

# Global Back Extension Machines Supply, Demand and Key Producers, 2026-2032

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## Abstracts

The global Back Extension Machines market size is expected to reach \$ 1636 million by 2032, rising at a market growth of 4.6% CAGR during the forecast period (2026-2032). Back extension machines are fitness devices used to exercise the lower back muscles (primarily the erector spinae muscles), widely used in gyms, rehabilitation centers, and home fitness settings. By controlling the body's flexion and extension movements at specific angles, these machines strengthen the lower back muscles, improve posture, and prevent or alleviate lower back pain. They address back discomfort caused by prolonged sitting, poor posture, and weak core muscles, making them an important tool for improving core stability and spinal health. The average price is approximately 980 RMB per unit, with global sales of approximately 1.2 million units.

The health products market is expected to witness significant Wellness and self-care have become significant lifestyle trends. Consumers are investing in products that promote relaxation, stress relief, and overall wellness. This includes products such as essential oils, aromatherapy diffusers, yoga mats, meditation apps, and herbal supplements. The fitness industry has experienced substantial growth in recent years, with more individuals adopting an active lifestyle. This has led to an increased demand for fitness-related products such as fitness trackers, smartwatches, workout equipment, sports nutrition supplements, and athletic apparel. The health products market is expected to experience significant growth as consumers prioritize their health and well-being, seek out natural and organic options, embrace wellness and self-care trends, adopt an active lifestyle, embrace technological advancements, value personalization, and leverage the convenience of e-commerce platforms for purchasing health products. This report studies the global Back Extension Machines production, demand, key manufacturers, and key regions.

This report is a detailed and comprehensive analysis of the world market for Back Extension Machines and provides market size (US\$ million) and Year-over-Year (YoY)

Growth, considering 2025 as the base year. This report explores demand trends and competition, as well as details the characteristics of Back Extension Machines that contribute to its increasing demand across many markets.

### **Highlights and key features of the study**

Global Back Extension Machines total production and demand, 2021-2032, (K Units)

Global Back Extension Machines total production value, 2021-2032, (USD Million)

Global Back Extension Machines production by region & country, production, value, CAGR, 2021-2032, (USD Million) & (K Units), (based on production site)

Global Back Extension Machines consumption by region & country, CAGR, 2021-2032 & (K Units)

U.S. VS China: Back Extension Machines domestic production, consumption, key domestic manufacturers and share

Global Back Extension Machines production by manufacturer, production, price, value and market share 2021-2026, (USD Million) & (K Units)

Global Back Extension Machines production by Type, production, value, CAGR, 2021-2032, (USD Million) & (K Units)

Global Back Extension Machines production by Application, production, value, CAGR, 2021-2032, (USD Million) & (K Units)

This report profiles key players in the global Back Extension Machines market based on the following parameters - company overview, production, value, price, gross margin, product portfolio, geographical presence, and key developments. Key companies covered as a part of this study include Life Fitness, Muscle D Fitness, Johnson Health Tech, HUR Global, Watson Gym Equipment, Body-Solid, Power Lift, YR Fitness, Freemotion, iFIT Health & Fitness, etc.

This report also provides key insights about market drivers, restraints, opportunities, new product launches or approvals.

Stakeholders would have ease in decision-making through various strategy matrices used in analyzing the World Back Extension Machines market

### **Detailed Segmentation:**

Each section contains quantitative market data including market by value (US\$ Millions), volume (production, consumption) & (K Units) and average price (US\$/Unit) by manufacturer, by Type, and by Application. Data is given for the years 2021-2032 by year with 2025 as the base year, 2026 as the estimate year, and 2027-2032 as the forecast year.

Global Back Extension Machines Market, By Region:

United States

China

Europe

Japan

South Korea

ASEAN

India

Rest of World

#### Global Back Extension Machines Market, Segmentation by Type:

Fixed Type

Adjustable Angle Type

Other

#### Global Back Extension Machines Market, Segmentation by Loading Method:

Self-Weight Type

Plate-Loaded Type

Other

#### Global Back Extension Machines Market, Segmentation by Material:

Carbon Steel Structure

Aluminum Alloy Structure

Other

## Global Back Extension Machines Market, Segmentation by Application:

Household

Commercial

Medical

## **Companies Profiled:**

Life Fitness

Muscle D Fitness

Johnson Health Tech

HUR Global

Watson Gym Equipment

Body-Solid

Power Lift

YR Fitness

Freemotion

iFIT Health & Fitness

Inspire Fitness

Stamina Products

Technogym

Precor

Matrix Fitness

Panatta

BH Fitness

**Key Questions Answered:**

1. How big is the global Back Extension Machines market?
2. What is the demand of the global Back Extension Machines market?
3. What is the year over year growth of the global Back Extension Machines market?
4. What is the production and production value of the global Back Extension Machines market?
5. Who are the key producers in the global Back Extension Machines market?
6. What are the growth factors driving the market demand?

