

# **Global Cardiac Rehabilitation Market Size Study, by Product (Treadmill, Elliptical Trainer, Stabilization Ball, Wearable Device), by End Use (Rehabilitation Centers, Hospitals & Clinics), and Regional Forecasts 2022-2032**

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## **Abstracts**

The Global Cardiac Rehabilitation Market, valued at approximately USD 2.36 billion in 2023, is anticipated to expand with a healthy CAGR of 6.00% during the forecast period 2024-2032. Cardiac rehabilitation has become an essential pillar of cardiovascular care, offering a structured program that combines exercise training, education, and counseling to optimize heart health for patients recovering from cardiac events. With the rise in cardiovascular diseases globally, this market is witnessing accelerated growth driven by the increasing adoption of innovative rehabilitation solutions.

Advancements in technology, such as wearable devices equipped with real-time monitoring capabilities, are redefining cardiac rehabilitation. These devices enable healthcare providers to track patient progress remotely, enhancing the efficacy of programs and improving adherence rates. Furthermore, the inclusion of diverse rehabilitation tools like stabilization balls and elliptical trainers allows for a tailored approach to patient recovery. Amid a growing emphasis on preventive healthcare, cardiac rehabilitation programs are increasingly being integrated into hospitals and specialized rehabilitation centers, making them more accessible to patients.

The market's expansion is further fueled by the escalating burden of chronic conditions and a rising geriatric population, which necessitate comprehensive recovery programs. Additionally, increased investments in healthcare infrastructure and awareness campaigns are bolstering the adoption of cardiac rehabilitation services. However, challenges such as the high cost of equipment and limited access to rehabilitation

facilities in developing regions pose potential barriers. Nevertheless, ongoing research into cost-effective solutions and technological integration is expected to mitigate these challenges, supporting sustained market growth.

Regionally, North America dominates the cardiac rehabilitation market, underpinned by a well-established healthcare infrastructure, high prevalence of cardiac diseases, and significant investments in rehabilitation services. Europe follows closely, with a strong focus on preventive healthcare and widespread adoption of advanced rehabilitation technologies. Meanwhile, the Asia Pacific region is poised to register the fastest growth, driven by an expanding healthcare sector, increasing awareness about cardiovascular health, and rising government initiatives to improve rehabilitation access.

Major market players included in this report are:

Medtronic

GE Healthcare

Johnson & Johnson

Koninklijke Philips N.V.

Abbott Laboratories

Boston Scientific Corporation

Omron Healthcare, Inc.

Hill-Rom Holdings, Inc.

ResMed Inc.

LifeWatch AG

Polar Electro Oy

Core Health & Fitness LLC

Schiller AG

BioTelemetry, Inc.

Wearable Health Solutions, Inc.

The detailed segments and sub-segments of the market are explained below:

By Product:

Treadmill

Elliptical Trainer

Stabilization Ball

Wearable Device

By End Use:

Rehabilitation Centers

Hospitals & Clinics

By Region:

North America:

U.S.

Canada

Europe:

UK

Germany

France

Spain

Italy

Rest of Europe

Asia Pacific:

China

India

Japan

Australia

South Korea

Rest of Asia Pacific

Latin America:

Brazil

Mexico

Middle East & Africa:

Saudi Arabia

South Africa

## Rest of Middle East & Africa

Years considered for the study are as follows:

Historical Year – 2022

Base Year – 2023

Forecast Period – 2024 to 2032

### Key Takeaways:

Market estimates and forecasts for a decade (2022-2032).

Comprehensive regional and segmental analysis with detailed insights.

Profiles of key players with strategic business overviews.

Analysis of major growth factors, challenges, and opportunities.

Recommendations for future market strategies based on current trends.

