

Global Yoga and Meditation Subscription Market Research Report 2024(Status and Outlook)

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Abstracts

Report Overview

Yoga and meditation are practices that promote physical, mental, and spiritual well-being. Yoga involves a series of physical postures, breathing exercises, and sometimes meditation, aimed at enhancing flexibility, strength, and inner balance. Meditation, often practiced as a component of yoga or on its own, is a mental exercise that focuses on mindfulness, concentration, or relaxation to achieve a calm and focused state of mind. Together, yoga and meditation are widely used to reduce stress, improve mental clarity, and foster a sense of inner peace.

The global Yoga and Meditation Subscription market size was estimated at USD 6315 million in 2023 and is projected to reach USD 12463.63 million by 2030, exhibiting a CAGR of 10.20% during the forecast period.

North America Yoga and Meditation Subscription market size was USD 1645.51 million in 2023, at a CAGR of 8.74% during the forecast period of 2024 through 2030.

This report provides a deep insight into the global Yoga and Meditation Subscription market covering all its essential aspects. This ranges from a macro overview of the market to micro details of the market size, competitive landscape, development trend, niche market, key market drivers and challenges, SWOT analysis, value chain analysis, etc.

The analysis helps the reader to shape the competition within the industries and strategies for the competitive environment to enhance the potential profit. Furthermore, it provides a simple framework for evaluating and accessing the position of the business



organization. The report structure also focuses on the competitive landscape of the Global Yoga and Meditation Subscription Market, this report introduces in detail the market share, market performance, product situation, operation situation, etc. of the main players, which helps the readers in the industry to identify the main competitors and deeply understand the competition pattern of the market.

In a word, this report is a must-read for industry players, investors, researchers, consultants, business strategists, and all those who have any kind of stake or are planning to foray into the Yoga and Meditation Subscription market in any manner.

Global Yoga and Meditation Subscription Market: Market Segmentation Analysis

The research report includes specific segments by region (country), manufacturers, Type, and Application. Market segmentation creates subsets of a market based on product type, end-user or application, Geographic, and other factors. By understanding the market segments, the decision-maker can leverage this targeting in the product, sales, and marketing strategies. Market segments can power your product development cycles by informing how you create product offerings for different segments.

| Key Company |
|------------------------|
| Smiling Mind |
| Inner Explorer Inc. |
| Committee for Children |
| Stop |
| Breathe & Think PBC |
| Simple Habit Inc. |
| Calm Headspace Inc. |
| Inscape |
| Insight Network Inc. |



Waking Up

| LLC | |
|--------------------------------------|--|
| FeelVeryBien S.a.S | |
| MEDITOPIA | |
| BetterMe | |
| Aura Health | |
| Sanity & Self | |
| TEN PERCENT HAPPIER | |
| Inward Inc. | |
| Portal Labs Ltd. | |
| MOBIO INTERACTIVE | |
| Mindfulness Everywhere | |
| Market Segmentation (by Type) | |
| App Subscription | |
| Web Subscription | |
| Market Segmentation (by Application) | |
| Individuals | |
| Schools | |
| Corporates | |
| Other | |

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Geographic Segmentation

North America (USA, Canada, Mexico)

Europe (Germany, UK, France, Russia, Italy, Rest of Europe)

Asia-Pacific (China, Japan, South Korea, India, Southeast Asia, Rest of Asia-Pacific)

South America (Brazil, Argentina, Columbia, Rest of South America)

The Middle East and Africa (Saudi Arabia, UAE, Egypt, Nigeria, South Africa, Rest of MEA)

Key Benefits of This Market Research:

Industry drivers, restraints, and opportunities covered in the study

Neutral perspective on the market performance

Recent industry trends and developments

Competitive landscape & strategies of key players

Potential & niche segments and regions exhibiting promising growth covered

Historical, current, and projected market size, in terms of value

In-depth analysis of the Yoga and Meditation Subscription Market

Overview of the regional outlook of the Yoga and Meditation Subscription Market:

Key Reasons to Buy this Report:

Access to date statistics compiled by our researchers. These provide you with



historical and forecast data, which is analyzed to tell you why your market is set to change

This enables you to anticipate market changes to remain ahead of your competitors

You will be able to copy data from the Excel spreadsheet straight into your marketing plans, business presentations, or other strategic documents

The concise analysis, clear graph, and table format will enable you to pinpoint the information you require quickly

Provision of market value (USD Billion) data for each segment and sub-segment

Indicates the region and segment that is expected to witness the fastest growth as well as to dominate the market