## Contents

### 1 SUPPLY SUMMARY

- 1.1 Back Extension Machines Introduction
- 1.2 World Back Extension Machines Supply & Forecast
  - 1.2.1 World Back Extension Machines Production Value (2021 & 2025 & 2032)
  - 1.2.2 World Back Extension Machines Production (2021-2032)
  - 1.2.3 World Back Extension Machines Pricing Trends (2021-2032)
- 1.3 World Back Extension Machines Production by Region (Based on Production Site)
  - 1.3.1 World Back Extension Machines Production Value by Region (2021-2032)
  - 1.3.2 World Back Extension Machines Production by Region (2021-2032)
  - 1.3.3 World Back Extension Machines Average Price by Region (2021-2032)
  - 1.3.4 North America Back Extension Machines Production (2021-2032)
  - 1.3.5 Europe Back Extension Machines Production (2021-2032)
  - 1.3.6 China Back Extension Machines Production (2021-2032)
  - 1.3.7 Japan Back Extension Machines Production (2021-2032)
- 1.4 Market Drivers, Restraints and Trends
  - 1.4.1 Back Extension Machines Market Drivers
  - 1.4.2 Factors Affecting Demand
  - 1.4.3 Back Extension Machines Major Market Trends

### 2 DEMAND SUMMARY

- 2.1 World Back Extension Machines Demand (2021-2032)
- 2.2 World Back Extension Machines Consumption by Region
  - 2.2.1 World Back Extension Machines Consumption by Region (2021-2026)
  - 2.2.2 World Back Extension Machines Consumption Forecast by Region (2027-2032)
- 2.3 United States Back Extension Machines Consumption (2021-2032)
- 2.4 China Back Extension Machines Consumption (2021-2032)
- 2.5 Europe Back Extension Machines Consumption (2021-2032)
- 2.6 Japan Back Extension Machines Consumption (2021-2032)
- 2.7 South Korea Back Extension Machines Consumption (2021-2032)
- 2.8 ASEAN Back Extension Machines Consumption (2021-2032)
- 2.9 India Back Extension Machines Consumption (2021-2032)

### 3 WORLD MANUFACTURERS COMPETITIVE ANALYSIS

- 3.1 World Back Extension Machines Production Value by Manufacturer (2021-2026)

- 3.2 World Back Extension Machines Production by Manufacturer (2021-2026)
- 3.3 World Back Extension Machines Average Price by Manufacturer (2021-2026)
- 3.4 Back Extension Machines Company Evaluation Quadrant
- 3.5 Industry Rank and Concentration Rate (CR)
  - 3.5.1 Global Back Extension Machines Industry Rank of Major Manufacturers
  - 3.5.2 Global Concentration Ratios (CR4) for Back Extension Machines in 2025
  - 3.5.3 Global Concentration Ratios (CR8) for Back Extension Machines in 2025
- 3.6 Back Extension Machines Market: Overall Company Footprint Analysis
  - 3.6.1 Back Extension Machines Market: Region Footprint
  - 3.6.2 Back Extension Machines Market: Company Product Type Footprint
  - 3.6.3 Back Extension Machines Market: Company Product Application Footprint
- 3.7 Competitive Environment
  - 3.7.1 Historical Structure of the Industry
  - 3.7.2 Barriers of Market Entry
  - 3.7.3 Factors of Competition
- 3.8 New Entrant and Capacity Expansion Plans
- 3.9 Mergers, Acquisition, Agreements, and Collaborations

## **4 UNITED STATES VS CHINA VS REST OF THE WORLD**

- 4.1 United States VS China: Back Extension Machines Production Value Comparison
  - 4.1.1 United States VS China: Back Extension Machines Production Value Comparison (2021 & 2025 & 2032)
  - 4.1.2 United States VS China: Back Extension Machines Production Value Market Share Comparison (2021 & 2025 & 2032)
- 4.2 United States VS China: Back Extension Machines Production Comparison
  - 4.2.1 United States VS China: Back Extension Machines Production Comparison (2021 & 2025 & 2032)
  - 4.2.2 United States VS China: Back Extension Machines Production Market Share Comparison (2021 & 2025 & 2032)
- 4.3 United States VS China: Back Extension Machines Consumption Comparison
  - 4.3.1 United States VS China: Back Extension Machines Consumption Comparison (2021 & 2025 & 2032)
  - 4.3.2 United States VS China: Back Extension Machines Consumption Market Share Comparison (2021 & 2025 & 2032)
- 4.4 United States Based Back Extension Machines Manufacturers and Market Share, 2021-2026
  - 4.4.1 United States Based Back Extension Machines Manufacturers, Headquarters and Production Site (States, Country)

