

# Weight Management and Wellbeing in India

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## **Abstracts**

In India, a significant proportion of the population, particularly those residing in urban areas, find themselves caught in a cycle of unhealthy eating due to busy, sedentary lifestyles, and the prevalence of junk food and less nutritious options in restaurants. Many individuals lack the time to prepare wholesome, low-calorie meals, making it difficult to manage or shed excess weight. According to Euromonitor International's Voice of the Consumer: Lifestyles survey, in 2023, 27% of respondents s...

Euromonitor International's Weight Management and Wellbeing in India report offers a comprehensive guide to the size and shape of the market at a national level. It provides the latest retail sales data 2018-2022, allowing you to identify the sectors driving growth. Forecasts to 2027 illustrate how the market is set to change.

Product coverage: Meal Replacement, OTC Obesity, Slimming Teas, Supplement Nutrition Drinks, Weight Loss Supplements.

Data coverage: market sizes (historic and forecasts), company shares, brand shares and distribution data.

Why buy this report?

Get a detailed picture of the Weight Management and Wellbeing market;

Pinpoint growth sectors and identify factors driving change;

Understand the competitive environment, the market's major players and leading brands;

Use five-year forecasts to assess how the market is predicted to develop.



Euromonitor International has over 40 years' experience of publishing market research reports, business reference books and online information systems. With offices in London, Chicago, Singapore, Shanghai, Vilnius, Dubai, Cape Town, Santiago, Sydney, Tokyo and Bangalore and a network of over 800 analysts worldwide, Euromonitor International has a unique capability to develop reliable information resources to help drive informed strategic planning.



### Contents

Weight Management and Wellbeing in India Euromonitor International November 2023

#### LIST OF CONTENTS AND TABLES

WEIGHT MANAGEMENT AND WELLBEING IN INDIA KEY DATA FINDINGS

#### 2023 DEVELOPMENTS

Double-digit value growth as consumers seek assistance for weight loss Herbalife strengthens its share in weight management Meal replacement thriving within weight management and wellbeing PROSPECTS AND OPPORTUNITIES The health and wellness trend will drive growth in the forecast period Dieticians and nutritionists likely to influence purchasing decisions Antioxidant claims rising for weight management products CATEGORY DATA Table 1 Sales of Weight Management and Wellbeing by Category: Value 2018-2023 Table 2 Sales of Weight Management and Wellbeing by Category: % Value Growth 2018-2023 Table 3 NBO Company Shares of Weight Management and Wellbeing: % Value 2019-2023 Table 4 LBN Brand Shares of Weight Management and Wellbeing: % Value 2020-2023 Table 5 Forecast Sales of Weight Management and Wellbeing by Category: Value 2023-2028 Table 6 Forecast Sales of Weight Management and Wellbeing by Category: % Value Growth 2023-2028 CONSUMER HEALTH IN INDIA EXECUTIVE SUMMARY Consumer health in 2023: The big picture

#### 2023 KEY TRENDS

Competitive landscape Retailing developments



What next for consumer health? MARKET INDICATORS Table 7 Consumer Expenditure on Health Goods and Medical Services: Value 2018-2023 Table 8 Life Expectancy at Birth 2018-2023 MARKET DATA Table 9 Sales of Consumer Health by Category: Value 2018-2023 Table 10 Sales of Consumer Health by Category: % Value Growth 2018-2023 Table 11 NBO Company Shares of Consumer Health: % Value 2019-2023 Table 12 LBN Brand Shares of Consumer Health: % Value 2020-2023 Table 13 Distribution of Consumer Health by Format: % Value 2018-2023 Table 14 Distribution of Consumer Health by Format and Category: % Value 2023 Table 15 Forecast Sales of Consumer Health by Category: Value 2023-2028 Table 16 Forecast Sales of Consumer Health by Category: % Value Growth 2023-2028 APPENDIX OTC registration and classification Vitamins and dietary supplements registration and classification Self-medication/self-care and preventive medicine Switches DISCLAIMER DEFINITIONS SOURCES Summary 1 Research Sources



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