Analysis by geography highlighting the consumption of the product/service in the region as well as indicating the factors that are affecting the market within each region

Competitive landscape which incorporates the market ranking of the major players, along with new service/product launches, partnerships, business expansions, and acquisitions in the past five years of companies profiled

Extensive company profiles comprising of company overview, company insights, product benchmarking, and SWOT analysis for the major market players

The current as well as the future market outlook of the industry concerning recent developments which involve growth opportunities and drivers as well as challenges and restraints of both emerging as well as developed regions

Includes in-depth analysis of the market from various perspectives through Porter's five forces analysis

Provides insight into the market through Value Chain

Market dynamics scenario, along with growth opportunities of the market in the years to come



6-month post-sales analyst support

Customization of the Report

In case of any queries or customization requirements, please connect with our sales team, who will ensure that your requirements are met.

Chapter Outline

Chapter 1 mainly introduces the statistical scope of the report, market division standards, and market research methods.

Chapter 2 is an executive summary of different market segments (by region, product type, application, etc), including the market size of each market segment, future development potential, and so on. It offers a high-level view of the current state of the Yoga and Meditation Subscription Market and its likely evolution in the short to midterm, and long term.

Chapter 3 makes a detailed analysis of the market's competitive landscape of the market and provides the market share, capacity, output, price, latest development plan, merger, and acquisition information of the main manufacturers in the market.

Chapter 4 is the analysis of the whole market industrial chain, including the upstream and downstream of the industry, as well as Porter's five forces analysis.

Chapter 5 introduces the latest developments of the market, the driving factors and restrictive factors of the market, the challenges and risks faced by manufacturers in the industry, and the analysis of relevant policies in the industry.

Chapter 6 provides the analysis of various market segments according to product types, covering the market size and development potential of each market segment, to help readers find the blue ocean market in different market segments.

Chapter 7 provides the analysis of various market segments according to application, covering the market size and development potential of each market segment, to help readers find the blue ocean market in different downstream markets.



Chapter 8 provides a quantitative analysis of the market size and development potential of each region and its main countries and introduces the market development, future development prospects, market space, and capacity of each country in the world.

Chapter 9 introduces the basic situation of the main companies in the market in detail, including product sales revenue, sales volume, price, gross profit margin, market share, product introduction, recent development, etc.

Chapter 10 provides a quantitative analysis of the market size and development potential of each region in the next five years.

Chapter 11 provides a quantitative analysis of the market size and development potential of each market segment in the next five years.

Chapter 12 is the main points and conclusions of the report.



Contents

1 RESEARCH METHODOLOGY AND STATISTICAL SCOPE

- 1.1 Market Definition and Statistical Scope of Yoga and Meditation Subscription
- 1.2 Key Market Segments
 - 1.2.1 Yoga and Meditation Subscription Segment by Type
- 1.2.2 Yoga and Meditation Subscription Segment by Application
- 1.3 Methodology & Sources of Information
 - 1.3.1 Research Methodology
 - 1.3.2 Research Process
- 1.3.3 Market Breakdown and Data Triangulation
- 1.3.4 Base Year
- 1.3.5 Report Assumptions & Caveats

2 YOGA AND MEDITATION SUBSCRIPTION MARKET OVERVIEW

- 2.1 Global Market Overview
- 2.2 Market Segment Executive Summary
- 2.3 Global Market Size by Region

3 YOGA AND MEDITATION SUBSCRIPTION MARKET COMPETITIVE LANDSCAPE

- 3.1 Global Yoga and Meditation Subscription Revenue Market Share by Company (2019-2024)
- 3.2 Yoga and Meditation Subscription Market Share by Company Type (Tier 1, Tier 2, and Tier 3)
- 3.3 Company Yoga and Meditation Subscription Market Size Sites, Area Served, Product Type
- 3.4 Yoga and Meditation Subscription Market Competitive Situation and Trends
 - 3.4.1 Yoga and Meditation Subscription Market Concentration Rate
- 3.4.2 Global 5 and 10 Largest Yoga and Meditation Subscription Players Market Share by Revenue
 - 3.4.3 Mergers & Acquisitions, Expansion

4 YOGA AND MEDITATION SUBSCRIPTION VALUE CHAIN ANALYSIS

- 4.1 Yoga and Meditation Subscription Value Chain Analysis
- 4.2 Midstream Market Analysis



4.3 Downstream Customer Analysis

5 THE DEVELOPMENT AND DYNAMICS OF YOGA AND MEDITATION SUBSCRIPTION MARKET

- 5.1 Key Development Trends
- 5.2 Driving Factors
- 5.3 Market Challenges
- 5.4 Market Restraints
- 5.5 Industry News
 - 5.5.1 Mergers & Acquisitions
 - 5.5.2 Expansions
 - 5.5.3 Collaboration/Supply Contracts
- 5.6 Industry Policies