4.4.2 United States Based Manufacturers Back Extension Machines Production Value (2021-2026)

4.4.3 United States Based Manufacturers Back Extension Machines Production (2021-2026)

4.5 China Based Back Extension Machines Manufacturers and Market Share

4.5.1 China Based Back Extension Machines Manufacturers, Headquarters and Production Site (Province, Country)

4.5.2 China Based Manufacturers Back Extension Machines Production Value (2021-2026)

4.5.3 China Based Manufacturers Back Extension Machines Production (2021-2026)

4.6 Rest of World Based Back Extension Machines Manufacturers and Market Share, 2021-2026

4.6.1 Rest of World Based Back Extension Machines Manufacturers, Headquarters and Production Site (State, Country)

4.6.2 Rest of World Based Manufacturers Back Extension Machines Production Value (2021-2026)

4.6.3 Rest of World Based Manufacturers Back Extension Machines Production (2021-2026)

## **5 MARKET ANALYSIS BY TYPE**

5.1 World Back Extension Machines Market Size Overview by Type: 2021 VS 2025 VS 2032

5.2 Segment Introduction by Type

5.2.1 Fixed Type

5.2.2 Adjustable Angle Type

5.2.3 Other

5.3 Market Segment by Type

5.3.1 World Back Extension Machines Production by Type (2021-2032)

5.3.2 World Back Extension Machines Production Value by Type (2021-2032)

5.3.3 World Back Extension Machines Average Price by Type (2021-2032)

## **6 MARKET ANALYSIS BY LOADING METHOD**

6.1 World Back Extension Machines Market Size Overview by Loading Method: 2021 VS 2025 VS 2032

6.2 Segment Introduction by Loading Method

6.2.1 Self-Weight Type

6.2.2 Plate-Loaded Type

### 6.2.3 Other

## 6.3 Market Segment by Loading Method

### 6.3.1 World Back Extension Machines Production by Loading Method (2021-2032)

### 6.3.2 World Back Extension Machines Production Value by Loading Method (2021-2032)

### 6.3.3 World Back Extension Machines Average Price by Loading Method (2021-2032)

## 7 MARKET ANALYSIS BY MATERIAL

### 7.1 World Back Extension Machines Market Size Overview by Material: 2021 VS 2025 VS 2032

### 7.2 Segment Introduction by Material

#### 7.2.1 Carbon Steel Structure

#### 7.2.2 Aluminum Alloy Structure

#### 7.2.3 Other

### 7.3 Market Segment by Material

#### 7.3.1 World Back Extension Machines Production by Material (2021-2032)

#### 7.3.2 World Back Extension Machines Production Value by Material (2021-2032)

#### 7.3.3 World Back Extension Machines Average Price by Material (2021-2032)

## 8 MARKET ANALYSIS BY APPLICATION

### 8.1 World Back Extension Machines Market Size Overview by Application: 2021 VS 2025 VS 2032

### 8.2 Segment Introduction by Application

#### 8.2.1 Household

#### 8.2.2 Commercial

#### 8.2.3 Medical

### 8.3 Market Segment by Application

#### 8.3.1 World Back Extension Machines Production by Application (2021-2032)

#### 8.3.2 World Back Extension Machines Production Value by Application (2021-2032)

#### 8.3.3 World Back Extension Machines Average Price by Application (2021-2032)

## 9 COMPANY PROFILES

### 9.1 Life Fitness

#### 9.1.1 Life Fitness Details

#### 9.1.2 Life Fitness Major Business

#### 9.1.3 Life Fitness Back Extension Machines Product and Services

9.1.4 Life Fitness Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)

9.1.5 Life Fitness Recent Developments/Updates

9.1.6 Life Fitness Competitive Strengths & Weaknesses

9.2 Muscle D Fitness

9.2.1 Muscle D Fitness Details

9.2.2 Muscle D Fitness Major Business

9.2.3 Muscle D Fitness Back Extension Machines Product and Services

9.2.4 Muscle D Fitness Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)

9.2.5 Muscle D Fitness Recent Developments/Updates

9.2.6 Muscle D Fitness Competitive Strengths & Weaknesses

9.3 Johnson Health Tech

9.3.1 Johnson Health Tech Details

9.3.2 Johnson Health Tech Major Business

9.3.3 Johnson Health Tech Back Extension Machines Product and Services

9.3.4 Johnson Health Tech Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)

9.3.5 Johnson Health Tech Recent Developments/Updates

9.3.6 Johnson Health Tech Competitive Strengths & Weaknesses

9.4 HUR Global

9.4.1 HUR Global Details

9.4.2 HUR Global Major Business

9.4.3 HUR Global Back Extension Machines Product and Services

9.4.4 HUR Global Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)

9.4.5 HUR Global Recent Developments/Updates

9.4.6 HUR Global Competitive Strengths & Weaknesses

9.5 Watson Gym Equipment

9.5.1 Watson Gym Equipment Details