## Contents

### **CHAPTER 1. GLOBAL CARDIAC REHABILITATION MARKET EXECUTIVE SUMMARY 1.1. GLOBAL CARDIAC REHABILITATION MARKET SIZE & FORECAST (2022-2032)**

- 1.2. Regional Summary
- 1.3. Segmental Summary
  - 1.3.1. By Product
  - 1.3.2. By End Use
- 1.4. Key Trends
- 1.5. Recession Impact
- 1.6. Analyst Recommendation & Conclusion

### **CHAPTER 2. GLOBAL CARDIAC REHABILITATION MARKET DEFINITION AND RESEARCH ASSUMPTIONS 2.1. RESEARCH OBJECTIVE**

- 2.2. Market Definition
- 2.3. Research Assumptions
  - 2.3.1. Inclusion & Exclusion
  - 2.3.2. Limitations
  - 2.3.3. Supply Side Analysis
    - 2.3.3.1. Availability
    - 2.3.3.2. Infrastructure
    - 2.3.3.3. Regulatory Environment
    - 2.3.3.4. Market Competition
    - 2.3.3.5. Economic Viability (Consumer's Perspective)
  - 2.3.4. Demand Side Analysis
    - 2.3.4.1. Regulatory Frameworks
    - 2.3.4.2. Technological Advancements
    - 2.3.4.3. Environmental Considerations
    - 2.3.4.4. Consumer Awareness & Acceptance
- 2.4. Estimation Methodology
- 2.5. Years Considered for the Study
- 2.6. Currency Conversion Rates

### **CHAPTER 3. GLOBAL CARDIAC REHABILITATION MARKET DYNAMICS 3.1. MARKET DRIVERS**

- 3.1.1. Increasing Prevalence of Cardiovascular Diseases
- 3.1.2. Technological Advancements in Rehabilitation Equipment
- 3.1.3. Growing Emphasis on Preventive Healthcare
- 3.2. Market Challenges
  - 3.2.1. High Cost of Rehabilitation Equipment
  - 3.2.2. Limited Access to Rehabilitation Facilities in Developing Regions
- 3.3. Market Opportunities
  - 3.3.1. Expansion of Healthcare Infrastructure
  - 3.3.2. Integration of Wearable Technology for Remote Monitoring
  - 3.3.3. Rising Investments in Healthcare Awareness Campaigns

## **CHAPTER 4. GLOBAL CARDIAC REHABILITATION MARKET INDUSTRY ANALYSIS**

### **4.1. PORTER'S 5 FORCE MODEL**

- 4.1.1. Bargaining Power of Suppliers
- 4.1.2. Bargaining Power of Buyers
- 4.1.3. Threat of New Entrants
- 4.1.4. Threat of Substitutes
- 4.1.5. Competitive Rivalry
- 4.1.6. Futuristic Approach to Porter's 5 Force Model
- 4.1.7. Porter's 5 Force Impact Analysis
- 4.2. PESTEL Analysis
  - 4.2.1. Political
  - 4.2.2. Economical
  - 4.2.3. Social
  - 4.2.4. Technological
  - 4.2.5. Environmental
  - 4.2.6. Legal
- 4.3. Top Investment Opportunities
- 4.4. Top Winning Strategies
- 4.5. Disruptive Trends
- 4.6. Industry Expert Perspective
- 4.7. Analyst Recommendation & Conclusion

## **CHAPTER 5. GLOBAL CARDIAC REHABILITATION MARKET SIZE & FORECASTS BY PRODUCT 2022-2032**

### **5.1. SEGMENT DASHBOARD**

- 5.2. Global Cardiac Rehabilitation Market: Product Revenue Trend Analysis, 2022 & 2032 (USD Million/Billion)

- 5.2.1. Treadmill
- 5.2.2. Elliptical Trainer
- 5.2.3. Stabilization Ball
- 5.2.4. Wearable Device

## **CHAPTER 6. GLOBAL CARDIAC REHABILITATION MARKET SIZE & FORECASTS BY END USE 2022-2032**

### **6.1. SEGMENT DASHBOARD**

- 6.2. Global Cardiac Rehabilitation Market: End Use Revenue Trend Analysis, 2022 & 2032 (USD Million/Billion)
  - 6.2.1. Rehabilitation Centers
  - 6.2.2. Hospitals & Clinics