6 YOGA AND MEDITATION SUBSCRIPTION MARKET SEGMENTATION BY TYPE

- 6.1 Evaluation Matrix of Segment Market Development Potential (Type)
- 6.2 Global Yoga and Meditation Subscription Market Size Market Share by Type (2019-2024)
- 6.3 Global Yoga and Meditation Subscription Market Size Growth Rate by Type (2019-2024)

7 YOGA AND MEDITATION SUBSCRIPTION MARKET SEGMENTATION BY APPLICATION

- 7.1 Evaluation Matrix of Segment Market Development Potential (Application)
- 7.2 Global Yoga and Meditation Subscription Market Size (M USD) by Application (2019-2024)
- 7.3 Global Yoga and Meditation Subscription Market Size Growth Rate by Application (2019-2024)

8 YOGA AND MEDITATION SUBSCRIPTION MARKET SEGMENTATION BY REGION

- 8.1 Global Yoga and Meditation Subscription Market Size by Region
- 8.1.1 Global Yoga and Meditation Subscription Market Size by Region
- 8.1.2 Global Yoga and Meditation Subscription Market Size Market Share by Region
- 8.2 North America



- 8.2.1 North America Yoga and Meditation Subscription Market Size by Country
- 8.2.2 U.S.
- 8.2.3 Canada
- 8.2.4 Mexico
- 8.3 Europe
 - 8.3.1 Europe Yoga and Meditation Subscription Market Size by Country
 - 8.3.2 Germany
 - 8.3.3 France
 - 8.3.4 U.K.
 - 8.3.5 Italy
 - 8.3.6 Russia
- 8.4 Asia Pacific
 - 8.4.1 Asia Pacific Yoga and Meditation Subscription Market Size by Region
 - 8.4.2 China
 - 8.4.3 Japan
 - 8.4.4 South Korea
 - 8.4.5 India
 - 8.4.6 Southeast Asia
- 8.5 South America
 - 8.5.1 South America Yoga and Meditation Subscription Market Size by Country
 - 8.5.2 Brazil
 - 8.5.3 Argentina
 - 8.5.4 Columbia
- 8.6 Middle East and Africa
 - 8.6.1 Middle East and Africa Yoga and Meditation Subscription Market Size by Region
 - 8.6.2 Saudi Arabia
 - 8.6.3 UAE
 - 8.6.4 Egypt
 - 8.6.5 Nigeria
 - 8.6.6 South Africa

9 KEY COMPANIES PROFILE

- 9.1 Smiling Mind
 - 9.1.1 Smiling Mind Yoga and Meditation Subscription Basic Information
 - 9.1.2 Smiling Mind Yoga and Meditation Subscription Product Overview
 - 9.1.3 Smiling Mind Yoga and Meditation Subscription Product Market Performance
 - 9.1.4 Smiling Mind Yoga and Meditation Subscription SWOT Analysis
 - 9.1.5 Smiling Mind Business Overview



- 9.1.6 Smiling Mind Recent Developments
- 9.2 Inner Explorer Inc.
 - 9.2.1 Inner Explorer Inc. Yoga and Meditation Subscription Basic Information
 - 9.2.2 Inner Explorer Inc. Yoga and Meditation Subscription Product Overview
- 9.2.3 Inner Explorer Inc. Yoga and Meditation Subscription Product Market

Performance

- 9.2.4 Inner Explorer Inc. Yoga and Meditation Subscription SWOT Analysis
- 9.2.5 Inner Explorer Inc. Business Overview
- 9.2.6 Inner Explorer Inc. Recent Developments
- 9.3 Committee for Children
- 9.3.1 Committee for Children Yoga and Meditation Subscription Basic Information
- 9.3.2 Committee for Children Yoga and Meditation Subscription Product Overview
- 9.3.3 Committee for Children Yoga and Meditation Subscription Product Market Performance
 - 9.3.4 Committee for Children Yoga and Meditation Subscription SWOT Analysis
 - 9.3.5 Committee for Children Business Overview
 - 9.3.6 Committee for Children Recent Developments
- 9.4 Stop
 - 9.4.1 Stop Yoga and Meditation Subscription Basic Information
 - 9.4.2 Stop Yoga and Meditation Subscription Product Overview
 - 9.4.3 Stop Yoga and Meditation Subscription Product Market Performance
 - 9.4.4 Stop Business Overview
 - 9.4.5 Stop Recent Developments
- 9.5 Breathe and Think PBC
- 9.5.1 Breathe and Think PBC Yoga and Meditation Subscription Basic Information
- 9.5.2 Breathe and Think PBC Yoga and Meditation Subscription Product Overview
- 9.5.3 Breathe and Think PBC Yoga and Meditation Subscription Product Market