9.5.2 Watson Gym Equipment Major Business

9.5.3 Watson Gym Equipment Back Extension Machines Product and Services

9.5.4 Watson Gym Equipment Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)

9.5.5 Watson Gym Equipment Recent Developments/Updates

9.5.6 Watson Gym Equipment Competitive Strengths & Weaknesses

9.6 Body-Solid

9.6.1 Body-Solid Details

9.6.2 Body-Solid Major Business

- 9.6.3 Body-Solid Back Extension Machines Product and Services
- 9.6.4 Body-Solid Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)
- 9.6.5 Body-Solid Recent Developments/Updates
- 9.6.6 Body-Solid Competitive Strengths & Weaknesses
- 9.7 Power Lift
  - 9.7.1 Power Lift Details
  - 9.7.2 Power Lift Major Business
  - 9.7.3 Power Lift Back Extension Machines Product and Services
  - 9.7.4 Power Lift Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)
  - 9.7.5 Power Lift Recent Developments/Updates
  - 9.7.6 Power Lift Competitive Strengths & Weaknesses
- 9.8 YR Fitness
  - 9.8.1 YR Fitness Details
  - 9.8.2 YR Fitness Major Business
  - 9.8.3 YR Fitness Back Extension Machines Product and Services
  - 9.8.4 YR Fitness Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)
  - 9.8.5 YR Fitness Recent Developments/Updates
  - 9.8.6 YR Fitness Competitive Strengths & Weaknesses
- 9.9 Freemotion
  - 9.9.1 Freemotion Details
  - 9.9.2 Freemotion Major Business
  - 9.9.3 Freemotion Back Extension Machines Product and Services
  - 9.9.4 Freemotion Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)
  - 9.9.5 Freemotion Recent Developments/Updates
  - 9.9.6 Freemotion Competitive Strengths & Weaknesses
- 9.10 iFIT Health & Fitness
  - 9.10.1 iFIT Health & Fitness Details
  - 9.10.2 iFIT Health & Fitness Major Business
  - 9.10.3 iFIT Health & Fitness Back Extension Machines Product and Services
  - 9.10.4 iFIT Health & Fitness Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)
  - 9.10.5 iFIT Health & Fitness Recent Developments/Updates
  - 9.10.6 iFIT Health & Fitness Competitive Strengths & Weaknesses
- 9.11 Inspire Fitness
  - 9.11.1 Inspire Fitness Details

- 9.11.2 Inspire Fitness Major Business
- 9.11.3 Inspire Fitness Back Extension Machines Product and Services
- 9.11.4 Inspire Fitness Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)
- 9.11.5 Inspire Fitness Recent Developments/Updates
- 9.11.6 Inspire Fitness Competitive Strengths & Weaknesses
- 9.12 Stamina Products
  - 9.12.1 Stamina Products Details
  - 9.12.2 Stamina Products Major Business
  - 9.12.3 Stamina Products Back Extension Machines Product and Services
  - 9.12.4 Stamina Products Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)
  - 9.12.5 Stamina Products Recent Developments/Updates
  - 9.12.6 Stamina Products Competitive Strengths & Weaknesses
- 9.13 Technogym
  - 9.13.1 Technogym Details
  - 9.13.2 Technogym Major Business
  - 9.13.3 Technogym Back Extension Machines Product and Services
  - 9.13.4 Technogym Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)
  - 9.13.5 Technogym Recent Developments/Updates
  - 9.13.6 Technogym Competitive Strengths & Weaknesses
- 9.14 Precor
  - 9.14.1 Precor Details
  - 9.14.2 Precor Major Business
  - 9.14.3 Precor Back Extension Machines Product and Services
  - 9.14.4 Precor Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)
  - 9.14.5 Precor Recent Developments/Updates
  - 9.14.6 Precor Competitive Strengths & Weaknesses
- 9.15 Matrix Fitness
  - 9.15.1 Matrix Fitness Details
  - 9.15.2 Matrix Fitness Major Business
  - 9.15.3 Matrix Fitness Back Extension Machines Product and Services
  - 9.15.4 Matrix Fitness Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)
  - 9.15.5 Matrix Fitness Recent Developments/Updates
  - 9.15.6 Matrix Fitness Competitive Strengths & Weaknesses
- 9.16 Panatta

- 9.16.1 Panatta Details
- 9.16.2 Panatta Major Business
- 9.16.3 Panatta Back Extension Machines Product and Services
- 9.16.4 Panatta Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)
- 9.16.5 Panatta Recent Developments/Updates
- 9.16.6 Panatta Competitive Strengths & Weaknesses
- 9.17 BH Fitness
  - 9.17.1 BH Fitness Details
  - 9.17.2 BH Fitness Major Business
  - 9.17.3 BH Fitness Back Extension Machines Product and Services
  - 9.17.4 BH Fitness Back Extension Machines Production, Price, Value, Gross Margin and Market Share (2021-2026)
  - 9.17.5 BH Fitness Recent Developments/Updates
  - 9.17.6 BH Fitness Competitive Strengths & Weaknesses

