

Global Beta Glucan Market Size study, by Source (Cereal, Mushroom, Yeast, Seaweed), by Application (Food & Beverages, Cosmetics & Personal Care), by Product, and Regional Forecasts 2022-2032

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Abstracts

The Global Beta Glucan Market is valued at approximately USD 0.64 billion in 2023 and is projected to grow with a compelling CAGR of 8.00% over the forecast period from 2024 to 2032. Beta glucan, a biologically active polysaccharide, has rapidly moved into the spotlight of the health-conscious consumer base due to its vast functional potential and impressive nutraceutical profile. Found abundantly in oats, barley, mushrooms, seaweed, and yeast, beta glucan is renowned for its immunomodulatory, cholesterol-lowering, and skin-enhancing capabilities. This versatility, paired with growing consumer demand for functional foods and holistic skincare solutions, is fueling robust innovation and commercial expansion in the beta glucan market worldwide.

The surge in plant-based and clean-label product consumption has significantly lifted the demand for beta glucan across both food & beverage and personal care verticals. In the functional food space, cereal-derived beta glucans are being embraced for their role in heart health and gut microbiota support, finding utility in everything from breakfast cereals to protein bars and dairy alternatives. Meanwhile, the cosmetics industry is increasingly drawn to mushroom and yeast-sourced beta glucans for their skin-soothing, anti-aging, and barrier-repair properties. These naturally sourced polysaccharides are being incorporated into an expanding array of serums, creams, and lotions aimed at ingredient-conscious consumers seeking sustainable, chemical-free beauty solutions.

Despite its promising outlook, the beta glucan market must navigate several headwinds. Regulatory disparities in health claims across regions can create barriers for new product introductions, particularly in fortified foods. Moreover, sourcing



challenges—especially in wild-harvested mushrooms and seaweed—can lead to fluctuations in raw material pricing and supply consistency. However, advancements in biotechnology and controlled fermentation processes are helping manufacturers stabilize yields and customize beta glucan types for different bioactivities, giving the industry a strategic edge in product diversification and efficacy optimization.

In the innovation arena, brands are actively differentiating their offerings through proprietary extraction techniques and patented blends that enhance bioavailability and solubility. Formulations combining beta glucan with probiotics, vitamins, or herbal extracts are being launched to target niche consumer needs—ranging from immunity boosters and weight management to anti-inflammatory skincare routines. Direct-toconsumer channels and e-commerce platforms have further empowered brands to educate customers on the science behind beta glucan, accelerating global adoption and brand loyalty in developed and emerging markets alike.

Regionally, Europe holds the lion's share of the beta glucan market, driven by robust clinical research, high consumer health awareness, and stringent food labeling laws. North America follows closely, spurred by the rising popularity of personalized nutrition and wellness-focused skincare. Asia Pacific is forecasted to witness the fastest growth, fueled by a rich tradition of medicinal mushroom use, burgeoning health supplements demand, and growing affluence in countries like China, Japan, and South Korea. Latin America and the Middle East & Africa, although at earlier stages of market maturity, are increasingly integrating beta glucan in fortified foods and cosmetics, supported by evolving dietary preferences and improving retail infrastructure.

Major market player included in this report are:

Lesaffre Group

DSM Nutritional Products

Kerry Group plc

Cargill, Incorporated

Tate & Lyle PLC

AIT Ingredients



Ceapro Inc.

Ohly GmbH

Biothera Pharmaceuticals Inc.

Super Beta Glucan Inc.

Garuda International Inc.

TateHokko Chemical Industry Co., Ltd.

Angel Yeast Co., Ltd.

Lallemand Inc.

Immudyne Nutritional

The detailed segments and sub-segment of the market are explained below:

By Source

Cereal

Mushroom

Yeast

Seaweed

By Application

Food & Beverages

Cosmetics & Personal Care



By Product

Soluble Beta Glucan

Insoluble Beta Glucan

By Region:

North America

U.S.

Canada

Europe

UK

Germany

France

Spain

Italy

ROE

Asia Pacific

China

India

Japan



Australia

South Korea

RoAPAC

Latin America

Brazil

Mexico

Middle East & Africa

Saudi Arabia

South Africa

RoMEA

Years considered for the study are as follows:

Historical year - 2022

Base year - 2023

Forecast period – 2024 to 2032

Key Takeaways:

Market Estimates & Forecast for 10 years from 2022 to 2032.

Annualized revenues and regional level analysis for each market segment.

Detailed analysis of geographical landscape with Country level analysis of major



regions.

Competitive landscape with information on major players in the market.

Analysis of key business strategies and recommendations on future market approach.

Analysis of competitive structure of the market.

Demand side and supply side analysis of the market.



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