

# Global Health and Fitness Club Market 2023-2029

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## Abstracts

A health and fitness club is a place that houses exercise equipment for the purpose of physical exercise. It also offers showers, locker rooms, pools, clinics, sports courts and other added benefits. The global health and fitness club market size is projected to grow by USD 85.5 billion from 2023 to 2029, registering a CAGR of 12.2 percent, according to the latest market data.

The report covers market size and growth, segmentation, regional breakdowns, competitive landscape, trends and strategies for global health and fitness club market. It presents a quantitative analysis of the market to enable stakeholders to capitalize on the prevailing market opportunities. The report also identifies top segments for opportunities and strategies based on market trends and leading competitors' approaches.

This industry report offers market estimates and forecasts of the global market, followed by a detailed analysis of the service type, and region. The global market for health and fitness club can be segmented by service type: membership fees, personal training services, others. According to the research, the membership fees segment had the largest share in the global health and fitness club market. Health and fitness club market is further segmented by region: North America, Europe, Asia-Pacific, MEA (Middle East and Africa), Latin America. In 2022, North America made up the largest share of revenue generated by the health and fitness club market.

### Market Segmentation

By service type: membership fees, personal training services, others

By region: North America, Europe, Asia-Pacific, MEA (Middle East and Africa), Latin America

The report explores the recent developments and profiles of key vendors in the Global Health and Fitness Club Market, including 24 Hour Fitness Worldwide, Inc., Athletes' Performance, Inc. (Exos Works, Inc.), Bay Clubs Company, LLC, CRUNCH Fitness International, Inc., Endeavor Group Holdings, Inc. (UFC), Equinox Holdings Inc., Exos Corp., GoodLife Fitness Centres Inc. (Patchell Holdings Inc.), Hangzhou Joy Carved Network Technology Co., Ltd., Life Time Group Holdings, Inc., Planet Fitness, Inc., RSG Group GmbH, Self Esteem Brands, LLC (SEB), Town Sports International Holdings Inc., Welcome Fitness Management(Shanghai) Limited, among others. In this report, key players and their strategies are thoroughly analyzed to understand the competitive outlook of the market.

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### Scope of the Report

To analyze and forecast the market size of the global health and fitness club market.

To classify and forecast the global health and fitness club market based on service type, region.

To identify drivers and challenges for the global health and fitness club market.

To examine competitive developments such as mergers & acquisitions, agreements, collaborations and partnerships, etc., in the global health and fitness club market.

To identify and analyze the profile of leading players operating in the global health and fitness club market.

### Why Choose This Report

Gain a reliable outlook of the global health and fitness club market forecasts from 2023 to 2029 across scenarios.

Identify growth segments for investment.

Stay ahead of competitors through company profiles and market data.

The market estimate for ease of analysis across scenarios in Excel format.

Strategy consulting and research support for three months.

Print authentication provided for the single-user license.

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Athletes' Performance, Inc. (Exos Works, Inc.)

Bay Clubs Company, LLC

CRUNCH Fitness International, Inc.

Endeavor Group Holdings, Inc. (UFC)

Equinox Holdings Inc.

Exos Corp.

GoodLife Fitness Centres Inc. (Patchell Holdings Inc.)

Hangzhou Joy Carved Network Technology Co., Ltd.

Life Time Group Holdings, Inc.

Planet Fitness, Inc.

RSG Group GmbH

Self Esteem Brands, LLC (SEB)

Town Sports International Holdings Inc.

Welcome Fitness Management(Shanghai) Limited

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