## **10 INDUSTRY CHAIN ANALYSIS**

- 10.1 Back Extension Machines Industry Chain
- 10.2 Back Extension Machines Upstream Analysis
  - 10.2.1 Back Extension Machines Core Raw Materials
  - 10.2.2 Main Manufacturers of Back Extension Machines Core Raw Materials
- 10.3 Midstream Analysis
- 10.4 Downstream Analysis
- 10.5 Back Extension Machines Production Mode
- 10.6 Back Extension Machines Procurement Model
- 10.7 Back Extension Machines Industry Sales Model and Sales Channels
  - 10.7.1 Back Extension Machines Sales Model
  - 10.7.2 Back Extension Machines Typical Distributors

## **11 RESEARCH FINDINGS AND CONCLUSION**

## **12 APPENDIX**

- 12.1 Methodology
- 12.2 Research Process and Data Source
- 12.3 Disclaimer

## List Of Tables

### LIST OF TABLES

Table 1. World Back Extension Machines Production Value by Region (2021, 2025 and 2032) & (USD Million)

Table 2. World Back Extension Machines Production Value by Region (2021-2026) & (USD Million)

Table 3. World Back Extension Machines Production Value by Region (2027-2032) & (USD Million)

Table 4. World Back Extension Machines Production Value Market Share by Region (2021-2026)

Table 5. World Back Extension Machines Production Value Market Share by Region (2027-2032)

Table 6. World Back Extension Machines Production by Region (2021-2026) & (K Units)

Table 7. World Back Extension Machines Production by Region (2027-2032) & (K Units)

Table 8. World Back Extension Machines Production Market Share by Region (2021-2026)

Table 9. World Back Extension Machines Production Market Share by Region (2027-2032)

Table 10. World Back Extension Machines Average Price by Region (2021-2026) & (US\$/Unit)

Table 11. World Back Extension Machines Average Price by Region (2027-2032) & (US\$/Unit)

Table 12. Back Extension Machines Major Market Trends

Table 13. World Back Extension Machines Consumption Growth Rate Forecast by Region (2021 & 2025 & 2032) & (K Units)

Table 14. World Back Extension Machines Consumption by Region (2021-2026) & (K Units)

Table 15. World Back Extension Machines Consumption Forecast by Region (2027-2032) & (K Units)

Table 16. World Back Extension Machines Production Value by Manufacturer (2021-2026) & (USD Million)

Table 17. Production Value Market Share of Key Back Extension Machines Producers in 2025

Table 18. World Back Extension Machines Production by Manufacturer (2021-2026) & (K Units)

Table 19. Production Market Share of Key Back Extension Machines Producers in 2025

Table 20. World Back Extension Machines Average Price by Manufacturer (2021-2026)

& (US\$/Unit)

Table 21. Global Back Extension Machines Company Evaluation Quadrant

Table 22. World Back Extension Machines Industry Rank of Major Manufacturers, Based on Production Value in 2025

Table 23. Head Office and Back Extension Machines Production Site of Key Manufacturer

Table 24. Back Extension Machines Market: Company Product Type Footprint

Table 25. Back Extension Machines Market: Company Product Application Footprint

Table 26. Back Extension Machines Competitive Factors

Table 27. Back Extension Machines New Entrant and Capacity Expansion Plans

Table 28. Back Extension Machines Mergers & Acquisitions Activity

Table 29. United States VS China Back Extension Machines Production Value Comparison, (2021 & 2025 & 2032) & (USD Million)

Table 30. United States VS China Back Extension Machines Production Comparison, (2021 & 2025 & 2032) & (K Units)

Table 31. United States VS China Back Extension Machines Consumption Comparison, (2021 & 2025 & 2032) & (K Units)

Table 32. United States Based Back Extension Machines Manufacturers, Headquarters and Production Site (States, Country)

Table 33. United States Based Manufacturers Back Extension Machines Production Value, (2021-2026) & (USD Million)

Table 34. United States Based Manufacturers Back Extension Machines Production Value Market Share (2021-2026)

Table 35. United States Based Manufacturers Back Extension Machines Production (2021-2026) & (K Units)

Table 36. United States Based Manufacturers Back Extension Machines Production Market Share (2021-2026)

Table 37. China Based Back Extension Machines Manufacturers, Headquarters and Production Site (Province, Country)

Table 38. China Based Manufacturers Back Extension Machines Production Value, (2021-2026) & (USD Million)

Table 39. China Based Manufacturers Back Extension Machines Production Value Market Share (2021-2026)

Table 40. China Based Manufacturers Back Extension Machines Production, (2021-2026) & (K Units)

Table 41. China Based Manufacturers Back Extension Machines Production Market Share (2021-2026)

Table 42. Rest of World Based Back Extension Machines Manufacturers, Headquarters and Production Site (State, Country)

Table 43. Rest of World Based Manufacturers Back Extension Machines Production Value, (2021-2026) & (USD Million)

