

# Global Dietary Fibers Market Size study, by Raw Material (Fruits & Vegetables, Cereals & Grains), by Type (Soluble, Insoluble), by Application (Food & Beverages, Pharmaceuticals), and Regional Forecasts 2022-2032

<https://marketpublishers.com/r/GFF995E91A0CEN.html>

Date: April 2025

Pages: 285

Price: US\$ 3,750.00 (Single User License)

ID: GFF995E91A0CEN

## Abstracts

The Global Dietary Fibers Market is valued at approximately USD 7.95 billion in 2023 and is projected to expand at a compelling CAGR of 9.50% over the forecast period 2024-2032. In today's evolving nutrition paradigm, dietary fibers have transcended their conventional classification as mere digestive aids to become strategic components in holistic wellness. Extracted from natural sources such as fruits, vegetables, and grains, dietary fibers—both soluble and insoluble—are being infused across a wide spectrum of consumables, including functional beverages, nutraceutical supplements, and fortified foods. As consumers increasingly align themselves with proactive health habits and preventative dietary regimes, fiber-rich products are commanding a rapidly growing space in both mass and premium market categories.

The confluence of rising lifestyle disorders, escalating global obesity rates, and the urgent need to improve gut health is acting as a strong growth lever for the market. Soluble fibers, known for regulating blood glucose and cholesterol levels, are gaining traction among diabetic and heart-health-focused demographics. On the other hand, insoluble fibers—valued for promoting digestive efficiency—are being widely used in bakery, snack bars, and pharmaceutical-grade laxatives. Technological advancements in extraction and processing have enabled manufacturers to retain the functional integrity of fibers while integrating them seamlessly into modern food formulations, without compromising texture, taste, or shelf life.

Simultaneously, regulatory encouragement surrounding daily fiber intake, coupled with

educational campaigns emphasizing the importance of fiber-rich diets, is fostering greater consumer acceptance. Food manufacturers are capitalizing on this by incorporating high-fiber claims on product labels, tapping into health-aware millennial and Gen Z cohorts. However, challenges such as fluctuating raw material supply chains and higher production costs for refined fiber concentrates may pose barriers, particularly for smaller players navigating competitive pricing landscapes.

Innovation remains at the heart of this industry's expansion. Companies are pushing boundaries by combining dietary fibers with prebiotics, polyphenols, and protein-rich bases to launch synergistic products catering to multiple health objectives simultaneously. These hybrid innovations are finding particular favor in functional foods, sports nutrition, and clinical nutrition applications. Furthermore, the rise of plant-based diets and clean-label preferences is creating new opportunities for fiber blends sourced from exotic fruits, ancient grains, and upcycled agricultural waste—bringing both sustainability and novelty into the value proposition.

Regionally, North America leads the global dietary fibers market, driven by a health-conscious population, a strong functional food ecosystem, and significant investment in clinical nutrition R&D. Europe follows with a firm grip on clean-label adoption and sophisticated consumer demand. Meanwhile, Asia Pacific is projected to experience the fastest CAGR over the forecast period, underpinned by increasing disposable income, expanding middle-class demographics, and growing awareness around dietary wellness. Latin America and the Middle East & Africa, though relatively nascent, are gradually embracing high-fiber formulations, spurred by urbanization and health-centric food policy reforms.

Major market player included in this report are:

Cargill, Incorporated

DuPont de Nemours, Inc.

Archer Daniels Midland Company

Ingredion Incorporated

Roquette Frères

Kerry Group plc

Nexira

Tate & Lyle PLC

BENEO GmbH

Taiyo International

SunOpta, Inc.

J. Rettenmaier & Söhne GmbH

DSM Nutritional Products AG

Fiberstar, Inc.

Emsland Group

The detailed segments and sub-segment of the market are explained below:

#### By Raw Material

Fruits & Vegetables

Cereals & Grains

#### By Type

Soluble

Insoluble

#### By Application

Food & Beverages

## Pharmaceuticals

### By Region:

#### North America

U.S.

Canada

#### Europe

UK

Germany

France

Spain

Italy

ROE

#### Asia Pacific

China

India

Japan

Australia

South Korea

RoAPAC

Latin America

Brazil

Mexico

Middle East & Africa

Saudi Arabia

South Africa

RoMEA

Years considered for the study are as follows:

Historical year – 2022

Base year – 2023

Forecast period – 2024 to 2032

Key Takeaways:

Market Estimates & Forecast for 10 years from 2022 to 2032.

Annualized revenues and regional level analysis for each market segment.

Detailed analysis of geographical landscape with Country level analysis of major regions.

Competitive landscape with information on major players in the market.

Analysis of key business strategies and recommendations on future market approach.

Analysis of competitive structure of the market.

Demand side and supply side analysis of the market.

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