Performance

- 9.5.4 Breathe and Think PBC Business Overview
- 9.5.5 Breathe and Think PBC Recent Developments
- 9.6 Simple Habit Inc.
 - 9.6.1 Simple Habit Inc. Yoga and Meditation Subscription Basic Information
 - 9.6.2 Simple Habit Inc. Yoga and Meditation Subscription Product Overview
 - 9.6.3 Simple Habit Inc. Yoga and Meditation Subscription Product Market Performance
 - 9.6.4 Simple Habit Inc. Business Overview
 - 9.6.5 Simple Habit Inc. Recent Developments
- 9.7 Calm Headspace Inc.
 - 9.7.1 Calm Headspace Inc. Yoga and Meditation Subscription Basic Information
 - 9.7.2 Calm Headspace Inc. Yoga and Meditation Subscription Product Overview



- 9.7.3 Calm Headspace Inc. Yoga and Meditation Subscription Product Market Performance
 - 9.7.4 Calm Headspace Inc. Business Overview
 - 9.7.5 Calm Headspace Inc. Recent Developments
- 9.8 Inscape
 - 9.8.1 Inscape Yoga and Meditation Subscription Basic Information
 - 9.8.2 Inscape Yoga and Meditation Subscription Product Overview
 - 9.8.3 Inscape Yoga and Meditation Subscription Product Market Performance
 - 9.8.4 Inscape Business Overview
 - 9.8.5 Inscape Recent Developments
- 9.9 Insight Network Inc.
 - 9.9.1 Insight Network Inc. Yoga and Meditation Subscription Basic Information
- 9.9.2 Insight Network Inc. Yoga and Meditation Subscription Product Overview
- 9.9.3 Insight Network Inc. Yoga and Meditation Subscription Product Market

Performance

- 9.9.4 Insight Network Inc. Business Overview
- 9.9.5 Insight Network Inc. Recent Developments
- 9.10 Waking Up
 - 9.10.1 Waking Up Yoga and Meditation Subscription Basic Information
 - 9.10.2 Waking Up Yoga and Meditation Subscription Product Overview
 - 9.10.3 Waking Up Yoga and Meditation Subscription Product Market Performance
 - 9.10.4 Waking Up Business Overview
 - 9.10.5 Waking Up Recent Developments
- 9.11 LLC
 - 9.11.1 LLC Yoga and Meditation Subscription Basic Information
 - 9.11.2 LLC Yoga and Meditation Subscription Product Overview
 - 9.11.3 LLC Yoga and Meditation Subscription Product Market Performance
 - 9.11.4 LLC Business Overview
 - 9.11.5 LLC Recent Developments
- 9.12 FeelVeryBien S.a.S
 - 9.12.1 FeelVeryBien S.a.S Yoga and Meditation Subscription Basic Information
 - 9.12.2 FeelVeryBien S.a.S Yoga and Meditation Subscription Product Overview
- 9.12.3 FeelVeryBien S.a.S Yoga and Meditation Subscription Product Market

Performance

- 9.12.4 FeelVeryBien S.a.S Business Overview
- 9.12.5 FeelVeryBien S.a.S Recent Developments
- 9.13 MEDITOPIA
- 9.13.1 MEDITOPIA Yoga and Meditation Subscription Basic Information
- 9.13.2 MEDITOPIA Yoga and Meditation Subscription Product Overview