Table 44. Rest of World Based Manufacturers Back Extension Machines Production Value Market Share (2021-2026)

Table 45. Rest of World Based Manufacturers Back Extension Machines Production, (2021-2026) & (K Units)

Table 46. Rest of World Based Manufacturers Back Extension Machines Production Market Share (2021-2026)

Table 47. World Back Extension Machines Production Value by Type, (USD Million), 2021 & 2025 & 2032

Table 48. World Back Extension Machines Production by Type (2021-2026) & (K Units)

Table 49. World Back Extension Machines Production by Type (2027-2032) & (K Units)

Table 50. World Back Extension Machines Production Value by Type (2021-2026) & (USD Million)

Table 51. World Back Extension Machines Production Value by Type (2027-2032) & (USD Million)

Table 52. World Back Extension Machines Average Price by Type (2021-2026) & (US\$/Unit)

Table 53. World Back Extension Machines Average Price by Type (2027-2032) & (US\$/Unit)

Table 54. World Back Extension Machines Production Value by Loading Method, (USD Million), 2021 & 2025 & 2032

Table 55. World Back Extension Machines Production by Loading Method (2021-2026) & (K Units)

Table 56. World Back Extension Machines Production by Loading Method (2027-2032) & (K Units)

Table 57. World Back Extension Machines Production Value by Loading Method (2021-2026) & (USD Million)

Table 58. World Back Extension Machines Production Value by Loading Method (2027-2032) & (USD Million)

Table 59. World Back Extension Machines Average Price by Loading Method (2021-2026) & (US\$/Unit)

Table 60. World Back Extension Machines Average Price by Loading Method (2027-2032) & (US\$/Unit)

Table 61. World Back Extension Machines Production Value by Material, (USD Million), 2021 & 2025 & 2032

Table 62. World Back Extension Machines Production by Material (2021-2026) & (K Units)

Table 63. World Back Extension Machines Production by Material (2027-2032) & (K

Units)

Table 64. World Back Extension Machines Production Value by Material (2021-2026) & (USD Million)

Table 65. World Back Extension Machines Production Value by Material (2027-2032) & (USD Million)

Table 66. World Back Extension Machines Average Price by Material (2021-2026) & (US\$/Unit)

Table 67. World Back Extension Machines Average Price by Material (2027-2032) & (US\$/Unit)

Table 68. World Back Extension Machines Production Value by Application, (USD Million), 2021 & 2025 & 2032

Table 69. World Back Extension Machines Production by Application (2021-2026) & (K Units)

Table 70. World Back Extension Machines Production by Application (2027-2032) & (K Units)

Table 71. World Back Extension Machines Production Value by Application (2021-2026) & (USD Million)

Table 72. World Back Extension Machines Production Value by Application (2027-2032) & (USD Million)

Table 73. World Back Extension Machines Average Price by Application (2021-2026) & (US\$/Unit)

Table 74. World Back Extension Machines Average Price by Application (2027-2032) & (US\$/Unit)

Table 75. Life Fitness Basic Information, Manufacturing Base and Competitors

Table 76. Life Fitness Major Business

Table 77. Life Fitness Back Extension Machines Product and Services

Table 78. Life Fitness Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)

Table 79. Life Fitness Recent Developments/Updates

Table 80. Life Fitness Competitive Strengths & Weaknesses

Table 81. Muscle D Fitness Basic Information, Manufacturing Base and Competitors

Table 82. Muscle D Fitness Major Business

Table 83. Muscle D Fitness Back Extension Machines Product and Services

Table 84. Muscle D Fitness Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)

Table 85. Muscle D Fitness Recent Developments/Updates

Table 86. Muscle D Fitness Competitive Strengths & Weaknesses

Table 87. Johnson Health Tech Basic Information, Manufacturing Base and Competitors

Table 88. Johnson Health Tech Major Business

Table 89. Johnson Health Tech Back Extension Machines Product and Services

Table 90. Johnson Health Tech Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)

Table 91. Johnson Health Tech Recent Developments/Updates

Table 92. Johnson Health Tech Competitive Strengths & Weaknesses

Table 93. HUR Global Basic Information, Manufacturing Base and Competitors

Table 94. HUR Global Major Business

Table 95. HUR Global Back Extension Machines Product and Services

Table 96. HUR Global Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)

Table 97. HUR Global Recent Developments/Updates

Table 98. HUR Global Competitive Strengths & Weaknesses

Table 99. Watson Gym Equipment Basic Information, Manufacturing Base and Competitors

Table 100. Watson Gym Equipment Major Business

Table 101. Watson Gym Equipment Back Extension Machines Product and Services

Table 102. Watson Gym Equipment Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)

Table 103. Watson Gym Equipment Recent Developments/Updates

Table 104. Watson Gym Equipment Competitive Strengths & Weaknesses

Table 105. Body-Solid Basic Information, Manufacturing Base and Competitors

Table 106. Body-Solid Major Business

Table 107. Body-Solid Back Extension Machines Product and Services

Table 108. Body-Solid Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)

