

Health and Wellness in Portugal

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Abstracts

Portuguese consumers were already seeking healthier habits, including those regarding their diet, prior to the emergence of the pandemic. In 2021, this trend has intensified. COVID-19 has led to heightened awareness amongst Portuguese consumers about the importance of a balanced diet for general good health and as a preventive way to support the immune system. This continues to have a positive impact on demand for health and wellness beverages with retail volume sales registering positive growth...

Euromonitor International's Health and Wellness in Portugal report tracks the developments of health-associated product types and the healthy-option positioning of competing brands across different food sectors. It provides the latest retail sales data 2017-2021, allowing you to compare health and wellness categories with each other or in the context of the total market for a sector. It identifies the leading companies, the leading brands and offers strategic analysis of key factors influencing the market- be they new product developments, legislative context or lifestyle influences. Forecasts to 2026 illustrate how the market is set to change.

Product coverage: Focus Categories by Key Functional Ingredients, Health and Wellness by Category, Health and Wellness by Type, Health Wellness by Prime Positioning.

Data coverage: market sizes (historic and forecasts), company shares, brand shares and distribution data.

Why buy this report?

Get a detailed picture of the Health and Wellness market;

Pinpoint growth sectors and identify factors driving change;

Understand the competitive environment, the market's major players and leading brands;

Use five-year forecasts to assess how the market is predicted to develop.

Euromonitor International has over 40 years' experience of publishing market research reports, business reference books and online information systems. With offices in London, Chicago, Singapore, Shanghai, Vilnius, Dubai, Cape Town, Santiago, Sydney, Tokyo and Bangalore and a network of over 800 analysts worldwide, Euromonitor International has a unique capability to develop reliable information resources to help drive informed strategic planning.

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Most new product development focuses on reduced sugar claims

BFY reduced caffeine hot drinks retains considerable share overall

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