

Health and Wellness in the United Arab Emirates

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Abstracts

The health and wellness industry continues to grow in importance post-pandemic as consumers become more aware of the negative health impact of processed foods, seeking healthier foods and beverages from a range of claims such as natural, organic, good source of minerals/vitamins, no sugar/no added sugar (particularly in beverages), low fat and high protein/fibre.

Euromonitor International's Health and Wellness in United Arab Emirates report tracks the developments of health-associated product types and the healthy-option positioning of competing brands across different food sectors. It provides the latest retail sales data 2018-2022, allowing you to compare health and wellness categories with each other or in the context of the total market for a sector. It identifies the leading companies, the leading brands and offers strategic analysis of key factors influencing the market- be they new product developments, legislative context or lifestyle influences. Forecasts to 2027 illustrate how the market is set to change.

Product coverage: HW Cooking Ingredients and Meals, HW Dairy Products and Alternatives, HW Hot Drinks, HW Snacks, HW Soft Drinks, HW Staple Foods.

Data coverage: market sizes (historic and forecasts), company shares, brand shares and distribution data.

Why buy this report?

Get a detailed picture of the Health and Wellness market;

Pinpoint growth sectors and identify factors driving change;

Understand the competitive environment, the market's major players and



leading brands;

Use five-year forecasts to assess how the market is predicted to develop.

Euromonitor International has over 40 years' experience of publishing market research reports, business reference books and online information systems. With offices in London, Chicago, Singapore, Shanghai, Vilnius, Dubai, Cape Town, Santiago, Sydney, Tokyo and Bangalore and a network of over 800 analysts worldwide, Euromonitor International has a unique capability to develop reliable information resources to help drive informed strategic planning.



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Organic drinks have gained consumer preference in the United Arab Emirates, while the government fights for consumers' health

With a young and informed consumer base and demand for less processed products, 2022 sees natural lead health and wellness hot drinks

Probiotic claim within hot drinks boosted by consumers looking for immunity and good digestion

PROSPECTS AND OPPORTUNITIES

Advanced technology will lead to a need for clear claims by hot drinks manufacturers Vegetarian likely to show the most promise in health and wellness hot drinks during the forecast period for health, environmental, and animal welfare reasons

Cardiovascular health one to watch over the forecast period as consumers look to maintain heart health

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Functionality remains a key component in soft drinks in the United Arab Emirates As consumer awareness rises and more players jump on board, 2022 sees natural in the lead in health and wellness soft drinks

With a desire for healthy ageing, bone and joint health sees a boost within health and wellness soft drinks

PROSPECTS AND OPPORTUNITIES

Innovation will be needed to meet the increasing demand for functional drinks with low sugar or no sugar content

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2022 SEES NATURAL IN THE LEAD IN HEALTH AND WELLNESS SNACKS AS CONSUMERS AIM TO EAT "BETTER"

Keto records growth within health and wellness snacks, as more consumers follow a specific diet

PROSPECTS AND OPPORTUNITIES

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PROSPECTS AND OPPORTUNITIES

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As consumers look to avoid consumption of overprocessed foods, 2022 sees natural lead health and wellness cooking ingredients and meals

Keto receives a boost in 2022 within health and wellness cooking ingredients and meals



as more consumers look to limit carbohydrates

PROSPECTS AND OPPORTUNITIES

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PROSPECTS AND OPPORTUNITIES

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