- 9.13.3 MEDITOPIA Yoga and Meditation Subscription Product Market Performance
- 9.13.4 MEDITOPIA Business Overview
- 9.13.5 MEDITOPIA Recent Developments
- 9.14 BetterMe
 - 9.14.1 BetterMe Yoga and Meditation Subscription Basic Information
 - 9.14.2 BetterMe Yoga and Meditation Subscription Product Overview
 - 9.14.3 BetterMe Yoga and Meditation Subscription Product Market Performance
 - 9.14.4 BetterMe Business Overview
 - 9.14.5 BetterMe Recent Developments
- 9.15 Aura Health
 - 9.15.1 Aura Health Yoga and Meditation Subscription Basic Information
 - 9.15.2 Aura Health Yoga and Meditation Subscription Product Overview
 - 9.15.3 Aura Health Yoga and Meditation Subscription Product Market Performance
 - 9.15.4 Aura Health Business Overview
 - 9.15.5 Aura Health Recent Developments
- 9.16 Sanity and Self
 - 9.16.1 Sanity and Self Yoga and Meditation Subscription Basic Information
 - 9.16.2 Sanity and Self Yoga and Meditation Subscription Product Overview
 - 9.16.3 Sanity and Self Yoga and Meditation Subscription Product Market Performance
 - 9.16.4 Sanity and Self Business Overview
 - 9.16.5 Sanity and Self Recent Developments
- 9.17 TEN PERCENT HAPPIER
 - 9.17.1 TEN PERCENT HAPPIER Yoga and Meditation Subscription Basic Information
- 9.17.2 TEN PERCENT HAPPIER Yoga and Meditation Subscription Product Overview
- 9.17.3 TEN PERCENT HAPPIER Yoga and Meditation Subscription Product Market Performance
 - 9.17.4 TEN PERCENT HAPPIER Business Overview
- 9.17.5 TEN PERCENT HAPPIER Recent Developments
- 9.18 Inward Inc.
 - 9.18.1 Inward Inc. Yoga and Meditation Subscription Basic Information
 - 9.18.2 Inward Inc. Yoga and Meditation Subscription Product Overview
 - 9.18.3 Inward Inc. Yoga and Meditation Subscription Product Market Performance
 - 9.18.4 Inward Inc. Business Overview
 - 9.18.5 Inward Inc. Recent Developments
- 9.19 Portal Labs Ltd.
 - 9.19.1 Portal Labs Ltd. Yoga and Meditation Subscription Basic Information
 - 9.19.2 Portal Labs Ltd. Yoga and Meditation Subscription Product Overview
 - 9.19.3 Portal Labs Ltd. Yoga and Meditation Subscription Product Market Performance
 - 9.19.4 Portal Labs Ltd. Business Overview



- 9.19.5 Portal Labs Ltd. Recent Developments
- 9.20 MOBIO INTERACTIVE
 - 9.20.1 MOBIO INTERACTIVE Yoga and Meditation Subscription Basic Information
 - 9.20.2 MOBIO INTERACTIVE Yoga and Meditation Subscription Product Overview
- 9.20.3 MOBIO INTERACTIVE Yoga and Meditation Subscription Product Market Performance
 - 9.20.4 MOBIO INTERACTIVE Business Overview
- 9.20.5 MOBIO INTERACTIVE Recent Developments
- 9.21 Mindfulness Everywhere
 - 9.21.1 Mindfulness Everywhere Yoga and Meditation Subscription Basic Information
 - 9.21.2 Mindfulness Everywhere Yoga and Meditation Subscription Product Overview
- 9.21.3 Mindfulness Everywhere Yoga and Meditation Subscription Product Market Performance
 - 9.21.4 Mindfulness Everywhere Business Overview
- 9.21.5 Mindfulness Everywhere Recent Developments

10 YOGA AND MEDITATION SUBSCRIPTION REGIONAL MARKET FORECAST

- 10.1 Global Yoga and Meditation Subscription Market Size Forecast
- 10.2 Global Yoga and Meditation Subscription Market Forecast by Region
 - 10.2.1 North America Market Size Forecast by Country
 - 10.2.2 Europe Yoga and Meditation Subscription Market Size Forecast by Country
 - 10.2.3 Asia Pacific Yoga and Meditation Subscription Market Size Forecast by Region
- 10.2.4 South America Yoga and Meditation Subscription Market Size Forecast by Country
- 10.2.5 Middle East and Africa Forecasted Consumption of Yoga and Meditation Subscription by Country

11 FORECAST MARKET BY TYPE AND BY APPLICATION (2025-2030)

- 11.1 Global Yoga and Meditation Subscription Market Forecast by Type (2025-2030)
- 11.2 Global Yoga and Meditation Subscription Market Forecast by Application (2025-2030)

