

# Global Melatonin for Sleep Market 2025 by Manufacturers, Regions, Type and Application, Forecast to 2031

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## Abstracts

According to our (Global Info Research) latest study, the global Melatonin for Sleep market size was valued at US\$ 2189 million in 2024 and is forecast to a readjusted size of USD 5444 million by 2031 with a CAGR of 14.1% during review period.

The sleep aid melatonin market is showing a rapid growth trend, and the two categories of general dietary nutritional food and overseas dietary nutritional supplement food are showing an obvious upward trend. At the same time, consumer demand for sleep aid products continues to increase, and melatonin, a health food, is increasingly recognized by consumers. The melatonin market is expected to continue to maintain rapid growth in the future.

This report is a detailed and comprehensive analysis for global Melatonin for Sleep market. Both quantitative and qualitative analyses are presented by manufacturers, by region & country, by Type and by Application. As the market is constantly changing, this report explores the competition, supply and demand trends, as well as key factors that contribute to its changing demands across many markets. Company profiles and product examples of selected competitors, along with market share estimates of some of the selected leaders for the year 2025, are provided.

### Key Features:

Global Melatonin for Sleep market size and forecasts, in consumption value (\$ Million), sales quantity (K Units), and average selling prices (US\$/Unit), 2020-2031

Global Melatonin for Sleep market size and forecasts by region and country, in

consumption value (\$ Million), sales quantity (K Units), and average selling prices (US\$/Unit), 2020-2031

Global Melatonin for Sleep market size and forecasts, by Type and by Application, in consumption value (\$ Million), sales quantity (K Units), and average selling prices (US\$/Unit), 2020-2031

Global Melatonin for Sleep market shares of main players, shipments in revenue (\$ Million), sales quantity (K Units), and ASP (US\$/Unit), 2020-2025

The Primary Objectives in This Report Are:

To determine the size of the total market opportunity of global and key countries

To assess the growth potential for Melatonin for Sleep

To forecast future growth in each product and end-use market

To assess competitive factors affecting the marketplace

This report profiles key players in the global Melatonin for Sleep market based on the following parameters - company overview, sales quantity, revenue, price, gross margin, product portfolio, geographical presence, and key developments. Key companies covered as a part of this study include Puritan's Pride, Nature Made, Douglas Laboratories, GNC, Jarrow Formulas, KAL, Life Extension, Mason Natural, Natrol, Natural Factors, etc.

This report also provides key insights about market drivers, restraints, opportunities, new product launches or approvals.

## Market Segmentation

Melatonin for Sleep market is split by Type and by Application. For the period 2020-2031, the growth among segments provides accurate calculations and forecasts for consumption value by Type, and by Application in terms of volume and value. This analysis can help you expand your business by targeting qualified niche markets.

## Market segment by Type

Tablet

Capsule

#### Market segment by Application

Children

Adults

#### Major players covered

Puritan's Pride

Nature Made

Douglas Laboratories

GNC

Jarrow Formulas

KAL

Life Extension

Mason Natural

Natrol

Natural Factors

Nature's Bounty

NOW

Pure Encapsulations

Solaray

Solgar

Source Naturals

Spring Valley

Doctor's Best

Market segment by region, regional analysis covers

North America (United States, Canada, and Mexico)

Europe (Germany, France, United Kingdom, Russia, Italy, and Rest of Europe)

Asia-Pacific (China, Japan, Korea, India, Southeast Asia, and Australia)

South America (Brazil, Argentina, Colombia, and Rest of South America)

Middle East & Africa (Saudi Arabia, UAE, Egypt, South Africa, and Rest of Middle East & Africa)

The content of the study subjects, includes a total of 15 chapters:

Chapter 1, to describe Melatonin for Sleep product scope, market overview, market estimation caveats and base year.

Chapter 2, to profile the top manufacturers of Melatonin for Sleep, with price, sales quantity, revenue, and global market share of Melatonin for Sleep from 2020 to 2025.

Chapter 3, the Melatonin for Sleep competitive situation, sales quantity, revenue, and global market share of top manufacturers are analyzed emphatically by landscape contrast.

Chapter 4, the Melatonin for Sleep breakdown data are shown at the regional level, to show the sales quantity, consumption value, and growth by regions, from 2020 to 2031.

Chapter 5 and 6, to segment the sales by Type and by Application, with sales market share and growth rate by Type, by Application, from 2020 to 2031.

Chapter 7, 8, 9, 10 and 11, to break the sales data at the country level, with sales quantity, consumption value, and market share for key countries in the world, from 2020 to 2025. and Melatonin for Sleep market forecast, by regions, by Type, and by Application, with sales and revenue, from 2026 to 2031.

Chapter 12, market dynamics, drivers, restraints, trends, and Porters Five Forces analysis.

Chapter 13, the key raw materials and key suppliers, and industry chain of Melatonin for Sleep.

Chapter 14 and 15, to describe Melatonin for Sleep sales channel, distributors, customers, research findings and conclusion.

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