Table 109. Body-Solid Recent Developments/Updates

Table 110. Body-Solid Competitive Strengths & Weaknesses

Table 111. Power Lift Basic Information, Manufacturing Base and Competitors

Table 112. Power Lift Major Business

Table 113. Power Lift Back Extension Machines Product and Services

Table 114. Power Lift Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)

Table 115. Power Lift Recent Developments/Updates

Table 116. Power Lift Competitive Strengths & Weaknesses

Table 117. YR Fitness Basic Information, Manufacturing Base and Competitors

Table 118. YR Fitness Major Business

- Table 119. YR Fitness Back Extension Machines Product and Services
- Table 120. YR Fitness Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)
- Table 121. YR Fitness Recent Developments/Updates
- Table 122. YR Fitness Competitive Strengths & Weaknesses
- Table 123. Freemotion Basic Information, Manufacturing Base and Competitors
- Table 124. Freemotion Major Business
- Table 125. Freemotion Back Extension Machines Product and Services
- Table 126. Freemotion Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)
- Table 127. Freemotion Recent Developments/Updates
- Table 128. Freemotion Competitive Strengths & Weaknesses
- Table 129. iFIT Health & Fitness Basic Information, Manufacturing Base and Competitors
- Table 130. iFIT Health & Fitness Major Business
- Table 131. iFIT Health & Fitness Back Extension Machines Product and Services
- Table 132. iFIT Health & Fitness Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)
- Table 133. iFIT Health & Fitness Recent Developments/Updates
- Table 134. iFIT Health & Fitness Competitive Strengths & Weaknesses
- Table 135. Inspire Fitness Basic Information, Manufacturing Base and Competitors
- Table 136. Inspire Fitness Major Business
- Table 137. Inspire Fitness Back Extension Machines Product and Services
- Table 138. Inspire Fitness Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)
- Table 139. Inspire Fitness Recent Developments/Updates
- Table 140. Inspire Fitness Competitive Strengths & Weaknesses
- Table 141. Stamina Products Basic Information, Manufacturing Base and Competitors
- Table 142. Stamina Products Major Business
- Table 143. Stamina Products Back Extension Machines Product and Services
- Table 144. Stamina Products Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)
- Table 145. Stamina Products Recent Developments/Updates
- Table 146. Stamina Products Competitive Strengths & Weaknesses
- Table 147. Technogym Basic Information, Manufacturing Base and Competitors

Table 148. Technogym Major Business

Table 149. Technogym Back Extension Machines Product and Services

Table 150. Technogym Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)

Table 151. Technogym Recent Developments/Updates

Table 152. Technogym Competitive Strengths & Weaknesses

Table 153. Precor Basic Information, Manufacturing Base and Competitors

Table 154. Precor Major Business

Table 155. Precor Back Extension Machines Product and Services

Table 156. Precor Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)

Table 157. Precor Recent Developments/Updates

Table 158. Precor Competitive Strengths & Weaknesses

Table 159. Matrix Fitness Basic Information, Manufacturing Base and Competitors

Table 160. Matrix Fitness Major Business

Table 161. Matrix Fitness Back Extension Machines Product and Services

Table 162. Matrix Fitness Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)

Table 163. Matrix Fitness Recent Developments/Updates

Table 164. Matrix Fitness Competitive Strengths & Weaknesses

Table 165. Panatta Basic Information, Manufacturing Base and Competitors

Table 166. Panatta Major Business

Table 167. Panatta Back Extension Machines Product and Services

Table 168. Panatta Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)

Table 169. Panatta Recent Developments/Updates

Table 170. Panatta Competitive Strengths & Weaknesses

Table 171. BH Fitness Basic Information, Manufacturing Base and Competitors

Table 172. BH Fitness Major Business

Table 173. BH Fitness Back Extension Machines Product and Services

Table 174. BH Fitness Back Extension Machines Production (K Units), Price (US\$/Unit), Production Value (USD Million), Gross Margin and Market Share (2021-2026)

Table 175. BH Fitness Recent Developments/Updates

Table 176. BH Fitness Competitive Strengths & Weaknesses

Table 177. Global Key Players of Back Extension Machines Upstream (Raw Materials)

Table 178. Global Back Extension Machines Typical Customers

Table 179. Back Extension Machines Typical Distributors



## List Of Figures

### LIST OF FIGURES

Figure 1. Back Extension Machines Picture

Figure 2. World Back Extension Machines Production Value: 2021 & 2025 & 2032, (USD Million)

Figure 3. World Back Extension Machines Production Value and Forecast (2021-2032) & (USD Million)

Figure 4. World Back Extension Machines Production (2021-2032) & (K Units)

Figure 5. World Back Extension Machines Average Price (2021-2032) & (US\$/Unit)

