

# Is the Perfect Sleep a Dream? – Trends in Calming and Sleeping Products

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## Abstracts

The prospects of a good night's sleep fade away as consumers age, take stimulants or spend more time in the digital world. Consequently, demand for safe and efficacious remedies to help them fall sleep are on the rise. Innovations in formulations and delivery formats bring novel options that help consumers capture precious sleep and companies to generate additional revenue.

Euromonitor International's Is the Perfect Sleep a Dream? – Trends in Calming and Sleeping Products global briefing examines the size, growth trends and potential opportunities in the Consumer Health market. The strategic analyses include assessing the impacts of changing regulations, research breakthroughs and public health concerns on both the market and leading companies. Consumer attitudes towards the products and their personal healthcare needs are also explored.

**Product coverage:** Allergy Care, Herbal/Traditional Products, OTC, Paediatric Consumer Health, Sports Nutrition, Vitamins and Dietary Supplements, Weight Management.

**Data coverage:** market sizes (historic and forecasts), company shares, brand shares and distribution data.

## Why buy this report?

Get a detailed picture of the Consumer Health market;

Pinpoint growth sectors and identify factors driving change;

Understand the competitive environment, the market's major players and leading brands;

Use five-year forecasts to assess how the market is predicted to develop.

Euromonitor International has over 40 years' experience of publishing market research reports, business reference books and online information systems. With offices in London, Chicago, Singapore, Shanghai, Vilnius, Dubai, Cape Town, Santiago, Sydney, Tokyo and Bangalore and a network of over 800 analysts worldwide, Euromonitor International has a unique capability to develop reliable information resources to help drive informed strategic planning.

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