12 CONCLUSION AND KEY FINDINGS



List Of Tables

LIST OF TABLES

- Table 1. Introduction of the Type
- Table 2. Introduction of the Application
- Table 3. Market Size (M USD) Segment Executive Summary
- Table 4. Yoga and Meditation Subscription Market Size Comparison by Region (M USD)
- Table 5. Global Yoga and Meditation Subscription Revenue (M USD) by Company (2019-2024)
- Table 6. Global Yoga and Meditation Subscription Revenue Share by Company (2019-2024)
- Table 7. Company Type (Tier 1, Tier 2, and Tier 3) & (based on the Revenue in Yoga and Meditation Subscription as of 2022)
- Table 8. Company Yoga and Meditation Subscription Market Size Sites and Area Served
- Table 9. Company Yoga and Meditation Subscription Product Type
- Table 10. Global Yoga and Meditation Subscription Company Market Concentration Ratio (CR5 and HHI)
- Table 11. Mergers & Acquisitions, Expansion Plans
- Table 12. Value Chain Map of Yoga and Meditation Subscription
- Table 13. Midstream Market Analysis
- Table 14. Downstream Customer Analysis
- Table 15. Key Development Trends
- Table 16. Driving Factors
- Table 17. Yoga and Meditation Subscription Market Challenges
- Table 18. Global Yoga and Meditation Subscription Market Size by Type (M USD)
- Table 19. Global Yoga and Meditation Subscription Market Size (M USD) by Type (2019-2024)
- Table 20. Global Yoga and Meditation Subscription Market Size Share by Type (2019-2024)
- Table 21. Global Yoga and Meditation Subscription Market Size Growth Rate by Type (2019-2024)
- Table 22. Global Yoga and Meditation Subscription Market Size by Application
- Table 23. Global Yoga and Meditation Subscription Market Size by Application (2019-2024) & (M USD)
- Table 24. Global Yoga and Meditation Subscription Market Share by Application (2019-2024)



Table 25. Global Yoga and Meditation Subscription Market Size Growth Rate by Application (2019-2024)

Table 26. Global Yoga and Meditation Subscription Market Size by Region (2019-2024) & (M USD)

Table 27. Global Yoga and Meditation Subscription Market Size Market Share by Region (2019-2024)

Table 28. North America Yoga and Meditation Subscription Market Size by Country (2019-2024) & (M USD)

Table 29. Europe Yoga and Meditation Subscription Market Size by Country (2019-2024) & (M USD)

Table 30. Asia Pacific Yoga and Meditation Subscription Market Size by Region (2019-2024) & (M USD)

Table 31. South America Yoga and Meditation Subscription Market Size by Country (2019-2024) & (M USD)

Table 32. Middle East and Africa Yoga and Meditation Subscription Market Size by Region (2019-2024) & (M USD)

Table 33. Smiling Mind Yoga and Meditation Subscription Basic Information

Table 34. Smiling Mind Yoga and Meditation Subscription Product Overview

Table 35. Smiling Mind Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)

Table 36. Smiling Mind Yoga and Meditation Subscription SWOT Analysis

Table 37. Smiling Mind Business Overview

Table 38. Smiling Mind Recent Developments

Table 39. Inner Explorer Inc. Yoga and Meditation Subscription Basic Information

Table 40. Inner Explorer Inc. Yoga and Meditation Subscription Product Overview

Table 41. Inner Explorer Inc. Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)

Table 42. Inner Explorer Inc. Yoga and Meditation Subscription SWOT Analysis

Table 43. Inner Explorer Inc. Business Overview

Table 44. Inner Explorer Inc. Recent Developments

Table 45. Committee for Children Yoga and Meditation Subscription Basic Information

Table 46. Committee for Children Yoga and Meditation Subscription Product Overview

Table 47. Committee for Children Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)

Table 48. Committee for Children Yoga and Meditation Subscription SWOT Analysis

Table 49. Committee for Children Business Overview

Table 50. Committee for Children Recent Developments

Table 51. Stop Yoga and Meditation Subscription Basic Information

Table 52. Stop Yoga and Meditation Subscription Product Overview



- Table 53. Stop Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 54. Stop Business Overview
- Table 55. Stop Recent Developments
- Table 56. Breathe and Think PBC Yoga and Meditation Subscription Basic Information
- Table 57. Breathe and Think PBC Yoga and Meditation Subscription Product Overview
- Table 58. Breathe and Think PBC Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 59. Breathe and Think PBC Business Overview
- Table 60. Breathe and Think PBC Recent Developments
- Table 61. Simple Habit Inc. Yoga and Meditation Subscription Basic Information
- Table 62. Simple Habit Inc. Yoga and Meditation Subscription Product Overview
- Table 63. Simple Habit Inc. Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 64. Simple Habit Inc. Business Overview
- Table 65. Simple Habit Inc. Recent Developments
- Table 66. Calm Headspace Inc. Yoga and Meditation Subscription Basic Information
- Table 67. Calm Headspace Inc. Yoga and Meditation Subscription Product Overview
- Table 68. Calm Headspace Inc. Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 69. Calm Headspace Inc. Business Overview
- Table 70. Calm Headspace Inc. Recent Developments
- Table 71. Inscape Yoga and Meditation Subscription Basic Information
- Table 72. Inscape Yoga and Meditation Subscription Product Overview
- Table 73. Inscape Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 74. Inscape Business Overview
- Table 75. Inscape Recent Developments
- Table 76. Insight Network Inc. Yoga and Meditation Subscription Basic Information
- Table 77. Insight Network Inc. Yoga and Meditation Subscription Product Overview
- Table 78. Insight Network Inc. Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 79. Insight Network Inc. Business Overview
- Table 80. Insight Network Inc. Recent Developments
- Table 81. Waking Up Yoga and Meditation Subscription Basic Information
- Table 82. Waking Up Yoga and Meditation Subscription Product Overview
- Table 83. Waking Up Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 84. Waking Up Business Overview