## **CHAPTER 7. GLOBAL CARDIAC REHABILITATION MARKET SIZE & FORECASTS BY REGION 2022-2032**

### **7.1. NORTH AMERICA CARDIAC REHABILITATION MARKET**

- 7.1.1. U.S. Cardiac Rehabilitation Market
  - 7.1.1.1. Product Breakdown Size & Forecasts, 2022-2032
  - 7.1.1.2. End Use Breakdown Size & Forecasts, 2022-2032
- 7.1.2. Canada Cardiac Rehabilitation Market
- 7.2. Europe Cardiac Rehabilitation Market
  - 7.2.1. UK Cardiac Rehabilitation Market
  - 7.2.2. Germany Cardiac Rehabilitation Market
  - 7.2.3. France Cardiac Rehabilitation Market
  - 7.2.4. Spain Cardiac Rehabilitation Market
  - 7.2.5. Italy Cardiac Rehabilitation Market
  - 7.2.6. Rest of Europe Cardiac Rehabilitation Market
- 7.3. Asia-Pacific Cardiac Rehabilitation Market
  - 7.3.1. China Cardiac Rehabilitation Market
  - 7.3.2. India Cardiac Rehabilitation Market
  - 7.3.3. Japan Cardiac Rehabilitation Market
  - 7.3.4. Australia Cardiac Rehabilitation Market
  - 7.3.5. South Korea Cardiac Rehabilitation Market
  - 7.3.6. Rest of Asia Pacific Cardiac Rehabilitation Market
- 7.4. Latin America Cardiac Rehabilitation Market
  - 7.4.1. Brazil Cardiac Rehabilitation Market
  - 7.4.2. Mexico Cardiac Rehabilitation Market
  - 7.4.3. Rest of Latin America Cardiac Rehabilitation Market



## 7.5. Middle East & Africa Cardiac Rehabilitation Market

### 7.5.1. Saudi Arabia Cardiac Rehabilitation Market

### 7.5.2. South Africa Cardiac Rehabilitation Market

### 7.5.3. Rest of Middle East & Africa Cardiac Rehabilitation Market

## **CHAPTER 8. COMPETITIVE INTELLIGENCE 8.1. KEY COMPANY SWOT ANALYSIS**

### 8.1.1. Medtronic

### 8.1.2. GE Healthcare

### 8.1.3. Johnson & Johnson

## 8.2. Top Market Strategies

## 8.3. Company Profiles

### 8.3.1. Medtronic

#### 8.3.1.1. Key Information

#### 8.3.1.2. Overview

#### 8.3.1.3. Financial (Subject to Data Availability)

#### 8.3.1.4. Product Summary

#### 8.3.1.5. Market Strategies

### 8.3.2. GE Healthcare

### 8.3.3. Johnson & Johnson

### 8.3.4. Koninklijke Philips N.V.

### 8.3.5. Abbott Laboratories

### 8.3.6. Boston Scientific Corporation

### 8.3.7. Omron Healthcare, Inc.

### 8.3.8. Hill-Rom Holdings, Inc.

### 8.3.9. ResMed Inc.

### 8.3.10. LifeWatch AG

## **CHAPTER 9. RESEARCH PROCESS 9.1. RESEARCH PROCESS**

### 9.1.1. Data Mining

### 9.1.2. Analysis

### 9.1.3. Market Estimation

### 9.1.4. Validation

### 9.1.5. Publishing

## 9.2. Research Attributes

## **12. LIST OF TABLES TABLE 1. GLOBAL CARDIAC REHABILITATION MARKET, REPORT SCOPE**

TABLE 2. Global Cardiac Rehabilitation Market Estimates & Forecasts by Region  
2022-2032 (USD Million/Billion)

TABLE 3. Global Cardiac Rehabilitation Market Estimates & Forecasts by Product  
2022-2032 (USD Million/Billion)

TABLE 4. Global Cardiac Rehabilitation Market Estimates & Forecasts by End Use  
2022-2032 (USD Million/Billion)

TABLE 5. Global Cardiac Rehabilitation Market by Segment, Estimates & Forecasts,  
2022-2032 (USD Million/Billion)

