

# Nootropic Supplement Market Opportunity, Growth Drivers, Industry Trend Analysis, and Forecast 2025 - 2034

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### **Abstracts**

The Global Nootropic Supplement Market is poised for substantial growth, with its valuation of USD 2.3 billion in 2024 expected to expand at a CAGR of 7.8% from 2025 to 2034. These supplements, formulated to boost cognitive performance, have gained traction due to rising consumer awareness of mental wellness and productivity. A growing focus on maintaining brain health is fueling demand, particularly as the aging population increases worldwide. The World Health Organization highlights a significant demographic shift, with the percentage of people over 60 nearly doubling between 2015 and 2050. In the US, this trend is underscored by projections from the Centers for Disease Control and Prevention, which indicate a surge in the older population by 2040, creating a robust market for cognitive-enhancing products.

Capsules and tablets dominate the market, reaching a valuation of over USD 1.2 billion in 2024, and are projected to grow at a CAGR exceeding 7.6% through 2032. These formats are highly favored for their convenience, precise dosing, and portability, making them an ideal choice for busy professionals and health-conscious individuals. With innovations in slow-release formulations and multi-ingredient combinations, these products remain highly appealing. Their long shelf life further enhances their value compared to alternatives like powders and liquids.

The natural segment of nootropic supplements achieved a market valuation of USD 1.5 billion in 2024, with a projected CAGR of 7.6% through 2034. Consumers increasingly prefer plant-based and sustainable solutions which offer cognitive benefits without adverse effects. Products in this category are tailored to health-focused individuals seeking safe, organic methods to support mental clarity and memory. This segment's growth is particularly robust in regions where wellness trends strongly influence



purchasing decisions.

The memory enhancement market within the nootropic segment is expected to grow at a 7.4% CAGR up to 2034, supported by a valuation of USD 681.4 million in 2024. The demand for memory-improving supplements is driven by consumers' need for cognitive support, particularly among older adults and students. Natural ingredients with proven benefits are widely sought after for their ability to aid memory retention and overall brain function.

Retail channels such as hypermarkets and supermarkets are gaining prominence, offering a broad selection of nootropic products. With an anticipated CAGR of 7.7% through 2034, these outlets leverage their extensive networks to ensure easy accessibility. Their ability to showcase a variety of brands encourages consumer exploration and purchasing, strengthening their role in the market.

The United States continues to lead the global market, with a valuation of USD 476.9 million in 2024 and a forecasted CAGR of 7.9% through 2034. Rising interest in brain health among diverse demographics has positioned the region as a dominant player in the industry.



### **Contents**

#### **CHAPTER 1 METHODOLOGY & SCOPE**

- 1.1 Market scope & definitions
- 1.2 Base estimates & calculations
- 1.3 Forecast calculations
- 1.4 Data sources
  - 1.4.1 Primary
  - 1.4.2 Secondary
    - 1.4.2.1 Paid sources
    - 1.4.2.2 Public sources

#### **CHAPTER 2 EXECUTIVE SUMMARY**

2.1 Industry synopsis, 2021-2034

#### **CHAPTER 3 INDUSTRY INSIGHTS**

- 3.1 Industry ecosystem analysis
  - 3.1.1 Factor affecting the value chain
  - 3.1.2 Profit margin analysis
  - 3.1.3 Disruptions
  - 3.1.4 Future outlook
  - 3.1.5 Manufacturers
  - 3.1.6 Distributors
- 3.2 Supplier landscape
- 3.3 Profit margin analysis
- 3.4 Key news & initiatives
- 3.5 Regulatory landscape
- 3.6 Impact forces
  - 3.6.1 Growth drivers
    - 3.6.1.1 Increasing awareness of cognitive health
    - 3.6.1.2 Growing awareness about mental well-being and performance optimization
- 3.6.1.3 Integration of nootropic ingredients into sports nutrition and performance products
  - 3.6.2 Industry pitfalls & challenges
    - 3.6.2.1 Concerns about safety and side effects.
    - 3.6.2.2 Lack of rigorous, large-scale clinical trials



- 3.7 Growth potential analysis
- 3.8 Porter's analysis
- 3.9 PESTEL analysis

### **CHAPTER 4 COMPETITIVE LANDSCAPE, 2024**

- 4.1 Introduction
- 4.2 Company market share analysis
- 4.3 Competitive positioning matrix
- 4.4 Strategic outlook matrix

# CHAPTER 5 MARKET ESTIMATES & FORECAST, BY TYPE, 2021-2034 (USD BILLION) (KILO TONS)

- 5.1 Key trends
- 5.2 Capsules & tablets
- 5.3 Powder
- 5.4 Liquid

# CHAPTER 6 MARKET ESTIMATES & FORECAST, BY INGREDIENT TYPE, 2021-2034 (USD BILLION) (KILO TONS)

- 6.1 Key trends
- 6.2 Natural
- 6.3 Synthetic

# CHAPTER 7 MARKET ESTIMATES & FORECAST, BY FUNCTION, 2021-2034 (USD BILLION) (KILO TONS)

- 7.1 Key trends
- 7.2 Memory enhancement
- 7.3 Mood and stress management
- 7.4 Attention and focus
- 7.5 Sleep enhancement
- 7.6 Anti-Aging
- 7.7 Others

# CHAPTER 8 MARKET ESTIMATES & FORECAST, BY DISTRIBUTION CHANNEL, 2021-2034 (USD BILLION) (KILO TONS)



- 8.1 Key trends
- 8.2 Hypermarkets/supermarkets
- 8.3 Specialty Stores
- 8.4 Pharmacies
- 8.5 Others

# CHAPTER 9 MARKET ESTIMATES & FORECAST, BY REGION, 2021-2034 (USD BILLION) (KILO TONS)

- 9.1 Key trends
- 9.2 North America
  - 9.2.1 U.S.
  - 9.2.2 Canada
- 9.3 Europe
  - 9.3.1 UK
  - 9.3.2 Germany
  - 9.3.3 France
  - 9.3.4 Italy
  - 9.3.5 Spain
  - 9.3.6 Russia
- 9.4 Asia Pacific
  - 9.4.1 China
  - 9.4.2 India
  - 9.4.3 Japan
  - 9.4.4 South Korea
  - 9.4.5 Australia
- 9.5 Latin America
  - 9.5.1 Brazil
  - 9.5.2 Mexico
- 9.6 MEA
  - 9.6.1 South Africa
  - 9.6.2 Saudi Arabia
  - 9.6.3 UAE

#### **CHAPTER 10 COMPANY PROFILES**

- 10.1 Double Wood Supplements
- 10.2 Gaia Herbs



- 10.3 HVMN
- 10.4 Kimera Koffee
- 10.5 Life Extension
- 10.6 Mental Mojo
- 10.7 Mind Lab Pro
- 10.8 Onnit Labs
- 10.9 Solaray
- 10.10 Thorne Research
- 10.11 TruBrain
- 10.12 Zhou Nutrition



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