- Table 85. Waking Up Recent Developments
- Table 86. LLC Yoga and Meditation Subscription Basic Information
- Table 87. LLC Yoga and Meditation Subscription Product Overview
- Table 88. LLC Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 89. LLC Business Overview
- Table 90. LLC Recent Developments
- Table 91. FeelVeryBien S.a.S Yoga and Meditation Subscription Basic Information
- Table 92. FeelVeryBien S.a.S Yoga and Meditation Subscription Product Overview
- Table 93. FeelVeryBien S.a.S Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 94. FeelVeryBien S.a.S Business Overview
- Table 95. FeelVeryBien S.a.S Recent Developments
- Table 96. MEDITOPIA Yoga and Meditation Subscription Basic Information
- Table 97. MEDITOPIA Yoga and Meditation Subscription Product Overview
- Table 98. MEDITOPIA Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 99. MEDITOPIA Business Overview
- Table 100. MEDITOPIA Recent Developments
- Table 101. BetterMe Yoga and Meditation Subscription Basic Information
- Table 102. BetterMe Yoga and Meditation Subscription Product Overview
- Table 103. BetterMe Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 104. BetterMe Business Overview
- Table 105. BetterMe Recent Developments
- Table 106. Aura Health Yoga and Meditation Subscription Basic Information
- Table 107. Aura Health Yoga and Meditation Subscription Product Overview
- Table 108. Aura Health Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 109. Aura Health Business Overview
- Table 110. Aura Health Recent Developments
- Table 111. Sanity and Self Yoga and Meditation Subscription Basic Information
- Table 112. Sanity and Self Yoga and Meditation Subscription Product Overview
- Table 113. Sanity and Self Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 114. Sanity and Self Business Overview
- Table 115. Sanity and Self Recent Developments
- Table 116. TEN PERCENT HAPPIER Yoga and Meditation Subscription Basic Information



- Table 117. TEN PERCENT HAPPIER Yoga and Meditation Subscription Product Overview
- Table 118. TEN PERCENT HAPPIER Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 119. TEN PERCENT HAPPIER Business Overview
- Table 120. TEN PERCENT HAPPIER Recent Developments
- Table 121. Inward Inc. Yoga and Meditation Subscription Basic Information
- Table 122. Inward Inc. Yoga and Meditation Subscription Product Overview
- Table 123. Inward Inc. Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 124. Inward Inc. Business Overview
- Table 125. Inward Inc. Recent Developments
- Table 126. Portal Labs Ltd. Yoga and Meditation Subscription Basic Information
- Table 127. Portal Labs Ltd. Yoga and Meditation Subscription Product Overview
- Table 128. Portal Labs Ltd. Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 129. Portal Labs Ltd. Business Overview
- Table 130. Portal Labs Ltd. Recent Developments
- Table 131. MOBIO INTERACTIVE Yoga and Meditation Subscription Basic Information
- Table 132. MOBIO INTERACTIVE Yoga and Meditation Subscription Product Overview
- Table 133. MOBIO INTERACTIVE Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 134. MOBIO INTERACTIVE Business Overview
- Table 135. MOBIO INTERACTIVE Recent Developments
- Table 136. Mindfulness Everywhere Yoga and Meditation Subscription Basic Information
- Table 137. Mindfulness Everywhere Yoga and Meditation Subscription Product Overview
- Table 138. Mindfulness Everywhere Yoga and Meditation Subscription Revenue (M USD) and Gross Margin (2019-2024)
- Table 139. Mindfulness Everywhere Business Overview
- Table 140. Mindfulness Everywhere Recent Developments
- Table 141. Global Yoga and Meditation Subscription Market Size Forecast by Region (2025-2030) & (M USD)
- Table 142. North America Yoga and Meditation Subscription Market Size Forecast by Country (2025-2030) & (M USD)
- Table 143. Europe Yoga and Meditation Subscription Market Size Forecast by Country (2025-2030) & (M USD)
- Table 144. Asia Pacific Yoga and Meditation Subscription Market Size Forecast by



