical Nutrition Market Report Segmentation

This report forecasts revenue growth at the regional and country levels and provides an analysis of the latest industry trends in each of the sub-segments from 2021 to 2033. For this study, Grand View Research has segmented the Middle East clinical nutrition market report based on product, application, sales channel, and country.

Product Outlook (Revenue, USD Million, 2021 - 2033)

Oral Clinical Nutrition

Parenteral Nutrition

Carbohydrates

Parenteral Lipid Emulsion

Single Dose Amino Acid Solutions

Trace Elements

Vitamins & Minerals

Enteral Feeding Formulas

Standard Formula

Disease-specific Formulas

Application Outlook (Revenue, USD Million, 2021 - 2033)

Alzheimer's

Nutrition Deficiency

Cancer Care

Diabetes

Chronic Kidney Diseases

Orphan Diseases

Dysphagia

Pain Management

Malabsorption/GI Disorder/Diarrhea

Others

Sales Channel Outlook (Revenue, USD Million, 2021 - 2033)

Online Sales Channels

Retail Sales Channel

Institutional Sales Channel

Country Outlook (Revenue, USD Million, 2021 - 2033)

Saudi Arabia

UAE

Kuwait

Qatar

Oman

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