

ADHD Apps Market Size, Share & Trends Analysis Report By App Type (Behavioral Management Apps, Cognitive Training & Gamified Apps), By User Age Group, By Platform, By End Use (Parents & Caregivers, Healthcare Providers), By Region, And Segment Forecasts, 2026 - 2033

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Abstracts

The global ADHD apps market size was valued at USD 1.9 billion in 2025 and is projected to grow from USD 2.2 billion in 2026 to USD 6.7 billion by 2033, at a CAGR of 17.5% from 2026 to 2033. North America dominated the global market in 2025 and accounted for the largest revenue share of 47.2%. The increasing prevalence of ADHD among children, adolescents, and adults is significantly driving the demand for these applications.

Growing awareness regarding early diagnosis, mental health screening, and behavioral disorders has increased the adoption of digital tools for symptom monitoring, focus improvement, and behavioral management. For instance, in May 2026, Lumosity announced that the U.S. FDA granted 510(k) clearance to LumosityRx, a prescription digital therapeutic for adults with ADHD. The platform demonstrated statistically significant improvement in sustained and selective attention during a randomized, double-blind clinical trial involving over 500 participants.

Global ADHD Apps Market Report Segmentation

This report forecasts revenue growth at the global, regional, and country level and provides an analysis of the latest industry trends in each of the sub-segments from 2021 to 2033. For this study, Grand View Research, Inc. has segmented the global ADHD

apps market report based on app type, user age group, platform, end use, and region:

App Type Outlook (Revenue, USD Billion, 2021 - 2033)

Behavioral Management Apps

Cognitive Training & Gamified Apps

Task Management & Productivity Tools

Prescription Digital Therapeutics (PDTs)

Others

User Age Group Outlook (Revenue, USD Billion, 2021 - 2033)

Children & Adolescents (Ages 5-17)

Adults (18+)

Platform Outlook (Revenue, USD Billion, 2021 - 2033)

iOS

Android

End Use Outlook (Revenue, USD Billion, 2021 - 2033)

Individuals / Consumers

Parents & Caregivers

Schools & Educational Institutions

Enterprises / Corporate Wellness

Healthcare Providers

Regional Outlook (Revenue, USD Billion, 2021 - 2033)

North America

U.S.

Canada

Mexico

Europe

Germany

UK

Italy

Spain

France

Sweden

Denmark

Norway

Asia Pacific

China

India

Japan

Thailand

South Korea

Australia

Latin America

Brazil

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MEA

South Africa

Saudi Arabia

UAE

Kuwait

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