Region (2025-2030) & (M USD)

Table 145. South America Yoga and Meditation Subscription Market Size Forecast by Country (2025-2030) & (M USD)

Table 146. Middle East and Africa Yoga and Meditation Subscription Market Size Forecast by Country (2025-2030) & (M USD)

Table 147. Global Yoga and Meditation Subscription Market Size Forecast by Type (2025-2030) & (M USD)

Table 148. Global Yoga and Meditation Subscription Market Size Forecast by Application (2025-2030) & (M USD)



List Of Figures

LIST OF FIGURES

- Figure 1. Industrial Chain of Yoga and Meditation Subscription
- Figure 2. Data Triangulation
- Figure 3. Key Caveats
- Figure 4. Global Yoga and Meditation Subscription Market Size (M USD), 2019-2030
- Figure 5. Global Yoga and Meditation Subscription Market Size (M USD) (2019-2030)
- Figure 6. Evaluation Matrix of Segment Market Development Potential (Type)
- Figure 7. Evaluation Matrix of Segment Market Development Potential (Application)
- Figure 8. Evaluation Matrix of Regional Market Development Potential
- Figure 9. Yoga and Meditation Subscription Market Size by Country (M USD)
- Figure 10. Global Yoga and Meditation Subscription Revenue Share by Company in 2023
- Figure 11. Yoga and Meditation Subscription Market Share by Company Type (Tier 1, Tier 2 and Tier 3): 2023
- Figure 12. The Global 5 and 10 Largest Players: Market Share by Yoga and Meditation Subscription Revenue in 2023
- Figure 13. Evaluation Matrix of Segment Market Development Potential (Type)
- Figure 14. Global Yoga and Meditation Subscription Market Share by Type
- Figure 15. Market Size Share of Yoga and Meditation Subscription by Type (2019-2024)
- Figure 16. Market Size Market Share of Yoga and Meditation Subscription by Type in 2022
- Figure 17. Global Yoga and Meditation Subscription Market Size Growth Rate by Type (2019-2024)
- Figure 18. Evaluation Matrix of Segment Market Development Potential (Application)
- Figure 19. Global Yoga and Meditation Subscription Market Share by Application
- Figure 20. Global Yoga and Meditation Subscription Market Share by Application (2019-2024)
- Figure 21. Global Yoga and Meditation Subscription Market Share by Application in 2022
- Figure 22. Global Yoga and Meditation Subscription Market Size Growth Rate by Application (2019-2024)
- Figure 23. Global Yoga and Meditation Subscription Market Size Market Share by Region (2019-2024)
- Figure 24. North America Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)
- Figure 25. North America Yoga and Meditation Subscription Market Size Market Share



by Country in 2023

Figure 26. U.S. Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 27. Canada Yoga and Meditation Subscription Market Size (M USD) and Growth Rate (2019-2024)

Figure 28. Mexico Yoga and Meditation Subscription Market Size (Units) and Growth Rate (2019-2024)

Figure 29. Europe Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 30. Europe Yoga and Meditation Subscription Market Size Market Share by Country in 2023

Figure 31. Germany Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 32. France Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 33. U.K. Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 34. Italy Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 35. Russia Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 36. Asia Pacific Yoga and Meditation Subscription Market Size and Growth Rate (M USD)

Figure 37. Asia Pacific Yoga and Meditation Subscription Market Size Market Share by Region in 2023

Figure 38. China Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 39. Japan Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 40. South Korea Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 41. India Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 42. Southeast Asia Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 43. South America Yoga and Meditation Subscription Market Size and Growth Rate (M USD)

Figure 44. South America Yoga and Meditation Subscription Market Size Market Share by Country in 2023



Figure 45. Brazil Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 46. Argentina Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 47. Columbia Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 48. Middle East and Africa Yoga and Meditation Subscription Market Size and Growth Rate (M USD)

Figure 49. Middle East and Africa Yoga and Meditation Subscription Market Size Market Share by Region in 2023

Figure 50. Saudi Arabia Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 51. UAE Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 52. Egypt Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 53. Nigeria Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 54. South Africa Yoga and Meditation Subscription Market Size and Growth Rate (2019-2024) & (M USD)

Figure 55. Global Yoga and Meditation Subscription Market Size Forecast by Value (2019-2030) & (M USD)

Figure 56. Global Yoga and Meditation Subscription Market Share Forecast by Type (2025-2030)

Figure 57. Global Yoga and Meditation Subscription Market Share Forecast by Application (2025-2030)



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