

Chickpeas Market Opportunity, Growth Drivers, Industry Trend Analysis, and Forecast 2025 – 2034

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Abstracts

The Global Chickpeas Market was valued at USD 16 billion in 2024 and is projected to experience significant growth, with an estimated CAGR of over 7.1% from 2025 to 2034. This impressive growth is attributed to the increasing demand for nutritious, plant-based protein alternatives and a shift towards healthier eating habits. Chickpeas are an essential part of various cuisines worldwide, known for their high protein content, fiber, vitamins, and minerals. As more people embrace vegetarian, vegan, and flexitarian diets, chickpeas are becoming a staple in their food choices. The growing awareness of the health benefits linked to chickpea consumption is further boosting market growth. Additionally, the rising popularity of gluten-free and non-GMO food products is fueling demand, as chickpeas are naturally gluten-free and non-genetically modified, making them an attractive option for health-conscious consumers.

In recent years, there has been an increasing consumer shift towards plant-based proteins, and chickpeas have emerged as one of the most sought-after ingredients. Their versatility in various dishes—from hearty curries to nutritious salads—has made them a key component in modern diets. Furthermore, chickpeas have gained momentum in the growing trend of clean eating, with an emphasis on whole, minimally processed foods. The growing awareness about the environmental benefits of plant-based proteins, such as a lower carbon footprint compared to animal-based proteins, has also contributed to the surge in demand. With more people prioritizing sustainability in their food choices, chickpeas are seen as a more eco-friendly alternative, adding another layer of appeal to this market.

Among the various chickpea product types, the desi chickpeas segment generated USD 9.44 billion in 2024. Known for their small size, rough outer coat, and stronger flavor, desi chickpeas are predominantly used in South Asian cuisines. They are integral to the

preparation of traditional dishes such as curries and stews and are also a key ingredient in besan (chickpea flour), a staple used in a variety of culinary applications across the globe. This segment's dominance is a reflection of the cultural importance of chickpeas in these regions, as well as their suitability for both home cooking and industrial food production.

When it comes to form, dried chickpeas held a 54% market share in 2024, largely due to their versatility and long shelf life. These chickpeas are favored in households and the food service industry, where they can be used in a wide array of dishes, from traditional recipes to contemporary health-conscious meals. Their convenience and extended usability have made them a go-to ingredient in many kitchens worldwide.

The Asia Pacific region led the global chickpeas market, valued at USD 5.9 billion in 2024. China alone accounted for USD 4.6 billion, with countries like India, Pakistan, and Australia contributing significantly to the regional market. India, in particular, stands as a major producer and consumer of chickpeas, where it is a cornerstone of many traditional dishes. The region's large vegetarian population and the cultural reliance on plant-based foods continue to drive the demand for chickpeas, ensuring that the market remains robust in this part of the world. As the popularity of plant-based diets continues to rise, Asia Pacific is expected to remain a key growth driver for the chickpeas market in the coming years.

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