

Global Lignans Market Size study, by Source (Plant Resins, Cereals & Grains), by Application (Food & Beverages, Animal Nutrition), and Regional Forecasts 2022-2032

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Abstracts

The Global Lignans Market is valued at approximately USD 351.6 million in 2023 and is anticipated to grow at a robust CAGR of 6.8% over the forecast period 2024-2032. Lignans—naturally occurring polyphenolic compounds predominantly found in plant-based sources—have carved a pivotal niche within the health-focused segments of the food and nutraceutical industries. Recognized for their antioxidant, anti-inflammatory, and hormone-balancing properties, lignans are increasingly integrated into dietary formulations aimed at enhancing cardiovascular, metabolic, and hormonal health. Extracted primarily from plant resins, cereals, and grains such as flaxseed, sesame, and rye, lignans offer a dual advantage of functional potency and clean-label appeal, aligning perfectly with the broader consumer shift toward natural and minimally processed wellness ingredients.

This market's growth trajectory is significantly shaped by the rising global emphasis on functional foods and preventive healthcare. As chronic lifestyle disorders become more prevalent, consumers and manufacturers alike are steering toward ingredients that not only support general health but also address specific conditions such as hormone-related cancers and cardiovascular ailments. In the food and beverage sector, lignans are being infused into cereals, dairy alternatives, baked goods, and fortified beverages. Simultaneously, the animal nutrition segment is witnessing increased adoption, where lignans are utilized to enhance immune function, reduce inflammation, and improve reproductive health in livestock and pets. Nevertheless, despite their promising health benefits, lignans face challenges related to bioavailability, stability during processing, and the complexities of standardizing extraction techniques across different raw



material sources.

Technological innovation remains at the forefront of lignans market expansion. With advancements in encapsulation and fermentation processes, manufacturers are overcoming previous limitations related to compound degradation and absorption rates. Biotech-driven extraction methods are also gaining ground, allowing for purer isolates with enhanced efficacy while preserving environmental sustainability. Moreover, ongoing research is uncovering newer sources of lignans and exploring synergistic blends with other phytochemicals, which could further broaden the application landscape across fortified foods, sports nutrition, and functional beverages.

On a regional scale, Europe dominated the lignans market in 2023, buoyed by a high level of consumer awareness, sophisticated nutraceutical infrastructure, and supportive regulatory frameworks that encourage the use of plant-based health enhancers. Countries such as Germany, France, and the Nordic nations have emerged as leading adopters, integrating lignans into mainstream food products and supplements. North America follows closely, driven by the surge in demand for natural ingredients and the burgeoning popularity of flaxseed-based products. Meanwhile, the Asia Pacific region is anticipated to exhibit the highest growth rate during the forecast period, underpinned by expanding middle-class populations, increasing disposable incomes, and a rising inclination toward holistic nutrition in countries like China, India, and South Korea.

Major market player included in this report are:

Archer Daniels Midland Company

Linnea SA

BioGin Biochemicals Co., Ltd.

Naturalin Bio-Resources Co., Ltd.

Cayman Chemical Company

Xi'an Greena Biotech Co., Ltd.

Plamed Green Science Group

TSKG Products



KCI Ltd.

Beijing Brilliance Bio

PerkinElmer Inc.

Hunan NutraMax Inc.

Skuny Bioscience Co., Ltd.

Herbs & Crops Overseas

Alchem International Pvt. Ltd.

The detailed segments and sub-segment of the market are explained below:

By Source

Plant Resins

Cereals & Grains

By Application

Food & Beverages

Animal Nutrition

By Region:

North America

U.S.

Canada

Global Lignans Market Size study, by Source (Plant Resins, Cereals & Grains), by Application (Food & Beverages...



Europe

UK

Germany

France

Spain

Italy

ROE

Asia Pacific

China

India

Japan

Australia

South Korea

RoAPAC

Latin America

Brazil

Mexico



Middle East & Africa

Saudi Arabia

South Africa

RoMEA

Years considered for the study are as follows:

Historical year - 2022

Base year - 2023

Forecast period - 2024 to 2032

Key Takeaways:

Market Estimates & Forecast for 10 years from 2022 to 2032.

Annualized revenues and regional level analysis for each market segment.

Detailed analysis of geographical landscape with Country level analysis of major regions.

Competitive landscape with information on major players in the market.

Analysis of key business strategies and recommendations on future market approach.

Analysis of competitive structure of the market.

Demand side and supply side analysis of the market.



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