Figure 6. World Back Extension Machines Production Value Market Share by Region (2021-2032)

Figure 7. World Back Extension Machines Production Market Share by Region (2021-2032)

Figure 8. North America Back Extension Machines Production (2021-2032) & (K Units)

Figure 9. Europe Back Extension Machines Production (2021-2032) & (K Units)

Figure 10. China Back Extension Machines Production (2021-2032) & (K Units)

Figure 11. Japan Back Extension Machines Production (2021-2032) & (K Units)

Figure 12. Back Extension Machines Market Drivers

Figure 13. Factors Affecting Demand

Figure 14. World Back Extension Machines Consumption (2021-2032) & (K Units)

Figure 15. World Back Extension Machines Consumption Market Share by Region (2021-2032)

Figure 16. United States Back Extension Machines Consumption (2021-2032) & (K Units)

Figure 17. China Back Extension Machines Consumption (2021-2032) & (K Units)

Figure 18. Europe Back Extension Machines Consumption (2021-2032) & (K Units)

Figure 19. Japan Back Extension Machines Consumption (2021-2032) & (K Units)

Figure 20. South Korea Back Extension Machines Consumption (2021-2032) & (K Units)

Figure 21. ASEAN Back Extension Machines Consumption (2021-2032) & (K Units)

Figure 22. India Back Extension Machines Consumption (2021-2032) & (K Units)

Figure 23. Producer Shipments of Back Extension Machines by Manufacturer Revenue (\$MM) and Market Share (%): 2025

Figure 24. Global Four-firm Concentration Ratios (CR4) for Back Extension Machines Markets in 2025

Figure 25. Global Four-firm Concentration Ratios (CR8) for Back Extension Machines Markets in 2025

Figure 26. United States VS China: Back Extension Machines Production Value Market Share Comparison (2021 & 2025 & 2032)

Figure 27. United States VS China: Back Extension Machines Production Market Share Comparison (2021 & 2025 & 2032)

Figure 28. United States VS China: Back Extension Machines Consumption Market Share Comparison (2021 & 2025 & 2032)

Figure 29. United States Based Manufacturers Back Extension Machines Production Market Share 2025

Figure 30. China Based Manufacturers Back Extension Machines Production Market Share 2025

Figure 31. Rest of World Based Manufacturers Back Extension Machines Production Market Share 2025

Figure 32. World Back Extension Machines Production Value by Type, (USD Million), 2021 & 2025 & 2032

Figure 33. World Back Extension Machines Production Value Market Share by Type in 2025

Figure 34. Fixed Type

Figure 35. Adjustable Angle Type

Figure 36. Other

Figure 37. World Back Extension Machines Production Market Share by Type (2021-2032)

Figure 38. World Back Extension Machines Production Value Market Share by Type (2021-2032)

Figure 39. World Back Extension Machines Average Price by Type (2021-2032) & (US\$/Unit)

Figure 40. World Back Extension Machines Production Value by Loading Method, (USD Million), 2021 & 2025 & 2032

Figure 41. World Back Extension Machines Production Value Market Share by Loading Method in 2025

Figure 42. Self-Weight Type

Figure 43. Plate-Loaded Type

Figure 44. Other

Figure 45. World Back Extension Machines Production Market Share by Loading Method (2021-2032)

Figure 46. World Back Extension Machines Production Value Market Share by Loading Method (2021-2032)

Figure 47. World Back Extension Machines Average Price by Loading Method (2021-2032) & (US\$/Unit)

Figure 48. World Back Extension Machines Production Value by Material, (USD Million),

2021 & 2025 & 2032

Figure 49. World Back Extension Machines Production Value Market Share by Material in 2025

Figure 50. Carbon Steel Structure

Figure 51. Aluminum Alloy Structure

Figure 52. Other

Figure 53. World Back Extension Machines Production Market Share by Material (2021-2032)

Figure 54. World Back Extension Machines Production Value Market Share by Material (2021-2032)

Figure 55. World Back Extension Machines Average Price by Material (2021-2032) & (US\$/Unit)

Figure 56. World Back Extension Machines Production Value by Application, (USD Million), 2021 & 2025 & 2032

Figure 57. World Back Extension Machines Production Value Market Share by Application in 2025

Figure 58. Household

Figure 59. Commercial

Figure 60. Medical

Figure 61. World Back Extension Machines Production Market Share by Application (2021-2032)

Figure 62. World Back Extension Machines Production Value Market Share by Application (2021-2032)

Figure 63. World Back Extension Machines Average Price by Application (2021-2032) & (US\$/Unit)

Figure 64. Back Extension Machines Industry Chain

Figure 65. Back Extension Machines Procurement Model

Figure 66. Back Extension Machines Sales Model

Figure 67. Back Extension Machines Sales Channels, Direct Sales, and Distribution

Figure 68. Methodology

Figure 69. Research Process and Data Source

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