

Global Personal Meal Delivery Market 2026 by Company, Regions, Type and Application, Forecast to 2032

<https://marketpublishers.com/r/G92B010A97A6EN.html>

Date: June 2026

Pages: 147

Price: US\$ 3,480.00 (Single User License)

ID: G92B010A97A6EN

Abstracts

According to our (Global Info Research) latest study, the global Personal Meal Delivery market size was valued at US\$ 3709 million in 2025 and is forecast to a readjusted size of US\$ 7593 million by 2032 with a CAGR of 10.7% during review period.

Personal Meal Delivery refers to a service that delivers single-portion meals to individual consumers, typically designed for one person. It includes ready-to-eat meals, meal kits, and healthy food options, focusing on convenience, balanced nutrition, and personalization, and is widely used by single households and busy urban consumers.

Personal Meal Delivery is evolving toward greater personalization and intelligence, offering customized meals based on individual taste preferences and nutritional needs such as weight loss, muscle gain, and glucose control. Demand for healthy and functional foods, including low-calorie, low-fat, and high-protein options, continues to grow. The industry is increasingly integrating with prepared and semi-prepared food solutions to improve efficiency and reduce costs, while leveraging AI and data analytics for precise recommendations and demand forecasting. On the supply chain side, cold chain logistics and last-mile delivery are being optimized to ensure food quality, alongside a shift toward eco-friendly packaging to reduce plastic waste. Meanwhile, application scenarios are expanding beyond home use to offices, fitness, and healthcare settings.

This report is a detailed and comprehensive analysis for global Personal Meal Delivery market. Both quantitative and qualitative analyses are presented by company, by region & country, by Type and by Application. As the market is constantly changing, this report explores the competition, supply and demand trends, as well as key factors that

contribute to its changing demands across many markets. Company profiles and product examples of selected competitors, along with market share estimates of some of the selected leaders for the year 2025, are provided.

Key Features:

Global Personal Meal Delivery market size and forecasts, in consumption value (\$ Million), 2021-2032

Global Personal Meal Delivery market size and forecasts by region and country, in consumption value (\$ Million), 2021-2032

Global Personal Meal Delivery market size and forecasts, by Type and by Application, in consumption value (\$ Million), 2021-2032

Global Personal Meal Delivery market shares of main players, in revenue (\$ Million), 2021-2026

The Primary Objectives in This Report Are:

- To determine the size of the total market opportunity of global and key countries
- To assess the growth potential for Personal Meal Delivery
- To forecast future growth in each product and end-use market
- To assess competitive factors affecting the marketplace

This report profiles key players in the global Personal Meal Delivery market based on the following parameters - company overview, revenue, gross margin, product portfolio, geographical presence, and key developments. Key companies covered as a part of this study include HelloFresh, Blue Apron, Home Chef, Freshly, Factor, CookUnity, Purple Carrot, Hungryroot, Daily Harvest, Sakara Life, etc.

This report also provides key insights about market drivers, restraints, opportunities, new product launches or approvals.

Market segmentation

Personal Meal Delivery market is split by Type and by Application. For the period 2021-2032, the growth among segments provides accurate calculations and forecasts for Consumption Value by Type and by Application. This analysis can help you expand your business by targeting qualified niche markets.

Market segment by Type

Individual serving

Multi-serving

Market segment by Time

On-demand Delivery

Scheduled Delivery

Subscription-based Delivery

Market segment by Application

Dining at Home

Dining at the Workplace

Others

Market segment by players, this report covers

HelloFresh

Blue Apron

Home Chef

Freshly

Factor

CookUnity

Purple Carrot

Hungryroot

Daily Harvest

Sakara Life

Gousto

Mindful Chef

Marley Spoon

Dinnerly

EveryPlate

Sun Basket

Muscle Deli

CJ Freshway Meal

Samsung Welstory

7-Eleven Japan Meal Service

Hema Fresh

Dingdong Maicai

Meituan Maicai

Ele.me

Missfresh

Market segment by regions, regional analysis covers

North America (United States, Canada and Mexico)

Europe (Germany, France, UK, Russia, Italy and Rest of Europe)

Asia-Pacific (China, Japan, South Korea, India, Southeast Asia and Rest of Asia-Pacific)

South America (Brazil, Rest of South America)

Middle East & Africa (Turkey, Saudi Arabia, UAE, Rest of Middle East & Africa)

The content of the study subjects, includes a total of 13 chapters:

Chapter 1, to describe Personal Meal Delivery product scope, market overview, market estimation caveats and base year.

Chapter 2, to profile the top players of Personal Meal Delivery, with revenue, gross margin, and global market share of Personal Meal Delivery from 2021 to 2026.

Chapter 3, the Personal Meal Delivery competitive situation, revenue, and global market share of top players are analyzed emphatically by landscape contrast.

Chapter 4 and 5, to segment the market size by Type and by Application, with consumption value and growth rate by Type, by Application, from 2021 to 2032.

Chapter 6, 7, 8, 9, and 10, to break the market size data at the country level, with revenue and market share for key countries in the world, from 2021 to 2026. and Personal Meal Delivery market forecast, by regions, by Type and by Application, with consumption value, from 2027 to 2032.

Chapter 11, market dynamics, drivers, restraints, trends, Porters Five Forces analysis.

Chapter 12, the key raw materials and key suppliers, and industry chain of Personal Meal Delivery.

Chapter 13, to describe Personal Meal Delivery research findings and conclusion.

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