TABLE 6. Global Cardiac Rehabilitation Market by Region, Estimates & Forecasts,  
2022-2032 (USD Million/Billion)

TABLE 7. Global Cardiac Rehabilitation Market by Segment, Estimates & Forecasts,  
2022-2032 (USD Million/Billion)

TABLE 8. Global Cardiac Rehabilitation Market by Region, Estimates & Forecasts,  
2022-2032 (USD Million/Billion)

TABLE 9. Global Cardiac Rehabilitation Market by Segment, Estimates & Forecasts,  
2022-2032 (USD Million/Billion)

TABLE 10. Global Cardiac Rehabilitation Market by Region, Estimates & Forecasts,  
2022-2032 (USD Million/Billion)

TABLE 11. Global Cardiac Rehabilitation Market by Segment, Estimates & Forecasts,  
2022-2032 (USD Million/Billion)

TABLE 12. Global Cardiac Rehabilitation Market by Region, Estimates & Forecasts,  
2022-2032 (USD Million/Billion)

TABLE 13. Global Cardiac Rehabilitation Market by Segment, Estimates & Forecasts,  
2022-2032 (USD Million/Billion)

TABLE 14. Global Cardiac Rehabilitation Market by Region, Estimates & Forecasts,  
2022-2032 (USD Million/Billion)

TABLE 15. U.S. Cardiac Rehabilitation Market Estimates & Forecasts, 2022-2032 (USD  
Million/Billion)

TABLE 16. U.S. Cardiac Rehabilitation Market Estimates & Forecasts by Segment  
2022-2032 (USD Million/Billion)

TABLE 17. U.S. Cardiac Rehabilitation Market Estimates & Forecasts by Segment  
2022-2032 (USD Million/Billion)

TABLE 18. Canada Cardiac Rehabilitation Market Estimates & Forecasts, 2022-2032  
(USD Million/Billion)

TABLE 19. Canada Cardiac Rehabilitation Market Estimates & Forecasts by Segment  
2022-2032 (USD Million/Billion)

TABLE 20. Canada Cardiac Rehabilitation Market Estimates & Forecasts by Segment  
2022-2032 (USD Million/Billion)

...

(This list is not complete; the final report contains more than 100 tables. The list may be updated in the final deliverable.)

## **12. LIST OF FIGURES FIG 1. GLOBAL CARDIAC REHABILITATION MARKET, RESEARCH METHODOLOGY**

FIG 2. Global Cardiac Rehabilitation Market, Market Estimation Techniques

FIG 3. Global Cardiac Rehabilitation Market Size Estimates & Forecast Methods

FIG 4. Global Cardiac Rehabilitation Market, Key Trends 2023

FIG 5. Global Cardiac Rehabilitation Market, Growth Prospects 2022-2032

FIG 6. Global Cardiac Rehabilitation Market, Porter's 5 Force Model

FIG 7. Global Cardiac Rehabilitation Market, PESTEL Analysis

FIG 8. Global Cardiac Rehabilitation Market, Value Chain Analysis

FIG 9. Global Cardiac Rehabilitation Market by Segment, 2022 & 2032 (USD Million/Billion)

FIG 10. Global Cardiac Rehabilitation Market by Region, 2022 & 2032 (USD Million/Billion)

FIG 11. North America Cardiac Rehabilitation Market 2022 & 2032 (USD Million/Billion)

FIG 12. Europe Cardiac Rehabilitation Market 2022 & 2032 (USD Million/Billion)

FIG 13. Asia-Pacific Cardiac Rehabilitation Market 2022 & 2032 (USD Million/Billion)

FIG 14. Latin America Cardiac Rehabilitation Market 2022 & 2032 (USD Million/Billion)

FIG 15. Middle East & Africa Cardiac Rehabilitation Market 2022 & 2032 (USD Million/Billion)

FIG 16. Global Cardiac Rehabilitation Market, Company Market Share Analysis (2023)

...

(This list is not complete; the final report contains more than 50 figures. The list may be updated in the final deliverable.)

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