

U.S. Post-Acute Care Market Opportunity, Growth Drivers, Industry Trend Analysis, and Forecast 2025 - 2034

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Abstracts

U.S. Post-Acute Care Market, valued at USD 472.9 billion in 2024, is projected to grow at a CAGR of 6.3% from 2025 to 2034. The increasing demand for post-acute care services is primarily driven by the aging population, which requires extended medical and rehabilitative care to manage complex conditions and support recovery. Advances in healthcare and improved survival rates for critical illnesses and surgeries are also contributing to this trend, highlighting the need for effective follow-up care.

Government healthcare policies, particularly Medicare and Medicaid, are encouraging cost-efficient care models aimed at reducing hospital readmissions. Simultaneously, innovations such as telehealth and remote patient monitoring are reshaping post-acute care by enabling accessible care in non-traditional settings. Home-based care is gaining traction as a preferred option due to its convenience and cost-effectiveness, supported by advancements in home healthcare technology.

Post-acute care encompasses a variety of services focused on recovery, rehabilitation, and chronic condition management. These services, including skilled nursing facilities (SNFs), inpatient rehabilitation, long-term care hospitals, home health care, and hospice, provide critical support for individuals transitioning from hospital care to independent living. Among these, SNFs are forecasted to reach USD 326.1 billion by 2034, growing at a CAGR of 5.5%, as they cater to patients needing specialized and round-the-clock care.

The market also benefits from the rising prevalence of chronic diseases, such as diabetes and cardiovascular conditions, which require prolonged, specialized care. Elderly individuals, representing a significant portion of the market, have unique

healthcare needs due to mobility limitations and cognitive impairments. This demographic is further supported by Medicare, which makes post-acute care financially accessible.

Neurological disorders represent a major segment of the market, with conditions such as Alzheimer's and Parkinson's requiring extensive, long-term care. Facilities equipped with advanced therapeutic services are crucial for managing these disorders, thus ensuring better patient outcomes. Similarly, hospital-based post-acute care continues to dominate due to its ability to handle complex cases requiring intensive medical supervision and multidisciplinary approaches.

Regionally, the North East accounts for a significant market share, driven by a dense elderly population and robust healthcare infrastructure. Growing awareness of post-acute care options and advancements in healthcare technology are expected to sustain the market's growth in this region. Overall, the U.S. post-acute care market is positioned for steady expansion, addressing the evolving healthcare needs of its population.

Contents

CHAPTER 1 METHODOLOGY AND SCOPE

- 1.1 Market scope and definitions
- 1.2 Research design
 - 1.2.1 Research approach
 - 1.2.2 Data collection methods
- 1.3 Base estimates and calculations
 - 1.3.1 Base year calculation
 - 1.3.2 Key trends for market estimation
- 1.4 Forecast model
- 1.5 Primary research and validation
 - 1.5.1 Primary sources
 - 1.5.2 Data mining sources

CHAPTER 2 EXECUTIVE SUMMARY

- 2.1 Industry 360° synopsis

CHAPTER 3 INDUSTRY INSIGHTS

- 3.1 Industry ecosystem analysis
- 3.2 Industry impact forces
 - 3.2.1 Growth drivers
 - 3.2.1.1 Aging population demanding care
 - 3.2.1.2 Strategic partnerships among post-acute care service providers
 - 3.2.1.3 Funding from strategic and private equity investors
 - 3.2.1.4 Increased focus on care-coordination along post-acute spectrum
 - 3.2.2 Industry pitfalls and challenges
 - 3.2.2.1 COVID-19 pandemic to challenge market growth
 - 3.2.2.2 Changes in reimbursement policies
 - 3.2.2.3 Limited labor supply likely hampers market growth
- 3.3 Growth potential analysis
- 3.4 Overview and benefits
- 3.5 Regulatory landscape
- 3.6 Reimbursement scenario
- 3.7 Future market trends
- 3.8 Technology landscape

- 3.9 Value-based care model in post-acute care
- 3.10 Key strategies for post-acute care providers
- 3.11 Investment outlook
- 3.12 Start-up scenario
- 3.13 Porter's analysis
- 3.14 PESTEL analysis

CHAPTER 4 COMPETITIVE LANDSCAPE, 2024

- 4.1 Introduction
- 4.2 Company matrix analysis
- 4.3 Competitive analysis of major market players
- 4.4 Competitive positioning matrix
- 4.5 Strategy dashboard

CHAPTER 5 MARKET ESTIMATES AND FORECAST, BY SERVICE, 2021 – 2034 (\$ BN)

- 5.1 Key trends
- 5.2 Skilled nursing facilities (SNF)
- 5.3 Home health agencies (HHA)
- 5.4 Inpatient rehabilitation facilities (IRF)
- 5.5 Long-term care hospitals (LTCHs)
- 5.6 Hospice care
- 5.7 Other services

CHAPTER 6 MARKET ESTIMATES AND FORECAST, BY AGE GROUP, 2021 – 2034 (\$ BN)

- 6.1 Key trends
- 6.2 Elderly (65 years and older)
- 6.3 Adult (45-64 years)
- 6.4 Other age groups

CHAPTER 7 MARKET ESTIMATES AND FORECAST, BY CONDITION, 2021 – 2034 (\$ BN)

- 7.1 Key trends
- 7.2 Neurological disorders

- 7.3 Brain injury
- 7.4 Amputations
- 7.5 Spinal cord injury
- 7.6 Wound management
- 7.7 Emotional/Behavioral health
- 7.8 Other conditions

CHAPTER 8 MARKET ESTIMATES AND FORECAST, BY END USE, 2021 – 2034 (\$ BN)

- 8.1 Key trends
- 8.2 Hospitals
- 8.3 Assisted living facilities
- 8.4 Independent post-acute care centers
- 8.5 Home-based settings

CHAPTER 9 MARKET ESTIMATES AND FORECAST, BY ZONE, 2021 – 2034 (\$ BN)

- 9.1 Key trends
- 9.2 North East
- 9.3 South Atlantic
- 9.4 East North Central
- 9.5 Pacific Central
- 9.6 West South Central
- 9.7 West North Central
- 9.8 East South Central
- 9.9 Mountain States

CHAPTER 10 COMPANY PROFILES

- 10.1 Alden Network
- 10.2 Amedisys
- 10.3 AMITA Health
- 10.4 Athena Health Care Systems
- 10.5 Bella Vista Health Center
- 10.6 Benchmark Senior Living
- 10.7 Brookdale Senior Living
- 10.8 CareCentrix
- 10.9 Covenant Care

- 10.10 Encompass Health
- 10.11 Evernorth Health
- 10.12 Focused Post Acute Care Partners
- 10.13 FutureCare
- 10.14 Genesis Healthcare
- 10.15 Kindred Healthcare
- 10.16 LHC Group
- 10.17 Lincoln Square Post-Acute Care
- 10.18 Mission Hills Post-Acute
- 10.19 Montecito Post Acute Care and Rehabilitation
- 10.20 naviHealth
- 10.21 PAC Leaders
- 10.22 Peninsula Post-Acute
- 10.23 Post Acute Medical
- 10.24 Post Acute Partners
- 10.25 Sant?
- 10.26 SoCal Post-Acute Care
- 10.27 Sonoma Post Acute
- 10.28 South Bay Post Acute Care
- 10.29 Spring Hills
- 10.30 SYMPHONY CARE NETWORK
- 10.31 Victoria Post Acute Care
- 10.32 Vineyard Post Acute
- 10.33 Vitas Healthcare
- 10.34 Windsor Post-Acute Care Center

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