

# Global Mental Wellness Market 2023-2029

<https://marketpublishers.com/r/GB922CFFAE4FEN.html>

Date: March 2023

Pages: 67

Price: US\$ 2,750.00 (Single User License)

ID: GB922CFFAE4FEN

## Abstracts

Mental wellness refers to a state of well-being that includes emotional, psychological, and social well-being. It encompasses a wide range of factors that contribute to our mental health, including our thoughts, feelings, behaviors, relationships, and environment. The global mental wellness market is likely to register a CAGR of over 6.08% with an incremental growth of USD 65.9 billion during the forecast period 2023-2029.

The report covers market size and growth, segmentation, regional breakdowns, competitive landscape, trends and strategies for global mental wellness market. It presents a quantitative analysis of the market to enable stakeholders to capitalize on the prevailing market opportunities. The report also identifies top segments for opportunities and strategies based on market trends and leading competitors' approaches.

This industry report offers market estimates and forecasts of the global market, followed by a detailed analysis of the type, disorder, age group, and region. The global market for mental wellness can be segmented by type: senses, spaces, and sleep, brain boosting, nutraceuticals & botanicals, self improvement, meditation and mindfulness. According to the research, the senses, spaces, and sleep segment had the largest share in the global mental wellness market. Mental wellness market is further segmented by disorder: depression, anxiety, schizophrenia, substance use disorder, bipolar disorder, alcohol use disorder, post-traumatic stress disorder, eating disorder, others. In 2022, the depression segment made up the largest share of revenue generated by the mental wellness market. Based on age group, the mental wellness market is segmented into: adults, geriatric, teenager. Among these, the adults segment was accounted for the highest revenue generator in 2022. On the basis of region, the mental wellness market also can be divided into: North America, Europe, Asia-Pacific, MEA (Middle East and Africa), Latin America. North America captured the largest share

of the market in 2022.

### Market Segmentation

By type: senses, spaces, and sleep, brain boosting, nutraceuticals & botanicals, self improvement, meditation and mindfulness

By disorder: depression, anxiety, schizophrenia, substance use disorder, bipolar disorder, alcohol use disorder, post-traumatic stress disorder, eating disorder, others

By age group: adults, geriatric, teenager

By region: North America, Europe, Asia-Pacific, MEA (Middle East and Africa), Latin America

The report also provides analysis of the key companies of the industry and their detailed company profiles including Skillpath Seminars Inc., Franklin Covey Co., Amare Global, Headspace Health, CVS Health Corporation, among others. In this report, key players and their strategies are thoroughly analyzed to understand the competitive outlook of the market.

**\*REQUEST FREE SAMPLE TO GET A COMPLETE LIST OF COMPANIES**

### Scope of the Report

To analyze and forecast the market size of the global mental wellness market.

To classify and forecast the global mental wellness market based on type, disorder, age group, region.

To identify drivers and challenges for the global mental wellness market.

To examine competitive developments such as mergers & acquisitions, agreements, collaborations and partnerships, etc., in the global mental wellness market.

To identify and analyze the profile of leading players operating in the global mental wellness market.

### Why Choose This Report

Gain a reliable outlook of the global mental wellness market forecasts from 2023 to 2029 across scenarios.

Identify growth segments for investment.

Stay ahead of competitors through company profiles and market data.

The market estimate for ease of analysis across scenarios in Excel format.

Strategy consulting and research support for three months.

Print authentication provided for the single-user license.

## Contents

### **PART 1. INTRODUCTION**

Report description  
Objectives of the study  
Market segment  
Years considered for the report  
Currency  
Key target audience

### **PART 2. METHODOLOGY**

### **PART 3. EXECUTIVE SUMMARY**

### **PART 4. MARKET OVERVIEW**

Introduction  
Drivers  
Restraints

### **PART 5. MARKET BREAKDOWN BY TYPE**

Senses, spaces, and sleep  
Brain boosting  
Nutraceuticals & botanicals  
Self improvement  
Meditation and mindfulness

### **PART 6. MARKET BREAKDOWN BY DISORDER**

Depression  
Anxiety  
Schizophrenia  
Substance use disorder  
Bipolar disorder  
Alcohol use disorder  
Post-traumatic stress disorder  
Eating disorder

Others

## **PART 7. MARKET BREAKDOWN BY AGE GROUP**

Adults

Geriatric

Teenager

## **PART 8. MARKET BREAKDOWN BY REGION**

North America

Europe

Asia-Pacific

MEA (Middle East and Africa)

Latin America

## **PART 9. KEY COMPANIES**

Skillpath Seminars Inc.

Franklin Covey Co.

Amare Global

Headspace Health

CVS Health Corporation

## **DISCLAIMER**

## I would like to order

Product name: Global Mental Wellness Market 2023-2029

Product link: <https://marketpublishers.com/r/GB922CFFAE4FEN.html>

Price: US\$ 2,750.00 (Single User License / Electronic Delivery)

If you want to order Corporate License or Hard Copy, please, contact our Customer Service:

[info@marketpublishers.com](mailto:info@marketpublishers.com)

## Payment

To pay by Credit Card (Visa, MasterCard, American Express, PayPal), please, click button on product page <https://marketpublishers.com/r/GB922CFFAE4FEN.html>

To pay by Wire Transfer, please, fill in your contact details in the form below:

First name:  
Last name:  
Email:  
Company:  
Address:  
City:  
Zip code:  
Country:  
Tel:  
Fax:  
Your message:

**\*\*All fields are required**

Customer signature \_\_\_\_\_

Please, note that by ordering from marketpublishers.com you are agreeing to our Terms & Conditions at <https://marketpublishers.com/docs/terms.html>

To place an order via fax simply print this form, fill in the information below and fax the completed form to +44 20 7900 3970