

Global Automatic Meal Planner Market 2025 by Company, Regions, Type and Application, Forecast to 2031

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Abstracts

According to our latest research, the global Automatic Meal Planner market size will reach USD 507 million in 2031, growing at a CAGR of 7.1% over the analysis period.

An Automatic Meal Planner is a digital tool or software designed to assist users in creating personalized meal plans based on their dietary preferences, nutritional needs, and lifestyle goals. By leveraging algorithms and often incorporating user input such as food preferences, allergies, health conditions, and fitness objectives, the planner can generate a variety of meal options that align with specific requirements. This can save time, reduce the stress of meal planning, and ensure balanced nutrition. Some advanced planners also include features like grocery lists, recipe suggestions, and integration with fitness trackers to offer a comprehensive solution for healthy eating.

The Automatic Meal Planner market is experiencing notable growth driven by increasing consumer demand for personalized nutrition and convenience. Major sales regions include North America, Europe, and Asia-Pacific, with the United States, Germany, and China being significant contributors. Market opportunities are abundant due to the rising health awareness, growing adoption of AI and machine learning technologies, and the trend towards digital health and wellness solutions. However, challenges such as data privacy concerns, the need for accurate nutritional databases, and consumer skepticism about AI-driven recommendations may impede growth. Nonetheless, the market is poised for expansion as technology improves and awareness of its benefits increases.

This report is a detailed and comprehensive analysis for global Automatic Meal Planner market. Both quantitative and qualitative analyses are presented by company, by region & country, by Type and by Application. As the market is constantly changing, this report

explores the competition, supply and demand trends, as well as key factors that contribute to its changing demands across many markets. Company profiles and product examples of selected competitors, along with market share estimates of some of the selected leaders for the year 2025, are provided.

Key Features:

Global Automatic Meal Planner market size and forecasts, in consumption value (\$ Million), 2020-2031

Global Automatic Meal Planner market size and forecasts by region and country, in consumption value (\$ Million), 2020-2031

Global Automatic Meal Planner market size and forecasts, by Type and by Application, in consumption value (\$ Million), 2020-2031

Global Automatic Meal Planner market shares of main players, in revenue (\$ Million), 2020-2025

The Primary Objectives in This Report Are:

- To determine the size of the total market opportunity of global and key countries
- To assess the growth potential for Automatic Meal Planner
- To forecast future growth in each product and end-use market
- To assess competitive factors affecting the marketplace

This report profiles key players in the global Automatic Meal Planner market based on the following parameters - company overview, revenue, gross margin, product portfolio, geographical presence, and key developments. Key companies covered as a part of this study include Noom, MyFitnessPal, Yazio, Evolution Nutrition, Lasta, Eat This Much, My Diet Meal Plan, DietPlanner, Strongr Fastr, Prospre, etc.

This report also provides key insights about market drivers, restraints, opportunities, new product launches or approvals.

Market segmentation

Automatic Meal Planner market is split by Type and by Application. For the period 2020-2031, the growth among segments provides accurate calculations and forecasts

for Consumption Value by Type and by Application. This analysis can help you expand your business by targeting qualified niche markets.

Market segment by Type

Android

iOS

Market segment by Application

Individual

Professional

Market segment by players, this report covers

Noom

MyFitnessPal

Yazio

Evolution Nutrition

Lasta

Eat This Much

My Diet Meal Plan

DietPlanner

Strongr Fastr

Prospre

That Clean Life

AutoMealPlanner

Jordo's World

Plan to Eat

Mealime

Meta Nutrition

Foodzilla

Swole.me

MealBoard

NutritIO

Ultimate Meal Plans

Real Plans

Mealvana

Market segment by regions, regional analysis covers

North America (United States, Canada and Mexico)

Europe (Germany, France, UK, Russia, Italy and Rest of Europe)

Asia-Pacific (China, Japan, South Korea, India, Southeast Asia and Rest of Asia-Pacific)

South America (Brazil, Rest of South America)

Middle East & Africa (Turkey, Saudi Arabia, UAE, Rest of Middle East & Africa)

The content of the study subjects, includes a total of 13 chapters:

Chapter 1, to describe Automatic Meal Planner product scope, market overview, market estimation caveats and base year.

Chapter 2, to profile the top players of Automatic Meal Planner, with revenue, gross margin, and global market share of Automatic Meal Planner from 2020 to 2025.

Chapter 3, the Automatic Meal Planner competitive situation, revenue, and global market share of top players are analyzed emphatically by landscape contrast.

Chapter 4 and 5, to segment the market size by Type and by Application, with consumption value and growth rate by Type, by Application, from 2020 to 2031

Chapter 6, 7, 8, 9, and 10, to break the market size data at the country level, with revenue and market share for key countries in the world, from 2020 to 2025. and Automatic Meal Planner market forecast, by regions, by Type and by Application, with consumption value, from 2026 to 2031.

Chapter 11, market dynamics, drivers, restraints, trends, Porters Five Forces analysis.

Chapter 12, the key raw materials and key suppliers, and industry chain of Automatic Meal Planner.

Chapter 13, to describe Automatic Meal Planner research findings and conclusion.

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