

# **Epiomic Epidemiology Series: Adult Obstructive Sleep Apnoea Forecast in 8 Major Markets 2016-2026**

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## **Abstracts**

## Summary

Black Swan Analysis Epiomic Epidemiology Series Forecast Report on Adult Obstructive Sleep Apnoea in 8 Major Markets

Adult obstructive sleep apnoea, otherwise known as Obstructive Sleep Apnea-Hypopnea (OSAH), is a sleep disorder that involves cessation or significant decrease in airflow in the presence of breathing effort. It is the most common type of sleepdisordered breathing (SDB) and is characterized by recurrent episodes of upper airway collapse during sleep.

This report provides the current prevalent population for OSAH across 8 Major Markets (USA, France, Germany, Italy, Spain, UK, Brazil and Japan) split by gender and 5-year age cohort. Along with the current prevalence, the report also contains a disease overview of the risk factors, disease diagnosis and prognosis along with specific variations by geography and ethnicity.

Providing a value-added level of insight from the analysis team at Black Swan, several of the main symptoms and co-morbidities of OSAH have been quantified and presented alongside the overall prevalence figures. These sub-populations within the main disease are also included at a country level across the 10-year forecast snapshot.

Main symptoms and co-morbidities for OSAH include:

Obesity (higher BMI - markedly in males rather than females)



Congestive heart failure (CHF) & left ventricular dysfunction (due to oxygen de-saturation)

Stroke (in more severe stages)

MI

Hypertension

Diabetes

Insulin resistance

This report is built using data and information sourced from the proprietary Epiomic patient segmentation database. To generate accurate patient population estimates, the Epiomic database utilises a combination of several world class sources that deliver the most up to date information from patient registries, clinical trials and epidemiology studies. All of the sources used to generate the data and analysis have been identified in the report.

#### Reason to buy

Able to quantify patient populations in global OSAH market to target the development of future products, pricing strategies and launch plans.

Gain further insight into the prevalence of the subdivided types of OSAH and identify patient segments with high potential.

Delivery of more accurate information for clinical trials in study sizing and realistic patient recruitment for various countries.

Provide a level of understanding on the impact from specific co-morbid conditions on OSAH prevalent population.

Identify sub-populations within OSAH which require treatment.

Gain an understanding of the specific markets that have the largest number of OSAH patients.







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