

Energy Bar Market by Type (Protein Bar, Nutrition Bar, Cereal Bar, and Fiber Bar), Nature (Organic and Conventional), and Distribution Channel (Hypermarkets & Supermarkets, Convenience Stores, Specialty Stores, and Online Sales Channel): Global Opportunity Analysis and Industry Forecast 2021–2028

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# **Abstracts**

The global energy bar market was valued at \$645.0 million in 2020, and is estimated to reach \$1,010.9 million by 2028, registering a CAGR of 6.4% from 2021 to 2028.

Energy bars are high in energy as they contain ingredients such as granola, oats, nuts, and seeds. These bars are recommended for providing an instant energy boost during short workout sessions such as running or cycling. Since there is no added sugar in energy bars, they are suitable for everyone. Energy bars are regarded as a convenient on-the-go snack that provides an instant boost of energy.

The growing popularity of energy bars among athletes and young adults is an emerging driver that is expected to boost market growth during the forecast period. Athletes require healthy snacking to perform well and they must eat a meal at least once a day. Fiber-rich energy bars aid in appetite suppression, digestive health improvement, and weight management. As a result, there is an increase in demand for these products among athletes.

COVID-19 has also created opportunities for many private players to enter the market to meet the increased demand. In addition, as snacks are a quick and convenient source of nutrition and energy, the demand for innovative snack products, such as energy bars,



is consistently high in developed countries. Furthermore, COVID-19 has resulted in a significant shift in consumer behavior as customers in developing countries are less loyal to brand and are more willing to try new brands in a low-supply environment. As a result, online distributors are witnessing an increase in interest as home-bound consumers look for retail alternatives.

Professional athletes, who require a balanced diet of vitamins, carbohydrates, minerals, dietary protein, and dietary fat, are increasingly consuming energy bars. Athletes' growing demand for multifunctional and better-tasting food supplements is driving the sales of sports energy bars. As a result, the growing demand for sports nutrition is expected to drive the growth of the energy bar market.

Attributed to factors, such as the growing millennial population, rising disposable income, and increasing urban consumers, the global energy bar market is expected to witness increased popularity of online retailing. Fitness enthusiasts who want convenience while purchasing nutrition foods impose a strong demand for energy bars through online platforms.

The tough competition from energy bar competitors is a constraint for the market. Other constraints include lack of taste and high sugar content in many energy bars, which force consumers to reconsider energy bars as a healthy food product.

Manufacturers in the global energy bar market are now focusing on smart labeling in addition to introducing new and appealing flavors and tastes. These labels mention added or fortified functional ingredients found in energy bars to mask the presence of high sugar or calorie levels. To eliminate the general perception of various health risks associated with the consumption of confectionery, manufacturers added functional ingredients to their final products of energy bars to regain their customer base and target new consumers in the growing energy bar market.

The global energy bar market is segmented on the basis of type, nature, distribution channel, and region. On the basis of type, the market is categorized into protein bar, nutrition bar, cereal bar, and fiber bar. As per nature, it is divided into organic and conventional. According to distribution channel, the energy bar market is fragmented into hypermarkets & supermarkets, convenience stores, specialty stores, and online sales channel. Region-wise, the market is analyzed across North America (the U.S., Canada, and Mexico), Europe (the UK, France, the Netherlands, Germany, Turkey, and the rest of Europe), Asia-Pacific (China, Japan, India, South Korea, Australia, and the rest of Asia-Pacific), and LAMEA (Brazil, South Africa, the UAE, and the rest of



LAMEA).

The major players operating in the global energy bar market are Brighter Foods Ltd, Cliff Bar & Company, General Mills Inc, Kind LLC, McKee Foods Corporation, NuGo Nutrition, Premier Nutrition Inc, Probar LLC, Quest Nutrition, and Kellogg Company.

#### **KEY BENEFITS FOR STAKEHOLDERS**

This report provides a quantitative analysis of current trends, estimations, and dynamics of the global energy bar market from 2021 to 2028 to identify the prevailing market opportunities.

Porter's five forces analysis highlights the potency of the buyers and suppliers to enable stakeholders to make profitoriented business decisions and strengthen their supplier—buyer network.

In-depth analysis of the market segmentation assists to determine the prevailing market opportunities.

Major countries in each region are mapped according to their revenue contribution to the global industry. The market player positioning segment facilitates benchmarking while providing a clear understanding of the present position of the key market players.

The report includes analyses of the regional as well as global market, key players, market segments, application areas, and growth strategies.

**KEY MARKET SEGMENTS** 

By Type



	Protein Bar	
	Nutrition Bar	
	Cereal Bar	
	Fiber Bar	
By Nature		
	Organic	
	Conventional	
By Distribution Channel		
	Hypermarkets & Supermarkets	
	Convenience Stores	
	Specialty Stores	
	Online Sales Channel	
By Region		
	North America	
	U.S.	
	Canada	
	Mexico	
	Europe	



UK
France
Netherlands
Germany
Turkey
Rest of Europe
Asia-Pacific
China
Japan
India
South Korea
Australia
Rest of Asia-Pacific
LAMEA
Brazil
South Africa
UAE
Rest of LAMEA



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