

# Global Single Person Meal Delivery Service Supply, Demand and Key Producers, 2026-2032

<https://marketpublishers.com/r/GCF3B2C32753EN.html>

Date: April 2026

Pages: 159

Price: US\$ 4,480.00 (Single User License)

ID: GCF3B2C32753EN

## Abstracts

The global Single Person Meal Delivery Service market size is expected to reach \$ 7593 million by 2032, rising at a market growth of 10.7% CAGR during the forecast period (2026-2032).

Single-person meal delivery services provide convenient, pre-portioned meals specifically designed for individuals. These services cater to busy singles, offering a range of options from ready-to-eat meals to easy-to-cook meal kits that simplify meal planning and reduce food waste.

### Rising Single-Person Households Driving Market Demand

With the proportion of single-person households and individuals living alone increasing, especially in major urban areas, there is growing demand for meal delivery services catering to single-serving portions and flexible subscription options. Young professionals, students, and independently living seniors form the core user base, providing a stable foundation for market growth.

### Health and Customization as Key Trends

Consumers are increasingly focused on health, nutrition, and dietary management. Single-person meal delivery services are evolving toward low-calorie, low-fat, high-protein, vegetarian, and allergen-free options. Personalized meals tailored to taste preferences and nutritional needs are also becoming common, enhancing customer engagement and loyalty.

### Technology-Enabled Convenience and Multi-Scenario Expansion

Mobile ordering, AI-driven menu recommendations, and optimized delivery systems improve convenience and efficiency. At the same time, single-person meal delivery is expanding into multiple scenarios, including homes, offices, gyms, and student dormitories, enhancing market coverage and user experience.

This report studies the global Single Person Meal Delivery Service demand, key companies, and key regions.

This report is a detailed and comprehensive analysis of the world market for Single Person Meal Delivery Service, and provides market size (US\$ million) and Year-over-Year (YoY) growth, considering 2025 as the base year. This report explores demand trends and competition, as well as details the characteristics of Single Person Meal Delivery Service that contribute to its increasing demand across many markets.

### **Highlights and key features of the study**

Global Single Person Meal Delivery Service total market, 2021-2032, (USD Million)

Global Single Person Meal Delivery Service total market by region & country, CAGR, 2021-2032, (USD Million)

U.S. VS China: Single Person Meal Delivery Service total market, key domestic companies, and share, (USD Million)

Global Single Person Meal Delivery Service revenue by player, revenue and market share 2021-2026, (USD Million)

Global Single Person Meal Delivery Service total market by Type, CAGR, 2021-2032, (USD Million)

Global Single Person Meal Delivery Service total market by Application, CAGR, 2021-2032, (USD Million)

This report profiles major players in the global Single Person Meal Delivery Service market based on the following parameters - company overview, revenue, gross margin, product portfolio, geographical presence, and key developments. Key companies covered as a part of this study include Blue Apron, HelloFresh, Sun Basket, Factor, Hungryroot, Blue Apron, HelloFresh, Sun Basket, Factor, Hungryroot, etc.

This report also provides key insights about market drivers, restraints, opportunities, new product launches or approvals.

Stakeholders would have ease in decision-making through various strategy matrices used in analyzing the world Single Person Meal Delivery Service market

### **Detailed Segmentation:**

Each section contains quantitative market data including market by value (US\$ Millions), by player, by regions, by Type, and by Application. Data is given for the years 2021-2032 by year with 2025 as the base year, 2026 as the estimate year, and 2027-2032 as the forecast year.

#### Global Single Person Meal Delivery Service Market, By Region:

United States

China

Europe

Japan

South Korea

ASEAN

India

Rest of World

#### Global Single Person Meal Delivery Service Market, Segmentation by Type:

For One Person

For Two Person

## Global Single Person Meal Delivery Service Market, Segmentation by Vegetarian:

Vegetarian Type

Non-vegetarian Type

Mixed

## Global Single Person Meal Delivery Service Market, Segmentation by Way:

Ready to Eat

Non-Ready to Eat

## Global Single Person Meal Delivery Service Market, Segmentation by Application:

Online

Offline

## Companies Profiled:

Blue Apron

HelloFresh

Sun Basket

Factor

Hungryroot

Blue Apron

HelloFresh

Sun Basket

Factor

Hungryroot

Home Chef

Tovala

Fresh Prep Foods

Purple Carrot

My Food Bag

Dinnerly

EveryPlate

Green Chef

CookUnity

Freshly

Gobble

Snap Kitchen

Daily Harvest

Yumble

## Key Questions Answered

1. How big is the global Single Person Meal Delivery Service market?
2. What is the demand of the global Single Person Meal Delivery Service market?
3. What is the year over year growth of the global Single Person Meal Delivery Service

market?

4. What is the total value of the global Single Person Meal Delivery Service market?
5. Who are the Major Players in the global Single Person Meal Delivery Service market?
6. What are the growth factors driving the market demand?

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